## Our Mission: To evangelize God's people beginning with the gift of the Holy Eucharist

August 10, 2025 Sunday in Ordinary Time(Red Missal: pg 526); Sunday After Pentecost (1962 Missal: pg 746)



The forgotten virtue of **purity** "The sin of impurity sends more souls to hell than any other" (Our Lady of Fatima). "Sorry, Fr... you are living in the past. Why

talk about that in the 21st century? Aren't there

worse sins than impurity?". Certainly there are: hatred of God, blasphemy, idolatry, etc. The problem is that the soul that becomes habituated to this kind of fault ends up enslaved by this terrible vice, so widespread in our times. Are there worse sins? Objectively, yes-blasphemy, hatred of God. But impurity enslaves the soul and is rampant today. St. Augustine said that while the devil catches souls with a hook in other sins, with impurity he uses a net.

1. But... what is a sin against purity? It's any thought, word, or act against the 6th and 9th commandments, meant to safeguard our sexuality. The reason is that original sin disordered our passions. Sexuality is not evil in itself —obviously—but misused, it becomes destructive. It's like anything: water is not bad in itself,

but if we tie a rope around our neck with a stone and jump off the Golden Gate into the water... too much water can kill us. And Jesus said: "Anyone who looks at a woman with lust has already committed adultery with her in his heart" (Mt 5:28). St. Paul warned: "The works of the flesh are obvious... and those who do such things shall not inherit the Kingdom of God" (Gal 5:19-21).

2. Types and gravity of sins against purity Sins against purity are mortal if done with full knowledge and consent. Why? Because they disorder the will, cloud judgment, and lead to other sins—lies, manipulation, broken families.

Examples: Fornication, Masturbation, Adultery, Homosexual acts, Pornography. Anyone who commits these sins must go to Confession before receiving Communion.

## 3. Means to overcome impurity Natural means:

a. Stay calm during temptation (a temptation is not a sin). b. Avoid near occasions of sin: "Father," a young man once told me, "Every time my girlfriend and I meet, we end up sinning..." "Well, son," I replied, "if you're alone with her at 2 a.m. in your apartment, it's probably not to pray the Rosary..." c. Watchfulness and penance: As St. Deacon Albert Nimri, Paul wrote, the flesh wars against the spirit. So we must discipline the body-through fasting, cold showers, self-denial—lest it dominate the soul. d. Cultivate modesty: Purity requires modesty. This means dressing and behaving in ways that respect one's dignity and protect others. The eyes and heart must remain chaste. Scripture says: "He

(Sir 3:26). Supernatural means:

a. Prayer: St. Jerome said: "It is granted to those who ask." God

who loves danger will perish in it"

gives purity to those who seek it sincerely. b. Confession and Eucharist: Confess immediately after a fall-don't delay. Frequent Confession and Communion (while in grace) are powerful weapons against impurity.

c. Devotion to Mary: Mary is the "teacher of virginity," the Virgin of virgins. Ask her to protect your chastity. No devotion is more effective in preserving purity. Let us ask Our Lady for the grace of purity, whose reward-Christ Himself-has promised: "Blessed are the pure of heart, for they shall see God" (Mt 5:8). Fr. Javier Olivera Ravasi, SE

Star of the Sea Church 4420 Geary Blvd. San Francisco, CA 94118 (415) 751-0450 www.starparish.com Gym 345 8th Ave Office Hours M-TH 8:30am-5pm Friday 8:30am-12pm, 1pm-5pm

**CLERGY** Fr. Joseph Illo, Pastor Fr. Mike Konopik, Parochial Vicar Fr. Javier Ravasi Parochial Vicar Fr. James Liebner Parochial Vicar Parish Manager

