



16 Shrines of our Lady at STAR of the SEA

Our Mission: To evangelize God's people beginning with the gift of the Holy Eucharist



February 1, 2026 Fourth Sunday in Ordinary Time, Red Missal: pg 356 | Septuagesima Sunday, Black Missal: pg 265



Candlemas Tomorrow, February 2, brings the Advent-Christmas cycle to its luminous conclusion with the feast of "Candlemas," the Presentation of the Lord and Purification of Our Lady, the Mass of the Candles. You can

bring your own candles for the annual blessing at the 7am sung Latin Mass, or the 12noon or 6pm sung English Masses, and we will process around the church with our lighted flames of joy and hope. The next day your priests will impart the blessings of St. Blaise at all the Masses, touching those blessed candles to your throat with a prayer that you be healed of every illness this new year.

A Blowout Gala Our fourth annual Stella Maris Academy Gala was the biggest so far, with 250 seats sold out two weeks before the event. We hope, with God's grace, to grow year by year as the school itself grows. Our enrollment has grown steadily by fifteen new students a year and we now have one hundred students. Our school is the first to declare itself "classical," educating children in the traditional Catholic methods that have

produced some of the world's greatest leaders. Many non-Catholic schools aspire to be classical as well, but they are missing the core element: the holy faith. Our school will have both faith and reason, a superior academic curriculum and the holy Catholic faith that binds it all together, producing a fully-integrated education in first principles and final ends. I am personally teaching theology to the seventh and eighth graders this year, with Fr. Ravasi as my substitute when I am away from the parish. I can see now from the inside our strengths and weaknesses, and the principal and I are working closely to

formulate the very best classical curriculum. My thanks to all who attended the Gala and support our school.

Ransoming Christian Slaves Most of us cannot imagine modern day "slavery." We call it "human trafficking," which sounds not so bad. When we hear the word "slavery," we picture slave ships from Africa and brutalized black men and women on southern plantations. We don't really think "slavery" still exists in our modern world. But in some countries dominated by radical Islam, especially Pakistan, Christians are bought and sold as slaves today. Many of them are "sex slaves," mostly girls, gang raped and sold to men who pay for sexual acts with children. Others are "debt slaves," mostly men, who are forced to work in brick kilns and coal mines. This Sunday Fr. Federico Highton, who has led five missions into Pakistan to redeem Christian slaves, will describe his work. He talks in the school auditorium today at 1:30 in English, at 4:30 in Spanish, and at 6pm to our young adults. Most of these slaves, especially the women forced into prostitution, have been reduced to the "Stockholm Syndrome:" they no longer even want to leave their abusive

masters because it is all they have known for many years. Christian missionaries must free both their minds and bodies, so traumatized and brainwashed that they fear freedom. I encourage you to google the most noted Pakistani slave activist, Joseph Janssen, who in 2021 successfully managed to free his own sister, Shagufta, from a sentence of death in Pakistan. Joseph has been working to free debt-slaves and sex-slaves in many countries since then, and Fr. Federico works closely with him in Pakistan. Come to his talk today to learn how we can help redeem those enslaved in Pakistan. *Fr. Joseph*



On the March last Saturday!



Star of the Sea Church
4420 Geary Blvd.
San Francisco, CA 94118
(415) 751-0450
www.starparish.com
Gym 345 8th Ave.
Office Hours
M-TH 8:30am-5pm
Friday 8:30am-12pm,
1pm-5pm

CLERGY

Fr. Joseph Illo, Pastor

Fr. Mike Konopik,
Parochial Vicar

Fr. Javier Ravasi,
Parochial Vicar

Fr. James Liebner,
Parochial Vicar

Deacon Albert Nimri,
Parish Manager

STAFF

Mariella Zevallos,
Director of Communica-
tions & Parish Life

Thelma Queri,
Bookkeeper

Karolina Zapolska,
Director of Sacred
Music Program

Lynn Kraehling,
Director of Music

Juan Carlos Lopez,
Sacristan

Dennis Ow,
Maintenance

Santiago Ron,
Front desk

STELLA MARIS ACADEMY (K-8)

360 9th Ave.
San Francisco, CA 94118
www.stellamarissf.org
(628) 977-4836

John Monaco
Principal/Headmaster

NATIVITY HIGH SCHOOL (9-12)

