



16 Shrines of Our Lady at *STAR of the SEA*

July 20, 2025 15th Sunday in Ordinary Time (Red Missal: pg 494); 6th Sunday After Pentecost (1962 Missal: pg 736)



"He who prays is saved, he who does not pray is condemned" (Saint Alphonsus Liguori).

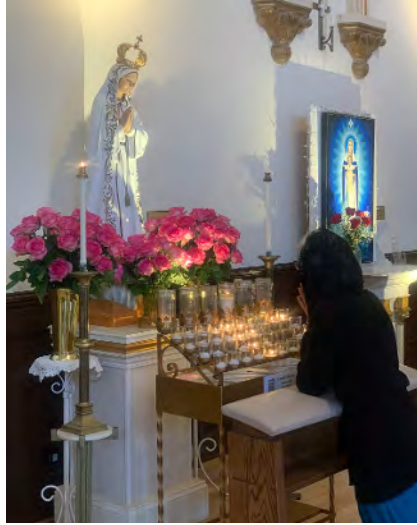
If I had to give you one piece of advice—one that applies to every Christian, in

every time, place, and circumstance—it would be this: Pray. Pray every day. This is not just my opinion. It's the solemn teaching of St. Alphonsus Maria de Liguori, Doctor of the Church and master of spiritual life. In his classic work, *The Great Means of Salvation and of Perfection*, he makes this striking statement: "He who prays is saved; he who does not pray is damned." Too harsh? Not at all. It's the truth. And

unfortunately, in these times of distraction, noise, and emotional spirituality, many Catholics have abandoned the most essential thing: prayer—personal, persevering, authentic prayer. St.

Alphonsus doesn't write to please. He writes to awaken. He reminds us of a truth many have forgotten: Without God's grace, we can do nothing. And that grace is given through prayer. Prayer is not a decorative act of piety. It's a matter of spiritual life or death. Without prayer, there is no grace. And without grace, there is no salvation. It's that simple. Let me say it again: no grace, no salvation—and no prayer, no grace. And make no mistake: real prayer is not just saying words with a distracted mind. It's not just "checking a box" of religious duties. True prayer flows from a humble and trusting heart,

one that persists, pleads, and knocks at heaven's door. Prayer is the cry of a soul that knows it needs God and dares to ask for help.



Faithful praying at Our Lady of Fatima Marian Apparition Shrine

repentance, prayer is not just important—it's urgent. And believe me, the devil knows this. He doesn't mind if you go to Mass or do good works, as long as you stop praying. But when someone truly

Do you want to change your life? Pray.

Do you want to break free from sin? Pray.

Do you want your children or loved ones to return to the Church? Pray.

Do you want to save your soul? Pray. And if anyone says, "Father, I don't know how to pray," I say this: Start anyway. Start poorly if you must—just start. Because doing it imperfectly is far better than not doing it at all. In times like these, with so much

confusion in the Church, with so many shepherds who no longer preach the truth or call souls to

prays, when someone fights on their knees—he trembles. So take this to heart, my dear faithful: "He who prays is saved; he who does not pray is damned." That's not a scare tactic. It's a spiritual law. Let us embrace this truth with humility and resolution. Let us ask the Blessed Virgin Mary—who never ceased to pray—to obtain for us the grace of a deep, daily, and persevering prayer life. Pray the Rosary. Pray it every day. And pray it well. Because if you don't pray, the battle is already lost. Because "he who prays is saved, he who does not pray is condemned".

God bless you all.

Fr. Javier Olivera Ravasi, SE

Star of the Sea Church
4420 Geary Blvd.
San Francisco, CA 94118
(415) 751-0450
www.starparish.com
Gym 345 8th Ave
Office Hours
M-TH 8:30am-5pm
Friday 8:30am-12pm,
1pm-5pm

CLERGY

Fr. Joseph Illo, Pastor
Fr. Mike Konopik,
Parochial Vicar
Fr. Javier Ravasi
Parochial Vicar
Fr. James Liebner
Parochial Vicar
Deacon Albert Nimri,
Parish Manager

STAFF

Mariella Zevallos,
Director of Communica-
tions & Parish Life
Thelma Queri,
Bookkeeper
Lynn Kraehling,
Director of Music
Karolina Zapolska,
Director of Sacred
Music Program
Juan Carlos Lopez,
Sacristan
Dennis Ow,
Maintenance
Santiago Ron,
Front desk

**STELLA MARIS
ACADEMY (K-8)**
360 9th Ave
San Francisco, CA 94118
www.stellamarissf.org
(628) 977-4836
John Monaco
Principal/Headmaster

**NATIVITY HIGH
SCHOOL**
www.nativityhs.org
(415) 322-9229
Diana Adamson,
Principal

Nick Sparks,
Dean of Students &
Academics



Star of the Sea friends praying a communal Holy Rosary on The Walk to Mary in May 2025.

