



Humanae Vitae, Part II Last week I wrote about the most important document of Paul VI's pontificate, his 1968 encyclical on marriage and artificial contraception, entitled "On Human Life." The disastrous decision by the Anglican Church in 1930 to

legitimize artificial contraception for married couples, in the naïve and perhaps mendacious proposition that it would *help* marriages, led to a wholesale acceptance of contraception by most Christian denominations. Paul VI stood athwart that cowardly compromise. He affirmed the Church's 2000-year tradition, in continuity with the Bible reaching back to Moses, that marriage and sexual love is given by God for offspring, which deepen spousal love. Paul VI wrote that refusing the gift of children is a grave offense against God (natural methods of birth spacing—if used rightly—do not *refuse* children but *ask* God to *delay* the gift).

Artificial contraception, Paul VI wrote, would lead men to denigrate women, to abandon their wives and children, and even to kill their own offspring (by abortion and infanticide). All of this has come to pass, but the world was not listening to the Pope in 1968, not even most Catholics, who now use contraception at the same rates as non-Catholics. All the world has suffered for it.

Farewell, Dear Saori Last Sunday I joined Saori Okawa's "Outreach to the Poor" on Hyde and O'Farrell, in the depths of the Tenderloin. We bid an affectionate farewell to Saori last week, who moved back to Japan to care for her aging parents. Saori has given heart and soul both to Jesus in the poorest of our City and to Jesus in our Eucharistic Chapel since her conversion eight years ago. Before returning to Japan, she made sure the Sunday street apostolate was well-staffed, and I thank both Ed Katz for taking over the food preparation and Adam Weimer for taking over the food and clothing distribution on Sundays.

You Da Lucky One Street folks tend to cluster by culture, and last Sunday Saori and her people were

giving out food, clothing, and the love of God in the "Black Section" of the Tenderloin. I was talking to the folks about their needs, and God's need for their love—many want me to pray with them, or hear their confession. One lady leaned her head on my shoulder as I ladled out some hot chocolate for her, and another young man named Christopher told me the whole story of his patron saint when I asked him if he knew what "Christopher" meant. "It means Christ-Bearer," he said, and so he was to me, in his humility and poverty. Another man reclined against a wall with an unlit cigarette jauntily balanced on his lower lip. I handed him a sandwich and observed that he could enjoy his smoke all day if he didn't light it. He smiled and then said "You Da Lucky One; You Born White." That struck me to the heart. I replied with a bit of pain "yes, I guess I won the race lottery, and you didn't." He smiled again, at peace for the moment with the sun was smiling on him, his cigarette still full, unwrapping a ham sandwich made by Saori's loving hands.

Fatherless Like most Black men in this country, he had grown up without a father. Why do twice as many Black children suffer fatherlessness than White children? Why do three times as many Black children get aborted than White children? Because America listened more to Margaret Sanger than Paul VI in 1968. Ms. Sanger started her "Birth Control League" in 1921, which became "Planned Parenthood" in 1941. Every week, a group of us pray at San Francisco's Planned Parenthood facility, which is strategically located three blocks from the Tenderloin. It gives out free contraceptives to Black women, and aborts their children, the reason Margaret Sanger founded it in 1921: to reduce the number of Black babies in America. She wanted to purify the race of "undesirable" conceptions, and abort them if they were not contracepted. This all began with "birth control," as Paul VI prophesied. You support Planned Parenthood with your taxes. I urge to also read Paul VI's *Humanae Vitae*, a prophetic encyclical, and while you're at it, Leo XIV's recent encyclical on AI. Our popes, not Margaret Sanger, teach us the truth about *Human Life*.

