



I celebrate Mass for the Sisters of **Perpetual Adoration** almost every Monday on Ashbury Street. They came from Mexico during the Cristiada persecutions in 1926, along with the Carmelites of Cristo Rey (viva Cristo Rey!) a few

blocks away. The Adoration Sisters serenely regarded the "Summer of Love" in 1967 from their perch in the Haight-Ashbury District, and they will continue adoring Love Incarnate, in great serenity and joy, through the next few cultural revolutions. Jesus Christ is the same, yesterday, today, and forever.

Forever is what these contemplative sisters understand better than most, spending many hours a day looking into eternity as the world turns around them. Their invaluable service to humanity is to offer our spinning world a refuge of peace and goodness within their chapels. They are not in a hurry, and the first time you hear them singing the Mass, you are shocked at how slowly they chant the *Kyrie*. One of my Jesuit friends once shook his head in benign annoyance during a Carmelite Mass, whispering "can't they speed it up a little? These women sing every Mass as if it were a funeral!" I also offer a monthly Mass at the Monastery of Jesus, Mary, and Joseph, situated in a grove of redwoods far above the University of California at Berkeley. These Carmelite nuns are the slowest of them all, taking a full five minutes to chant the *Gloria*, and even longer to sing the *Salve* at the end of Mass. I also offer a weekly Mass for the sisters of Mother Teresa, who described them as "contemplatives in action," and these nuns run a bit faster. They must get out into the streets to serve the poorest of the poor, but even the ever-active Missionaries

of Charity pray five hours a day. They pray the Mass more slowly than most of us, even though they know the poor are waiting on them. Mother Teresa knew that the poorest of them all is He to whom they sing at Holy Mass, and without a reverent Mass at 6am, there would be no fruitful apostolate in the streets at 8am. The Adoration Sisters' **nine-minute** *Gloria* brought to mind the nine months a woman spends contemplating the mystery in her womb. My dear Sisters of Perpetual Adoration have never had a child, but they know what it means to wait, to be patient, and to receive God's gifts in *chairos* rather than *chronos*. Men wear "chronometers," harsh taskmasters that tell us when to jump and how far. Women, you will notice, wear timepieces more as things of beauty than as timekeepers.

Men are by nature **action-oriented**, and women by nature more **thoughtful**. Men accomplish projects, and women build nests around human relationships. In general, men operate with ideas, and women with intuitive feeling. Men are active, and women are receptive. One cannot work well without the other, of course, and the

two sexes can either fight or collaborate. Most of us do a little of both. But for us men, who are often frustrated by the "slowness" of women (especially, in my case, when a minivan full of children, piloted by their mother, gets in front of me in the parking lot), we should give a thought to things eternal. Our accomplishments, our machines, and our grand ideas will not last. Revolutions come and go, but God remains the same, yesterday, today, and forever. In many ways, our female counterparts have chosen the better part, and it will not be taken away from them. *Fr. Joseph Illo*



Mass at the Cristo Rey Carmelite Monastery in San Francisco on August 15.
Photo by Karolina Zapolska.

Star of the Sea Church
4420 Geary Blvd.
San Francisco, CA 94118
(415) 751-0450
www.starparish.com
Office Hours
M-TH 8:30am-5pm
Friday 8:30am-12pm,
1pm-5pm
Parish Gymnasium
345 8th Ave.
San Francisco, CA 94118

CLERGY

Fr. Joseph Illo, Pastor
Fr. Mike Konopik,
Parochial Vicar
Fr. Javier Ravasi,
In Residence
Deacon Albert Nimri,
Parish Manager

STAFF

Mariella Zevallos,
Director of Communica-
tions & Parish Life
Thelma Queri,
Bookkeeper
Karolina Zapolska,
Director of Sacred
Music Program
Lynn Kraehling,
Parish Organist
Juan Carlos Lopez,
Sacristan
Dennis Ow,
Maintenance
Front Desk
Lydia Gandasubroto

STELLA MARIS ACADEMY (K-8)