LITURGY AND DEVOTIONS

Daily Mass: M-F, 7am Latin, 12noon, 6pm. Saturday 8:30am, 12noon Latin. Sat. Vigil Mass 4:30pm. Sunday, 8am, 9:30am, 11:30am Latin, 7:30pm. Holy Day Mass, 7am Latin, 12noon, 6pm Sung Latin Mass. Confessions: 15 min. before Mass, (7am after Mass), Sat. 3:15-4:15pm. Eucharistic Adoration 24/7.

Lauds, Mon-Fri 6:45am. Vespers, Mon-Fri 5:45pm. Holy Hour & Confessions, Tuesday 7pm-8pm. Devotions: Sacred Heart First Friday 12noon, 6pm Latin. Divine Mercy, Saturday 3pm. Lady of Perpetual Help, Wed. 12noon. Lady of Fatima First Saturday, 8:30am. Communal Rosary prayer after all daily Masses.

The Sunday Scriptures

(Gen 18: 1-10a; Col 1:24-28; Lk 10:38-42) This Sunday the Church commemorates two sisters: Saint Mary and Saint Martha –examples of the contemplative life and the active life, in which many of us can see ourselves reflected. In the life of the Church, it is not "aut... aut" (either... or), but rather "et... et" (both... and); not "this or that," but "this and also that."

Active life and contemplative life, just as Our Lord Jesus Christ lived during His public ministry. Let us learn from Mary, who prayed, and from Martha, who acted.



Eucharistic Adoration St. Charbel

Makhlouf is a recent saint whose feast day is July 24. He was a Lebanese Maronite Catholic priest, monk, and hermit. He came from humble beginnings. His father died when he was young. His mother wanted him married, and his uncle wanted him to work with him. Instead, he left to be a monk (without telling

anyone). He is quoted "You exist in this world to give and to serve." And that he did, with a profound devotion to the Eucharist.

A profound THANK YOU to all those of you who have recently signed up for a Holy Hour. What a gift to see new people come and adore our Lord. We have still Holy Hours needed: Mondays & Wednesdays at 8 am & 9 am; Tuesdays at 10 am; & Fridays at 2 pm. Sign up for a weekly Adoration commitment at www.adorationpro.org/star

FORMED RECOMMENDATIONS: <http://watch.formed.org>
Free for all parishioners. Register! Formed.org

Saint Mary Magdalene | Catholic Saints

Join Dr. Ben Akers and Taylos Kemp for a discussion on the life and witness of St. Mary Magdalene who was she, and why is she a saint? Find out in this conversation.

Ninth Annual Together in Holiness Marriage Conference

Presented by the St. John Paul II Foundation and the Archdiocese of San Francisco. Married and engaged couples are invited!

September 27, 2025 from 10:45 am – 6:00 pm at the Church of the Immaculate Heart of Mary in Belmont, CA.

One-day conference. Strengthen your relationship with your spouse and discover God's plan for your family.

Registration: \$64/couple and \$5/child

Visit: togetherinholiness.org/sanfrancisco or email Jessie@forlifeandfamily.org.



You are invited to Join The Legion of Mary: The Legionaries from Star of the Sea Legion of Mary, are recruiting new members! Visit their information table in the school yard, next Sunday, July 20, from 9:15 am to 11:15 am and after the 11:30am Mass.