Mariella Zevallos, Director of Communications & Parish Life

Thelma Queri, Bookkeeper Lynn Kraehling, Director of Music

Karolina Zapolska, Director of Sacred Music Program

Juan Carlos Lopez, Sacristan

Dennis Ow, Maintenance

Santiago Ron, Front desk

**STELLA MARIS** ACADEMY (K-8)

360 9th Ave San Francisco, CA 94118 www.stellamarissf.org (628) 977-4836

John Monaco Principal/Headmaster

**NATIVITY HIGH** SCHOOL www.nativityhs.org (415) 322-9229

Diana Adamson, Principal

Nick Sparks, Dean of Students & Academics



Shrine of our Lady of Fatima at Star of the Sea

## LITURGY AND DEVOTIONS

Daily Mass: M-F, 7am Latin, 12noon, 6pm. Saturday 8:30am, 12noon Latin. Sat.Vigil Mass 4:30pm. Sunday, 8am, 9:30am, 11:30am Latin, 7:30pm. Holy Day Mass, 7am Latin, 12noon, 6pm Sung Latin Mass. Confessions: 15 min. before Mass, (7am after Mass), Sat. 3:15-4:15pm. Eucharistic Adoration 24/7. prayer after all daily Masses.

Lauds, Mon-Fri 6:45am. Vespers, Mon-Fri 5:45pm . Holy Hour & Confessions, Tuesday 7pm-8pm. Devotions: Sacred Heart First Friday 12noon, 6pm Latin. Divine Mercy, Saturday 3pm. Lady of Perpetual Help, Wed. 12noon. Lady of Fatima First Saturday, 8:30am. Communal Rosary

## The Sunday Scriptures

Wis 18: 6-9; Heb 11 1-2, 8-19; Lk 12:32-48. The saying goes that "the tree falls to the side it leans." On this Sunday, Our Lord Jesus Christ, through the Gospels, warns us to always be prepared for that most important moment of our life: the moment of our death. That is why we must always live in the grace of God; and if we have lost it, we must recover it as soon as possible through the sacrament of Confession. "Death, judgment, hell and glory — keep them, Christian, in your memory."



#### **Eucharistic Adoration**

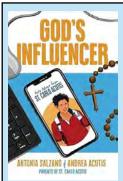
We celebrate St. Jane Frances Chantal, on August 12 (Roman) and August 21 (Trad). She was married, widowed, and later founded the Visitation Sisters (along with Francis de Sales, her spiritual director). The Eucharist was of upmost importance! She is quoted, "I spend most of my time in the chapel, where I find my delight and my

repose. There I adore my God..." You, too, can find your delight and repisé and adore God with a weekly Holy Hour. Sign up at <a href="https://www.adorationpro.org/star">www.adorationpro.org/star</a>

Hold these special dates: Star will have a special Eucharistic Rosary Congress coming Oct. 28-Nov. 4th, where we will pray the Rosary every hour on the hour-during adoration ... and you can sign up to lead a Rosary! More info to come!

## FORMED RECOMMENDATIONS: http://watch.formed.org . FORMED IS FREE TO ALL PARISHIONERS!

Clare and Francis This epic feature film on the lives of St. Clare and St. Francis of Assisi was shot on location in Italy. This outstanding movie is unique among films about these saints because of the historical content. St. Clare of Assisi feast (New calendar) is August 11.



### **CARLO ACUTIS**

Learn about the life of blessed Carlo Acutis, from the people that knew him best! His mother and Father.
The Catholic Church's <u>first millennial saint</u>. His canonization will take place on September 7, 2025 in Rome. He will be declared saint by <u>Pope Leo XIV</u>.

Book available in the parish kiosk \$15.00



Join our Young Adults Group for Weekly Events! Every Thursday, 6:30-8:00pm Star Gym, St. Clare Room. Kevin Erickson (310) 418-6289