Fr. Joseph Illo



Star of the Sea Church
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www.starparish.com
Gym 345 8th Ave.
Office Hours
M-TH 8:30am-5pm
Friday 8:30am-12pm,
1pm-5pm

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Fr. Mike Konopik,
Parochial Vicar
Fr. Javier Ravasi,
Parochial Vicar
Fr. James Liebner,
Parochial Vicar
Deacon Albert Nimri,
Parish Manager

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Mariella Zevallos,
Director of Communi-
cations & Parish Life
Thelma Queri,
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Karolina Zapolska,
Director of Sacred
Music Program
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350 9th Ave. San
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(415) 322-9229
hello@nativityhs.org

The Sunday Scripture

The Most Holy Trinity (Ex 34:4b-6, 8-9; 2 Cor 13:11-13; Jn 3:16-18)

Today is the splendid Feast of the Holy Trinity, the core mystery of our faith. We fall in love, we find certain people fascinating, and we are wired for relationship, because each of us is made in the image of the Holy Trinity. God is pure love, eternally received and given among the Three Persons. The Father loves the Son, and the Son returns His Father's love, and the Holy Spirit is that Love. June is the month of true love, Trinitarian love.



Eucharistic Adoration The feast day of St. Angela Merici, Educator, is June 1 (TLM). She was a third order lay Franciscan, who often served as a spiritual advisor to many. At age 60 she and 12 other women began the Company of St. Ursula, for single lay women. It later became a religious order. She referred to the Eucharist, as a treasure often fasting

on Holy Communion alone. She is quoted "Let them have Jesus Christ for their only treasure, for, *there*, also will be love..."

It's the 10th anniversary of Adoration at Star of the Sea starting with a procession after 9:30 and 11:30 am Masses on Corpus Christi. Sign up for a weekly Holy Hour at

www.adorationpro.org/star

Mass Intentions

Saturday 05/30	7:00am	† Geoffrey Taylor
	12noon	† Virginia Dellepiane
	4:30pm	Int. of Zynka Perez (bday)
Sunday 05/31	8:00am	† Polly Arzaga
	9:30am	Int. of Leslie Low
	11:30am	† Marilyn B. Whelan
	7:30pm	People of the Parish
Monday 06/01	7:00am	† Salvatore Mandala
	12noon	In Thanksgiving of Daisy Reyes † Arcadia Piol † Arcadia Piol † Joshua Stevens † Souls in Purgatory † Fr. Benedict Chang (anniv)
	6:00pm	Int. of Dolores Meehan (bday) Int. of Raymund Aguirre (bday) † Adam Louis † Margarito Cuellar † Estevan Munoz Sandoval † Leonardo D. Halog, Sr. (anniv)
Tuesday 06/02	7:00am	Int. of Matthias Ron-Giron
	12noon	† Gabriel Nicolas (anniv)
	6:00pm	Int. of Karolina Zapolska (bday)
Wednesday 06/03	7:00am	† Gabriel Duval Nicolas
	12noon	Int. of Felix, Lucy and The Tai Family
	6:00pm	† Luis So
Thursday 06/04	7:00am	Int. of Juan Carlos Lopez and Family
	12noon	
	6:00pm	Int. of Paula Nittolo and Family Int. of Nicki Olano
Friday 06/05	7:00am	† Wilson Quintela
	12noon	† Leonardo Lejano
	6:00pm	† For the souls of those who have jumped to their deaths from the Golden Gate Bridge
Saturday 06/06	8:30am	† Ofelia Panganiban
	12noon	Int. of Karolina Zapolska
	4:30pm	† Joseph and Catherine Hubschman

FORMED WEEKLY RECOMMENDATIONS <http://watch.formed.org> | Free to all parishioners!

Most Holy Body and Blood of Christ (Corpus Christi) -

Opening the Word. About this series, All are welcome to Opening the Word, videos and guides offering prayer and insights for the Sunday Readings. Each reflection is lead by one of our experienced presenters including Dr. Tim Gray, Dr. Mary Healy, Dr. Scott Powell, Dr. Edward Sri, Fr. John Riley, Dr. Ben Akers, and Martha Fernandez. Opening the Word is designed to facilitate thought and discussion for personal faith formation or in the context of a group meeting, especially in OCIA.