360 9th Ave.
San Francisco, CA 94118
www.stellamarissf.org
(628) 977-4836
John Monaco
Principal/Headmaster

NATIVITY HIGH SCHOOL (9-12)

350 9th Ave. San
Francisco, CA 94118
www.nativityhs.org
(415) 322-9229
hello@nativityhs.org

EUCCHARISTIC ADORATION 24/7 - LITURGY & DEVOTIONS:
Daily Mass, M-F: 7am Latin, 12noon, 6pm. Saturday: 8:30am, 12noon Latin. Sat. Vigil Mass, 4:30pm. Sunday: 8am, 9:30am, 11:30am Latin, 7:30pm. Holy Day Mass: 7am Latin, 12noon, 6pm Sung Latin Mass. Confessions: 15 min. before Mass, (7am after Mass), Sat. 3:15-4:15pm.

Lauds: Mon-Fri 6:45am. Vespers: Mon-Fri 5:45pm. Holy Face Devotion: Tuesday 6pm. Sacred Heart of Jesus First Friday: 12 & 6pm (Latin). Divine Mercy: Sat. 3pm. Lady of Perpetual Help: Wed. 12noon. Lady of Fatima First Saturday 8:30am. Communal Rosary prayer after all daily Masses & Sunday 11am (Latin). Sunday: 2:30pm Rosary Walk at St. Mary's Cathedral.

The Sunday Scripture

Last, First (Is 55: 6-9; Phil 1: 20c-24, 27a; Mt 20: 1-16a) Our Lord puts the last first today, paying them a full day's wage before he pays the first laborers the same daily wage. We cry foul, grumbling how unfair the Lord is to us. "Why must I suffer from these things while unbelievers skate through life with no troubles?" But every Cross, every sacrifice, is a grace, and to work eight hours rather than one in the heat *shoulder to shoulder with Christ* is so much better than only one hour.



ADORATION AWARENESS

This weekend is Adoration Awareness weekend! It is a weekend dedicated to encourage ALL to sign up for a Holy Hour! Your commitment allows for others to pray before the Blessed Sacrament any time!

Please sign up for Adoration at www.adorationpro.org/star
We need adorers! Mon 9 am, 10 am; Tues 1 pm; Wed 9 am, 10 am; Sat 10 pm, 11 pm; and Sun 1 pm, 10 pm, 11 pm.
And The Eucharistic Rosary Congress is on 10/7-10/15!
We need Rosary leads!! Please sign up here:
[Sign Up to Be a Rosary Lead](#)

FORMED WEEKLY RECOMMENDATIONS <http://watch.formed.org> | Free to all parishioners!

Padre Pio: Between Heaven and Earth based on the historical records and the personal testimony of his fellow friars, this is the true story of the life of the famous stigmatic monk, St. Padre Pio, a contemporary saint who died in 1968. Blessed with incredible spiritual gifts, including healing, bi-location, reading of souls, and the stigmatic wounds, Padre Pio was a powerful witness for Christ, and a great spiritual guide to countless souls for over fifty years.

Parish Prayer Intentions

For the Sick Mariana Mendieta, Margaret & Mark Sellai, Shawn Mickle, Justin Chin, Andrew Abdo, Julie Johnson, Maria Avedano, Denis Von Kaeppler, Oliva Setiawaty, O Lai Sau King, John Brennan, Benjamin Tan, Lourdes Washington, Jerr Dewey, Pedro Mendoza, Sonia Lee, Mary Ann Brautigan, Deacon Albert Nimri, Virginia Rosillo, Zuleyka Sierra, Luca Celentano, Fernandita Dizon, Jay Strickwerdal, Rhoda Chiu, Florita Paras, Jay Strickwerda, John Campion and all sick parishioners.