350 9th Ave. San
Francisco, CA 94118
www.nativityhs.org
(415) 322-9229
hello@nativityhs.org

EUCCHARISTIC ADORATION 24/7 - LITURGY AND DEVOTIONS:

Daily Mass: M-F, 7am Latin, 12noon, 6pm. Saturday 8:30am, 12noon Latin. Sat.Vigil Mass 4:30pm. Sunday, 8am, 9:30am, 11:30am Latin, 7:30pm. Holy Day Mass, 7am Latin, 12noon, 6pm Sung Latin Mass. Confessions: 15 min. before Mass, (7am after Mass), Sat. 3:15-4:15pm. Lauds, Mon-Fri 6:45am. Vespers, Mon-Fri 5:45pm.

Holy Face Devotion, chapel 6pm. Sacred Heart of Jesus First Fridays 12 & 6pm (Latin). Divine Mercy, Saturday 3pm. Lady of Perpetual Help, Wednesday 12noon. Lady of Fatima First Saturdays, 8:30am. Communal Rosary prayer after all daily Masses & Sunday 11am Latin. Sundays: 2:30pm Rosary Walk at St. Mary's Cathedral.

The Sunday Scripture

Poor in Spirit (Zep 2:3; 3:12-13, 1 Cor 1:26-31, Mt 5:1-12a)

Today's gospel begins the Sermon on the Mount with Our Lord's eight Beatitudes. The first of these eight ways to God is poverty of spirit: "Blessed are the poor in spirit, for the Kingdom of God is theirs." Those who are satisfied with what God has given them, not grabbing always more, are already in His Kingdom. Practice this poverty of spirit with your shopping habits, your devices, and your speech.



Eucharistic Adoration

We celebrate St. Andrew Corsini on February 4th. He was a rebel teenager, who reverted after his mother reminded him of the dream she had that he'd die a wolf if he didn't change his ways. He became a Carmelite friar and was sent as Bishop to restore Fiesole. And that he did, rebuilding not only the physical-the cathedral and parish churches, but also, spiritually, reforming the moral life of priests. He considered Adoration of the Blessed Sacrament

a "little corner of Heaven." And that it is! Come experience a little bit of Heaven with a weekly commitment by signing up at www.adorationpro.org/star. Hours Most Needed: Mondays 12 am, 1 am & 3 am; Tuesdays 1 pm & 7 pm; Wednesdays, 9 am & 11 am; Thursdays 9 am, 10 am & 6 pm; Sundays 1 pm, 6pm & 7 pm.

FORMED WEEKLY RECOMMENDATIONS

<http://watch.formed.org>. Free to all parishioners!

How Prudence, Justice, Fortitude, and Temperance Shape the Christian Life

What does it really mean to live a good and happy life? In this episode of Practicing Catholic, hosts Taylor Kemp and Dr. Scott Hefelfinger explore the four cardinal virtues—prudence, justice, fortitude, and temperance—and why they are essential for authentic Christian freedom. The conversation unpacks how the virtues form our character, guide our decisions, and help us love God and neighbor more fully. This thoughtful discussion offers both spiritual depth and concrete guidance for everyday Catholic life.



Sign up for two hours a week!