STAR of the SEA

Walk with Our Lady through 16 Apparition Shrines.

Join us for a guided tour and deepen your devotion.

(415) 751-0450 | mariella@starparish.com
www.starparish.com



HOLY FACE DEVOTION

TUESDAYS AT 6PM IN THE CHAPEL



Prayers for the Sick Mariana Mendieta, Margaret & Mark Sellai, Shawn Mickle, Justin Chin, Andrew Abdo, Julie Johnson, Brian Galloway, Maria Avedano, Denis Von Kaeppler, Oliva Setiawaty, O Lai Sau King, John Brennan, Benjamin Tan, Brian Ahrens, Christopher Dunham, Elena Cereghino, Lourdes Washington, Jerr Dewey, Pedro Mendoza, Sonia Lee and all sick parishioners.

Programs & Apostolates

GENERAL INFORMATION Parish office, 415-751-0450 www.starparish.com	BAPTISM, MARRIAGE & ALL SACRAMENTS 415-751-0450
Adoration Committee Laurie Murdock 415-244-8186 staradorationsf@gmail.com	Parish Finance Council Ryan Sebers ryan@starparish.com
Altar Servers Bryan Calmeyer bryancalmeyer@me.com	OCIA Order of Christian Initiation of Adults Gregory Moeck 310-694-6380 gmoeck@gmail.com
Filipino American Association (FAASTAR) Estrelle Chan 415-336-9193	Star of the Sea Preschool Stella Maris Academy 628-977-4836 www.stellamarissf.org
Foundation of Prayers for Priests Carmen Duran Register: foundationforpriests.org	Our Lady of Fatima, Star Pro-Life Apostolate Thursdays 6-7pm & Sat. 10-11am. 1522 Bush St. star.flocknote.com/Star-Pro-life
Young Adults Nathan Chan nathanjchan2@gmail.com Thursdays 7:15pm, Gym star.flocknote.com/StarYoungAdults	Sacred Music Program Karolina Zapolska karolina@starparish.com
Lectors Deacon Albert Nimri 415-683-4295 animri@starparish.com	Star Outreach to the Poor Ed Katz 415-740-3939 Saori Okawa okawasaori@gmail.com
Legion of Mary Paul Palencia 415-858-3073 leopoldmpal@gmail.com	Ushers and Greeters Mariella Zevallos mariella@starparish.com
Marriage & Family Apostolate Christina Sullivan starmarriageandfamily@gmail.com	Knights of Columbus Mike Dumlao m_n_dumlao@yahoo.com
Tuesday Bible Study 3-4:30pm at Parish Rectory. Bill McCarty 415-876-8551	Holy Name Society (Divine Mercy Devotion) Thelma Queri 415-751-0450
Bulletin Announcements We welcome your Ad submissions! Due: Tuesdays, 3pm. Contact bulletin editor: mariella@starparish.com	Volunteer Opportunities Looking for a way to serve and connect at our parish? We'd love to welcome you! Mariella 415-751-0450

Keep Our Parish Prosperous

Your generous financial gifts ensure that Star of the Sea Catholic Church will continue thriving to provide a peaceful sanctuary for prayer, worship and evangelization in the Richmond District. Our doors are open 7 days a week!



WAYS OF SUPPORTING STAR OF THE THE SEA:

Offertory gifts online:

www.starparish.com/give **Offertory envelopes:** Cash or check written to Star of the Sea. Place in the collection basket, or drop envelope in the parish office mailbox: Star of the Sea 4420 Geary Blvd, San Francisco, CA. 94118



Matching Contribution: Double your gift to Star of the Sea with an equal contribution from your employer! As 501(c)(3) non-profit organization, we qualify to receive matches from companies all over the Bay Area. If your company offers this program, ask for a form to submit a matching request. Contact: mariella@starparish.com

venmo



STAR OF THE SEA CHURCH
 Use Venmo for: Sunday offertory, lighting candles, church kiosk purchases.
 (Please add what the payment is for. Thank you!)