## **Mass Intentions**

Muss millions			
Saturday 08/09	8:30am	† Violet K. Cheng	
	12noon	Int. of Pro-Life	
	4:30pm	† Virginia and Richard Copada	
Sunday 08/10	8:00am	People of the Parish	
	9:30am	† Bohumil Kovacic	
	11:30am	Int. of Nativity High School	
	7:30pm	Int. of The Sullivan Family	
Monday 08/11	7:00am	Int. of Claire Hallquist	
	12noon	Int. of Daisy Reyes	
		Int. of Deacon Albert Nimri	
		Int. of Codi Catubigan (for healing) † All Souls	
		† Editha Barte	
		† Domingo Arnaldo	
		† Carol Alejandrino	
	6:00pm	Int. of Trung	
		Int. of Michelle Lopez (for healing)	
		Int. of Dough Sheperd (for healing) † All Souls	
		† Fausto Casallas	
		† Souls in Purgatory	
Tuesday 08/12		Int. of Claire Hallquist	
	12:00pm	† Carlito Vallejera	
	6:00pm	† Violet K. Cheng	
Wednesday 08/13	7:00am	Int. of Generoso Yap	
	12:00pm	Int. of Rosa Ma (bday)	
	6:00pm	† Francisco and Lidia Matturano-Quintana	
Thursday 08/14	7:00am	† Alfred Samuel, Jr. and Mary Louise Lyding	
	12noon	† Catalino T. Nicolas	
	6:00pm	† Jeannine Donohoue (1st anniv)	
Friday 08/15	7:00am	Int. of Nicole Arena	
	12noon	Int. of Lukas Tjhin	
	6:00pm	Int. of Tommaso Palmieri	
Saturday 08/16	8:30am	† Aleta Nawrot	
	12noon	† Bill McEntire	
	4:30pm	† Patrick and Gertrude Halloran	

PRAYERS OF THE SICK: Mariana Mendieta, Margaret & Mark Sellai, Mary Ann Eiler, Shawn Mickle, Marie Bellas, Sarah Miller Sinn, Justin Chin, Joyce Durbin, Andrew Abdo, Alex Tong, Julie Johnson, Lauri Tepedino, Brian Galloway, Homer Chin, Charles Bolla and all sick parishioners.

#### **DEVOTIONS**

Monday-Saturday: Rosary prayer after all daily Masses. Tuesdays: 6pm Holy Face Devotion, in the chapel. Tuesdays: 7-8pm Silent Holy Hour & Confessions Saturdays: 3pm Divine Mercy Chaplet in the church. Sundays: 11am Latin Rosary in the church. Pamphlets with the Latin words will be provided.

Sundays: 2:30pm Rosary Walk at St. Mary's Cathedral. For updates: https://star.flocknote.com/Rosary Walk.

## Programs & Apostolates

Trogramo e ripostotates			
GENERAL INFORMATION Parish office, 415-751-0450 www.starparish.com	BAPTISM, MARRIAGE & ALL SACRAMENTS 415-751-0450		
Adoration Committee Laurie Murdock 415-244-8186 staradorationsf@gmail.com	Parish Finance Council Ryan Sebers ryan@starparish.com		
Altar Servers Bryan Calmeyer bryancalmeyer@me.com	OCIA Order of Christian Initiation of Adults Gregory Moeck 310-694-6380 gmoeck@gmail.com		
Filipino American Association (FAASTAR) Estrelle Chan 415-336-9193	Star of the Sea Preschool Stella Maris Academy 628-977-4836 www.stellamarissf.org		
Foundation of Prayers for Priests Carmen Duran   Register: foundationforpriests.org	Our Lady of Fatima, Star Pro-Life Apostolate Thursdays 6-7pm, & Sat. 10-11am 1522 Bush St. star.flocknote.com/Star-Pro-life		
Young Adults Kevin Erickson kevinaerickson@outlook.com Aaron Cary aaronWcary@gmail.com	Sacred Music Program Lynn Kraehling 415-812-2462 lynn@starparish.com Karolina Zapolska (Choirs) karolina@starparish.com		
Lectors Deacon Albert Nimri 415-683-4295 animri@starparish.com	Star Outreach to the Poor Ed Katz 415-740-3939 Saori Okawa okawasaori@gmail.com		
Legion of Mary Paul Palencia 415-858-3073 leopoldmpal@gmail.com	Ushers and Greeters Mariella Zevallos mariella@starparish.com		
Marriage&Family Apostolate Christina Sullivan starmarriageandfamily@gmail.com	Knights of Columbus Mike Dumlao m_n_dumlao@yahoo.com		
Tuesday Bible Study 3-4:30pm at Parish Rectory. Bill McCarty 415-876-8551	Holy Name Society (Divine Mercy Devotion) Thelma Queri, 415-751-0450		
Bulletin Announcements Ad submissions due by 3pm on Tuesdays. Contact bulletin editor: mariella@starparish.com	Volunteer Opportunities Interested in volunteering? Information at: 415-751-0450 mariella@starparish.com		



# Keep Our Parish *Prosperous*

Your generous financial gifts ensure that Star of the Sea Catholic Church will continue thriving to provide a peaceful sanctuary for prayer, worship and evangelization in the Richmond District. Our doors are open 7 days a week!