In Loving Memory of Colina Owyang
Wedding Blessings to Anthony and Tessa Rodriguez



Mass Intentions

Saturday 09/19	8:30am	† Mario and Maria Bruno
	12noon	† Emmanuel Canes
	4:30pm	† Romelito Sendin (anniv)
Sunday 09/20	8:00am	People of the Parish
	9:30am	Int. of Gilda Maria Petersen
	11:30am	Int. of Bruno Damiano Jacobi & Family
	7:30pm	† Frances Flynn
Monday 09/21	7:00am	Int. of Max Xu
	12noon	Int. of Irene Byorick Int. of Panfina Abella (bday) Int. of Mary Elizabeth G. Conelly (bday) Int. for Priests and Staff of Star of the Sea Church † Luningning Viana and Deceased Family members
	6:00pm	Int. of Tina Chow Int. of Fr. Javier Olivera Ravasi Int. of Charlie Damien Brown † Maria Kristine Yu † Souls in Purgatory † Fr. Benedict Chang
Tuesday 09/22	7:00am	Int. of Deacon Albert Nimri
	12noon	† Gladys Jurgens
	6:00pm	† Baltazar B. Aguirre, Jr.
Wednesday 09/23	7:00am	Int. of Maria Fernanda Zavaleta (bday)
	12noon	† Wilfred Chow
	6:00pm	Int. of Belen Maya Martinez (bday)
Thursday 09/24	7:00am	† Teri Allen
	12noon	† Emmanuel Arroyo
	6:00pm	† Carmen Aguirre
Friday 09/25	7:00am	Int. of The Xu Family
	12noon	† Yet Soo Yee
	6:00pm	Int. of Margaret Sellai (bday)
Saturday 09/26	8:30am	† Janice Illo
	12noon	Int. of Carolyn Obayashi
	4:30pm	Int. of Maria Linda McKenna (bday)

Apartment Needed

One of our school families has undergone a tragedy and needs to find a new apartment. The recently-widowed mother and her son can pay \$2,000/month and are looking for a home reasonably near the parish. If you have, or know of, such an apartment, please call Fr. Joseph at the parish office.

Programs & Apostolates

GENERAL INFORMATION Parish office, 415-751-0450 www.starparish.com	BAPTISM, MARRIAGE & ALL SACRAMENTS 415-751-0450
Adoration Committee Laurie Murdock 415-244-8186 staradorationsf@gmail.com	Parish Finance Council Ryan Sebers ryan@starparish.com
Altar Servers Bryan Calmeyer bryancalmeyer@me.com	OCIA Order of Christian Initiation of Adults Andrea Waliszewski andrea@starparish.com
Filipino American Association (FAASTAR) Estrelle Chan 415-336-9193	Star of the Sea Preschool Stella Maris Academy 628-977-4836 www.stellamarissf.org
Foundation of Prayers for Priests Carmen Duran Register: foundationforpriests.org	Our Lady of Fatima, Star Pro-Life Apostolate Thursdays 6-7pm & Sat. 10-11am. 1522 Bush St. star.flocknote.com/Star-Pro-life
Young Adults Nathan Chan nathanjchan2@gmail.com star.flocknote.com/StarYoungAdults	Sacred Music Program Karolina Zapolska karolina@starparish.com
Lectors Fr. Joseph Illo, pastor Parish office: 415-751-0450	Star Outreach to the Poor Ed Katz 415-740-3939 Adam Weimer 628-278-2184
Legion of Mary Paul Palencia 415-858-3073 leopoldmpal@gmail.com	Ushers and Greeters Mariella Zevallos mariella@starparish.com
Marriage & Family Apostolate Christina Sullivan marriageandfamily@starparish.com	Knights of Columbus Mike Dumlao m_n_dumlao@yahoo.com
Tuesday Bible Study 3-4:30pm at Parish Rectory. Bill McCarty 415-876-8551	Holy Name Society (Divine Mercy Devotion) Thelma Queri 415-751-0450
Bulletin Announcements Ad submissions due: Tuesdays, 3pm. Contact bulletin editor: mariella@starparish.com	Volunteer Opportunities Serve and connect at our parish. All are welcome! mariella@starparish.com



Are you interested in becoming Catholic? Do you wish to receive the Sacraments of Baptism, Eucharist and Confirmation?