PLANNED GIVING

ONE CHARITABLE GIFT, A LEGACY OF FAITH

Consider listing Star of the Sea as beneficiary in your Will (advisable to have one). It preserves the mission and values of the church in its ministry.

GET STARTED WITH A PLANNED GIFT

Call for information: Mariella Zevallos, (415) 751-0450 mariella@starparish.com



Are you interested in becoming Catholic? Do you wish to receive the Sacraments of Baptism, Eucharist and/or Confirmation?

Contact: Greg Moeck, (310) 694-6380 | gmoeck@gmail.com

Receive news & updates from Fr. Joseph Illo, sign up to Flocknote.com/star. Get access to the best selection of catholic educational materials, sign up for formed.org (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes.



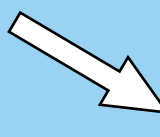
Formed.org/Sign up as parishioner/Create new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



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New in the parish? Please register!
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flocknote.com/star



www.starparish.com

Star of the Sea Friends: You are Invited!

Join Us in Celebrating

29 JUNE 2026

250th Birthday of San Francisco 35th Anniversary of Fr. Joseph Illo

On June 29, 1776, San Francisco's first Mass was celebrated at its Mission, and the City was born.

On June 29, 1991, Fr. Joseph Illo was ordained to the Catholic priesthood.

On June 29, 2026, he will offer a Solemn High Mass in thanksgiving to God.

SOLEMN HIGH MASS
5:30 PM

ANNIVERSARY DINNER
7 PM

Star of the Sea Gymnasium
345 8th Ave, San Francisco, CA 94118

PLEASE RSVP BY JUNE 10, 2026

events@starparish.com | 415-751-0450

Complimentary Dinner • In honor of Fr. Illo's anniversary, all gifts received will benefit Stella Maris Academy.



Congratulations to Natalie, Sebastian, and Dominic on their graduation from Stella Maris Academy, Class of 2026!

FIRST SATURDAYS DEVOTION

Saturday, June 6, 2026

Rosary Pilgrimage at Star of the Sea Parish: After the 8:30am Mass, all are welcome to pray a Rosary before each Marian apparition shrine, with time for quiet reflection and the opportunity to light a candle.

Men's First Saturday Marian Devotion Men are invited to take part in the First Saturdays Devotion. We will gather for the Holy Rosary prayed in Latin at 11:30am, followed by the 12:00 Noon Latin Mass.

Marriage and Family Apostolate

Engaged couples and families are welcome to partake in a free meal and fellowship hosted at Holy Family House (former convent across 8th Ave) after both the 9:30 and 11:30 Masses on Sunday, May 31. Call Sean 415-770-9504 for the gate code.



STAR OF THE SEA PARISH Pilgrimage to Italy with Fr. Javier Olivera Ravasi

Experience the beauty, history, and spiritual richness of Italy. Walk through the heart of the Eternal City, pray at sacred sites, discover the peace of Assisi, admire the beauty of Florence, and explore the timeless charm of Orvieto.

Note: the guided tours will be in English

14 Days! Journey to Rome, Orvieto, Assisi & Florence

➔ **\$5,499 Round trip from
San Francisco. All Included!**
Seats are limited. We have extended the
Registration deadline to June.

More information and reservations:
mariella@starparish.com - (415) 751-0450



STEWARDS STATS

Colossians 3:23 Whatever you do, work heartily, as for the Lord and not for men.

Time: +22 people joined the Divine Mercy devotional prayers last Saturday.

Talent: 9 Altar servers attended the 3:00pm Sunday Mass last week.

Treasure: Sunday Offering \$9,374

Spanish/Latin Mass \$542

To give online: www.starparish.com/give