WAYS OF SUPPORTING STAR OF THE THE SEA:

Offertory gifts online: www.starparish.com/give

Offertory envelopes: Place cash or check written to Star of the Sea in the offertory envelopes and place in the collection basket, or drop envelope in the parish office mailbox: Star of the Sea 4420 Geary Blvd, San Francisco, CA. 94118

## **Matching Contribution:**

Double your gift to Star of the Sea with an equal contribution from your employer! As 501(c)(3) non-profit organization, we



qualify to receive matches from companies all over the Bay Area. If your company offers this program, ask for a form to submit a matching request.

For information please contact: mariella@starparish.com



STAR OF THE SEA CHURCH
Use Venmo for: Sunday offertory, lighting candles, church kiosk purchases.

(Please add what the payment is for. Thank you!)

## PLANNED GIVING

## ONE CHARITABLE GIFT, A LEGACY OF FAITH

Consider listing Star of the Sea as beneficiary in your Will (advisable to have one). It preserves the mission and values of the church in its ministry.

## **GET STARTED WITH A PLANNED GIFT?**

Call for information: Mariella Zevallos, (415) 751-0450 | mariella@starparish.com

Receive news & updates from Fr. Joseph IIIo, sign up to Flocknote.com/star. Get access to the best selection of catholic educational materials, sign up for formed.org (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes.



Formed.org/Sign up as parishioner/Create new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



New in the parish? Please register! Nuevo en la Parroquia? Registrate! flocknote.com/star



youtube.com/ starparish



facebook.com/ starparishsf



www.starparish.com

Interesado en recibir los sacramentos de Bautismo, Primera Comunión y confirmación? Ofrecemos un programa en español en linea! Para información o para registrarte visita:

https://forms.gle/8vkRDDfQzaVQGABp7



EXAMEN Y CERTIFICADO
PARA RECIBIR LOS SACRAMENTOS



«CATEQUESIS PARA BÁRBAROS»

# Save the date: Oct. 28 - Nov. 4



24-Hour Eucharistic Adoration.

Holy Rosary Prayed Every Hour on the Hour.

Daily Masses (Latin & Novus Ordo).

## **Highlights of the Congress:**

Saturday, November 1, 2025

9:00 AM - Mass with Archbishop Cordileone at St. Mary's Cathedral, followed by Our Lady of Fatima Eucharistic Grand Procession to Star



## 24-Hour Eucharistic Adoration



The Assumption of the Blessed Virgin Mary
A Holy Day of Obligation
7am Latin Mass, 12 noon English Sung Mass,
6pm Latin Sung Mass



## **STEWARDS STATS**

**Time:** 10 people joined the Holy Face Devotional prayers last Tuesday at 6pm.

**Talent:** 6 volunteers clean the church candle racks weekly

**Treasure:** Sunday Offering \$8,559

To give online: www.starparish.com/give



CLASSES START ON AUGUST 27 REGISTER!

Are you interested in becoming Catholic?
Do you wish to receive the Sacraments of Baptism, Eucharistic and/or Confirmation?

Contact OCIA coordinator: Greg Moeck, (310) 694-6380 - gmoeck@gmail.com



#### STAR OF THE SEA

Catechesis of the Good Shepherd "CGS" Program for children 3-6 years old

#### **NOW ENROLLING!**

First two Sundays of the month classes: 10:30am - 11:15am

Program Starts September 7, 2025 in the Preschool Atrium

Teachers: Alyson Voltmer and

Kisstrin Cozier

To register visit: www.starparish.com Contact: Mariella Zevallos (415) 751-0450



#### STAR OF THE SEA PARISH

First Holy Communion Preparation NOW ENROLLING!

Sunday classes: 10:30am - 11:15am Program Starts September 7, 2025

Teacher: Clarice Mandala

To register visit: www.starparish.com

Contact: Mariella Zevallos 415-751-0450



## VISIT THE 16 APPARITION SHRINES OF OUR LADY AT STAR of the SEA

Book a tour: mariella@starparish.com www.starparish.com/marys-shrine/