September to May - Wednesdays: 7PM-8:30PM
Star of the Sea Gym 345 8th Ave - San Francisco
Contact Andrea Waliszewski: andrea@starparish.com
Register: flocknote.com/star



Keep Our Parish Prosperous
Your generous financial gifts ensure that Star of the Sea Catholic Church will continue thriving to provide a peaceful sanctuary for prayer, worship and evangelization in the Richmond District. Our doors are open 7 days a week!

WAYS OF SUPPORTING STAR OF THE THE SEA:
Offertory gifts online:
www.starparish.com/give

Offertory envelopes: Cash or check written to Star of the Sea. Place in the collection basket, or drop envelope in the parish office mailbox: Star of the Sea 4420 Geary Blvd, San Francisco, CA. 94118

Matching Contribution:
Double your gift to Star of the Sea with an equal contribution from your employer! As 501(c)(3) non-profit organization, we qualify to receive matches from companies all over the Bay Area. If your company offers this program, ask for a form to submit a matching request. For more information contact: Mariella Zevallos, mariella@starparish.com

MAXIMIZE YOUR IMPACT





STAR OF THE SEA CHURCH
Use Venmo for: Sunday offertory, lighting candles, church kiosk purchases.
Please add what the payment is for.
Thank you!

PLANNED GIVING ONE CHARITABLE GIFT, A LEGACY OF FAITH



GET STARTED WITH A PLANNED GIFT

Contact: Mariella Zevallos, 415-751-0450 | mariella@starparish.com
Consider listing Star of the Sea as beneficiary in your Will. It preserves the mission and values of the church in its ministry.

Receive news & updates from Fr. Joseph Illo, sign up to Flocknote.com/star. Get access to the best selection of catholic educational materials, sign up for formed.org (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes



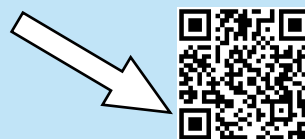
Formed.org/Sign up as parishioner/Create new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



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starparishsf



New in the parish? Please register!
Nuevo en la Parroquia? Registrate!
flocknote.com/star



www.starparish.com

OUR LADY STAR OF THE SEA FEAST SEPTEMBER 27



Celebrating our
Parish Patroness.

Hospitality
provided by
The Columbiettes,
FAASTAR,
The Knights of
Columbus and
Stella Maris
Academy
(Auditorium)

NOVENA SEPT. 19 - SEPT. 27
Procession after the 9:30AM Mass
Bring white roses to Our Lady!



**Support Our Retired
Priests:** The weekend
of **September 26-27**, our
parish will take up the
annual collection for
the *Priest Retirement*

Fund. Your generosity ensures that the priests who have
served our community for decades receive the medical
care, housing, and financial support they need in their
senior years. Thank you for your kindness!



STAR OF THE SEA
Feast of St. Michael the
Archangel (Traditional)
September 29, 6PM
Missa Cantata.



STAR of the SEA MAKE A MARIAN PILGRIMAGE

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TOUR:** (415) 751-0450
mariella@starparish.com
www.starparish.com/shrines



Dr. Anthony Lilles

Professor of Sacred Theology
St. Patrick's Seminary, Menlo Park
will speak on

The Little Way of St. Therese of Lisieux

September 30, 7pm, auditorium
copies of his book, *Living the Mystery*
of *Merciful Love*, will be available

EUCCHARISTIC ROSARY CONGRESS

October 7-15, 2026

KEYNOTE SPEAKERS



Fr. Joseph Illo
October 7 and 13



Fr. Gerardo Vázquez
October 14



Fr. Mikhael Mihic
October 9



Fr. Javier Olivera Ravasi
October 8 and 11



Fr. Vincent Woo
October 12 and 15

FOR MORE INFORMATION
SCAN THE CODE



BROTHERSINPRAYER.COM
STARPARISH.COM



STEWARDS STATS

Time: 20+ people joined the Divine Mercy chaplet
devotional prayers last Saturday.

Talent: 13 lectors served at the weekly and Sunday
Masses last week.

Treasure: Sunday Offering \$10,322
Church in Latin America \$1,297

To give online: www.starparish.com/give
Or use QR