Mass Intentions

Saturday 07/19	8:30am	Int. of Raymond Ing (bday)
	12noon	† Antonio Dreon (anniv)
	4:30pm	† Edward Tobin (anniv)
Sunday 07/20	8:00am	Int. of Christian Konopaski (bday)
	9:30am	† Petrel Chan (son of Peter & Estrelle Chan)
	11:30am	Int. of Angel Mendoza Barrios
	7:30pm	People of the Parish
Monday 07/21	7:00am	Int. of Donncha O'Cochlain and Family
	12noon	Int. of Raul Queri
		Int. of Joan Spaargaren
		Int. of Donncha and Marisela O'Cochlain and their unborn Baby
		† Souls in Purgatory
		† Robertus Geraldus Zainal Susiardo (bday)
6:00pm	Int. of Daisy Reyes	
	Int. of Edwina Tarape	
	Int. of Oliva Setiawaty	
	Int. of Nancy Bonnet and Family	
	† All Souls	
Tuesday 07/22	7:00am	† Carmen Aguirre
	12:00pm	† George Muntean
	6:00pm	Int. of Zachariah Huckins (bday)
Wednesday 07/23	7:00am	Int. of Ron Konopaski (bday)
	12:00pm	Int. of Deacon Albert Nimri (bday)
	6:00pm	† Rene Ing (anniv)
Thursday 07/24	7:00am	† Gloria Mandala
	12noon	† Tresia Lie
	6:00pm	† Victor Lee
Friday 07/25	7:00am	Int. of People of Ireland
	12noon	Int. of Dana Nunez
	6:00pm	† Francis and Jenny Chow
Saturday 07/26	8:30am	Int. of Denis Von Kaeppler
	12noon	† Orazio Giambona
	4:30pm	† John Tam

PRAYERS OF THE SICK: Mariana Mendieta, Margaret & Mark Sellai, Mary Ann Eiler, Shawn Mickle, Marie Bellas, Sarah Miller Sinn, Justin Chin, Joyce Durbin, Andrew Abdo, Alex Tong, Julie Johnson, Lauri Tepedino, Engracio Guinto and all sick parishioners.

DEVOTIONS

Monday-Saturday: Rosary prayer after all daily Masses.

Tuesdays: 6pm Holy Face Devotion, in the chapel.

Tuesdays: 7-8pm Silent Holy Hour & Confessions

Saturdays: 3pm Divine Mercy Chaplet in the church.

Sundays: 11am Latin Rosary in the church. Pamphlets with the Latin words will be provided.

Sundays: 2:30pm Rosary Walk at St. Mary's Cathedral. For updates: <https://star.flocknote.com/RosaryWalk>.

Programs & Apostolates

GENERAL INFORMATION Parish office, 415-751-0450 www.starparish.com	BAPTISM, MARRIAGE & ALL SACRAMENTS 415-751-0450
Adoration Committee Laurie Murdock 415-244-8186 staradorationsf@gmail.com	Parish Finance Council Ryan Sebers ryan@starparish.com
Altar Servers Bryan Calmeyer bryancalmeyer@me.com	OCIA Order of Christian Initiation of Adults Gregory Moeck 310-694-6380 gmoeck@gmail.com
Filipino American Association (FAASTAR) Estrelle Chan 415-336-9193	Star of the Sea Preschool Stella Maris Academy 628-977-4836 www.stellamarissf.org
Foundation of Prayers for Priests Carmen Duran Register: foundationforpriests.org	Our Lady of Fatima, Star Pro-Life Apostolate Thursdays 6-7pm, & Sat. 10-11am 1522 Bush St. star.flocknote.com/Star-Pro-life
Young Adults Kevin Erickson kevinierickson@outlook.com Aaron Cary aaronWcary@gmail.com	Sacred Music Program Lynn Kraehling 415-812-2462 lynn@starparish.com Karolina Zapolska (Choirs) karolina@starparish.com
Lectors Deacon Albert Nimri 415-683-4295 animri@starparish.com	Star Outreach to the Poor Ed Katz 415-740-3939 Saori Okawa okawasaori@gmail.com
Legion of Mary Paul Palencia 415-858-3073 leopoldmpal@gmail.com	Ushers and Greeters Mariella Zevallos mariella@starparish.com
Marriage&Family Apostolate Christina Sullivan starmarriageandfamily@gmail.com	Knights of Columbus Mike Dumlao m_n_dumlao@yahoo.com
Tuesday Bible Study 3-4:30pm at Parish Rectory. Bill McCarty 415-876-8551	Holy Name Society (Divine Mercy Devotion) Thelma Queri, 415-751-0450
Bulletin Announcements Ad submissions due by 3pm on Tuesdays. Contact bulletin editor: mariella@starparish.com	Volunteer Opportunities Interested in volunteering? Information at: 415-751-0450 mariella@starparish.com

Keep Our Parish Prosperous

Your generous financial gifts ensure that Star of the Sea Catholic Church will continue thriving to provide a peaceful sanctuary for prayer, worship and evangelization in the Richmond District. Our doors are open 7 days a week!