FEBRUARY 19 - MARCH 29, 2026

PRAY WITH US IN
SAN FRANCISCO

(415) 275-1776 8AM-7PM

Sign up:
40daysforlife.com/sanfrancisco

VISIT THE 16
APPARITION SHRINES
OF OUR LADY AT
STAR of the SEA

Book a tour:
mariella@starparish.com
(415) 751-0450

www.starparish.com/marys-shrine/



Mass Intentions

Saturday 01/31	8:30am	Int. of Fr. Mike Konopik and Family
	12noon	† Francisco Matturano Gomez
	4:30pm	Int. of Katherine Nguyen
Sunday 02/01	8:00am	People of the Parish
	9:30am	Int. of Edna Corpus-Herrera (bday)
	11:30am	† Paul McDonnell
	7:30pm	† Souls in Purgatory
Monday 02/02	7:00am	Int. of Fr. James Liebner
	12noon	Int. of Leslie Low Int. of Therese Hughes Int. of Rachel Schutt - healing Int. of Carmel Tickler and Family † Souls in Purgatory
	6:00pm	Int. of Eva Olga Svobodova Int. of Gabriella Sebers and Family † Frederick and Connie Hubschman † Deceased members of The Goce Family
Tuesday 02/03	7:00am	† Lidia Quintana Diaz
	12noon	Int. of Dana Nunez
	6:00pm	† Msgr. Loi Vergara
Wednesday 02/04	7:00am	Int. of Mona and Steve Peglow
	12noon	Int. of Nancy Tam, Kingman Leung and Family
	6:00pm	† Wilfred Chow
Thursday 02/05	7:00am	† Leo Joseph Whelan
	12:noon	Int. of Ena and Edmund Kong
	6:00pm	Int. of Elizabeth Ing and Family
Friday 02/06	7:00am	Int. of Lydia Gandasubroto
	12noon	For the souls of those who have jumped to their deaths from the Golden gate Bridge
	6:00pm	Int. of Katherine Nguyen
Saturday 02/07	8:30am	† Catherine Chow
	12noon	Int. of Fr. Javier Ravasi and Family
	4:30pm	Int. of Susan, Chris Yates and Family

Prayers of the Sick

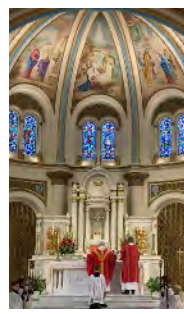
Mariana Mendieta, Margaret & Mark Sellai, Shawn Mickle, Marie Bellas, Justin Chin, Andrew Abdo, Alex Tong, Julie Johnson, Brian Galloway, Charles Bolla, Maria Molina, Maria Avedano, Denis Von Kaeppler, Oliva Setiawaty, Bryson Soncuya, O Lai Sau King, Jerr Dewey, Maria Bailey, Ronald Henderson, John Brennan, Benjamin Tan, Leslie Low, Laura Tarbox and all sick parishioners.

NATIVITY CAMELMAS

You are invited to spend an evening as a Nativity student at our fundraiser event, Monday Feb 2.
Tickets \$25, purchase at nativityhs.org/camelmas-2026
350 9th Ave, San Francisco, CA. 94118
6pm, English Sung Mass at Star of the Sea Church (optional);
7pm, Nativity Classroom experience; 8pm, Standing dinner, drinks, and mingling in the Gym.

Programs & Apostolates

GENERAL INFORMATION Parish office, 415-751-0450 www.starparish.com	BAPTISM, MARRIAGE & ALL SACRAMENTS 415-751-0450
Adoration Committee Laurie Murdock 415-244-8186 staradorationsf@gmail.com	Parish Finance Council Ryan Sebers ryan@starparish.com
Altar Servers Bryan Calmeyer bryancalmeyer@me.com	OCIA Order of Christian Initiation of Adults Gregory Moeck 310-694-6380 gmoeck@gmail.com
Filipino American Association (FAASTAR) Estrelle Chan 415-336-9193	Star of the Sea Preschool Stella Maris Academy 628-977-4836 www.stellamarissf.org
Foundation of Prayers for Priests Carmen Duran Register: foundationforpriests.org	Our Lady of Fatima, Star Pro-Life Apostolate Thursdays 6-7pm & Sat. 10-11am. 1522 Bush St. star.flocknote.com/Star-Pro-life
Young Adults Nathan Chan nathanjchan2@gmail.com Thursdays 7:15pm, Gym star.flocknote.com/StarYoungAdults	Sacred Music Program Lynn Kraehling 415-812-2462 lynn@starparish.com Karolina Zapolska (Choirs) karolina@starparish.com
Lectors Deacon Albert Nimri 415-683-4295 animri@starparish.com	Star Outreach to the Poor Ed Katz 415-740-3939 Saori Okawa okawasaori@gmail.com
Legion of Mary Paul Palencia 415-858-3073 leopoldmpal@gmail.com	Ushers and Greeters Mariella Zevallos mariella@starparish.com
Marriage & Family Apostolate Christina Sullivan starmarriageandfamily@gmail.com	Knights of Columbus Mike Dumlao m_n_dumlao@yahoo.com
Tuesday Bible Study 3-4:30pm at Parish Rectory. Bill McCarty 415-876-8551	Holy Name Society (Divine Mercy Devotion) Thelma Queri 415-751-0450
Bulletin Announcements Ad submissions due by 3pm on Tuesdays. Contact bulletin editor: mariella@starparish.com	Volunteer Opportunities Interested in volunteering? Information at: 415-751-0450 mariella@starparish.com