WAYS OF SUPPORTING STAR OF THE THE SEA:

Offertory gifts online: www.starparish.com/give

Offertory envelopes: Place cash or check written to Star of the Sea in the offertory envelopes and place in the collection basket, or drop envelope in the parish office mailbox: Star of the Sea 4420 Geary Blvd, San Francisco, CA. 94118

Matching Contribution:

Double your gift to Star of the Sea with an equal contribution from your employer! As 501(c)(3) non-profit organization, we qualify to receive matches from companies all over the Bay Area. If your company offers this program, ask for a form to submit a matching request.

For information please contact: mariella@starparish.com

MAXIMIZE YOUR IMPACT



PLANNED GIVING

ONE CHARITABLE GIFT, A LEGACY OF FAITH

Consider listing Star of the Sea as beneficiary in your Will (advisable to have one). It preserves the mission and values of the church in its ministry.

HOW DO I GET STARTED WITH A PLANNED GIFT?

Call for information: Mariella Zevallos,
(415) 751-0450 | mariella@starparish.com

venmo



STAR OF THE SEA CHURCH
Use Venmo for: Sunday offertory, lighting candles, church kiosk purchases.
(Please add what the payment is for. Thank you!)



Are you interested in becoming Catholic? Do you wish to receive the Sacraments of Eucharist and/or Confirmation?

Contact OCIA coordinator: Greg Moeck, (310) 694-6380 - gmoeck@gmail.com

Receive news & updates from Fr. Joseph Illo, sign up to Flocknote.com/star. Get access to the best selection of catholic educational materials, sign up for formed.org (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes.



Formed.org/Sign up as parishioner/Create new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



New in the parish? Please register!
Nuevo en la Parroquia? Regístrate!
flocknote.com/star



youtube.com/
starparish



facebook.com/
starparishsf



www.starparish.com



STAR
of the **SEA**

VOLUNTEERS NEEDED

If you are a people person and have time to help at the parish please contact us!

Ushers and Greeters

We need volunteers on Saturdays: Vigil Mass 4:30pm; and Sundays: 8am and 7:30pm

Servers for the Sunday Hospitality Once a month after the 9:30am or 11:30am Masses

Si deseas servir en la parroquia una hora a la semana o al mes por favor contactanos!

Para información / For information contact: Mariella Zevallos (415-751-0450) | mariella@starparish.com



Families are invited to Park Day at Presidio Wall Playground on Sunday 7/20 from 2-4pm. Easy parking and gated play area. Bring snacks, drinks, sunscreen, and a Rosary. Any questions, text Amy 310-694-6483

STAR of the SEA

TUESDAYS BIBLE STUDY

3:00PM-4:30PM IN THE PARISH RECTORY

Contact: Bill McCarty 415-876-8551



Bibles available for purchase in the rectory office.



STEWARDS STATS

Time: 22 people joined the Divine Mercy devotional prayers last Saturday.

Talent: 10 altar servers attended the 9:30 Sunday Mass.

Treasure: Sunday Offering \$14,369

To give online: www.starparish.com/give

Star of the Sea
Young Adults Group
YAG
at Deum qui laetificat juventutem meam

Join our YAG for Weekly Events!

Every Thursday, 6:30-8pm

Star Gym, St. Clare Room

Kevin Erickson (310) 418-6289



STAR OF THE SEA

Catechesis of the Good Shepherd

"CGS" Program

For children 3-6 years old

NOW ENROLLING!

First two Sundays of the month classes:
10:30am - 11:15am

Program Starts September 7, 2025
in the Preschool Atrium

Teachers: Alyson Voltmer and
Kisstrin Cozier

To register visit: www.starparish.com
Contact: Mariella Zevallos (415) 751-0450



STAR OF THE SEA PARISH

Children's First Holy Communion Preparation

NOW ENROLLING!

Sunday classes: 10:30am - 11:15am

Program Starts September 7, 2025

Teacher: Clarice Mandala

To register visit: www.starparish.com

Contact: Mariella Zevallos 415-751-0450



VISIT THE 16 APPARITION SHRINES OF OUR LADY AT STAR of the SEA

Book a tour: mariella@starparish.com
www.starparish.com/marys-shrine/