Keep Our Parish Prosperous

Your generous financial gifts ensure that Star of the Sea Catholic Church will continue thriving to provide a peaceful sanctuary for prayer, worship and evangelization in the Richmond District. Our doors are open 7 days a week!

WAYS OF SUPPORTING STAR OF THE THE SEA:

Offertory gifts online: www.starparish.com/give

Offertory envelopes: Cash or check written to Star of the Sea (use offertory envelopes). Place in the collection basket, or drop envelope in the parish office mailbox: Star of the Sea 4420 Geary Blvd, San Francisco, CA. 94118

Matching Contribution:

Double your gift to Star of the Sea with an equal contribution from your employer! As 501(c)(3) non-profit organization, we qualify to receive matches from companies all over the Bay Area. If your company offers this program, ask for a form to submit a matching request. Contact: mariella@starparish.com



venmo



STAR OF THE SEA CHURCH
Use Venmo for: Sunday offertory, lighting candles, church kiosk purchases.
(Please add what the payment is for. Thank you!)

PLANNED GIVING

ONE CHARITABLE GIFT, A LEGACY OF FAITH

Consider listing Star of the Sea as beneficiary in your Will (advisable to have one). It preserves the mission and values of the church in its ministry.

GET STARTED WITH A PLANNED GIFT

Call for information: Mariella Zevallos,
(415) 751-0450 mariella@starparish.com



Are you interested in becoming Catholic?
Do you wish to receive the Sacraments of Baptism, Eucharist and/or Confirmation?

Contact: Greg Moeck, (310) 694-6380 | gmoeck@gmail.com

Receive news & updates from Fr. Joseph Illo, sign up to Flocknote.com/star. Get access to the best selection of catholic educational materials, sign up for formed.org (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes.



Formed.org/Sign up as parishioner/Create new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



youtube.com/starparish



facebook.com/starparishsf



New in the parish? Please register!
Nuevo en la Parroquia? Regístrate!
flocknote.com/star



www.starparish.com



Star of the Sea parish & Stella Maris Academy families
at the Walk for Life, Saturday, January 24, 2026



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Tour the preschool, meet our teachers, review our curriculum, enjoy playtime activities!



The Feast of the Purification of Our Lady (Candlemas) Monday, Feb 2

7:00a.m. - Latin Sung Mass

6:00p.m. - English Sung Mass (with Nativity HS students)

Blessing of Candles at the beginning of Mass, followed by a procession.

FIRST SATURDAY DEVOTION

Men are invited to keep five consecutive First Saturdays in atonement for sins against Our Lady's Immaculate Heart.

From February 7 through June 6.

The Holy Rosary will be prayed in Latin at 11:30 a.m. each Saturday followed by Mass at noon.

Rosary Pilgrimage at Star of the Sea Parish

All are welcome to join a Rosary Pilgrimage within our church. Together, we will pray the Rosary before each Marian apparition shrine, with time for quiet reflection and the opportunity to light a candle as you visit Our Lady.

Saturday, February 7, 2025 After the 8:30 a.m. Mass


**FILIPINO AMERICAN ASSOCIATION:
FAASTAR BREAKFAST BRUNCH**

Sunday, February 22, 10:30 -1:30pm (Auditorium)

\$15 per plate. Filipino breakfast options:

Garlic rice, egg and your choice of meat (pork tocino, pork longanisa, or fried chicken).

Contact: Estrelle Chan: 415-336-9193 or
Jennifer Gabriel: 415-215-7046



STEWARDS STATS

Colossians 3:23 Whatever you do, work heartily, as for the Lord and not for men.

Time: 8 people joined the Holy Face Devotion last Tuesday.

Talent: 6 volunteers clean the church candle racks weekly.

Treasure: Sunday offering \$9,182

To give online: www.starparish.com/give