



**Sacred Music** We have a fine choir at the 11:30 Sunday Mass, and occasionally children sing at the 9:30 Mass. Karolina Zapolska is building on those choirs, teaching music theory and chant to 11 children every week, and for

the next 14 weeks, an adult chant class. Karolina, a native of Poland, took it upon herself to attend five weeks of teacher training at the Catholic Institute of Sacred Music in our seminary last summer. The Archbishop established this Institute two years ago to open up the Church's sacred music treasury for all Catholics. The Institute trains teachers, like Karolina, to provide classes for folks in the pews who wouldn't ever think of singing our sacred treasures. Not unexpectedly, most of Karolina's students are female, but we need men to complement these women, for only men and women together will fully glorify God. We men are naturally lazy, so I'm calling the men of the parish to learn how to sing. Put your \$100 down and take this class, so that God may be appropriately honored, and the whole parish may be inspired to praise the Almighty. See the back page of this bulletin to sign in. To learn to sing sacred music requires work and sacrifice. I thank those men and women who are already taking Karolina's instruction, and most of all I thank Karolina herself. *Dziękuję!*

**Feeding the Poor** The most important thing we do at Star of the Sea is to sing to the glory of God, to praise His Majesty, and to kneel in adoration before Him. Divine Worship is the essential purpose of every Catholic parish, and indeed of the Catholic Church herself. So learn to sing, my dear people. Learn to sing to the glory of God! The second most important thing we do, after loving God, is to love our neighbor. Love begins at home, and that's the daily work of any family or rectory. But charity is effusive: it spreads beyond



the home, into the workplaces and streets of the city. For six years now Star of the Sea parishioners have been preparing 200 sandwiches on Sunday mornings and bringing them to the poorest of the poor in the Tenderloin on Sunday afternoons. I encourage you to sing to God on Sunday mornings, and then take that love of God into the streets on Sunday afternoons. You help prepare the food in the school kitchen at 10:45am, or you can bring that food and clothing to the street people from 1:30-3:30 on Sunday afternoons. I go into the streets at least once a month, and I invite you to join me. Please contact Saori Okawa to help out,

by leaving a message for her at the parish office. **Loving Children and their Mothers** For nine years people from Star of the Sea have been standing in prayerful support to the poorest of the poor in San Francisco at the abortion facility, which eliminates the lives of children who have no voice and no choice to live or die. Abortion irreparably wounds the mothers and fathers of these children, because no one really wants to kill their own children. In both our food for the poor and our prayers at Planned Parenthood, people from this parish bring the love of God to the poorest of the poor, to the lonely and forgotten people of San Francisco. Consider joining me and many others at the abortion facility at Bush and Van Ness every Saturday at 10am (a group also prays on Thursdays at 6pm). It's a good way to get your daily rosary in as well! Sunday Mass—even daily Mass—is not enough. You must find a way to



bring the love of God beyond the walls of our parish church. I will be offering a Mass on the sidewalk at Bush and Van Ness this coming Sunday, February 11, at 3:30pm, to begin the **40 Days for Life** Lenten campaign of prayer this year. *Fr. Joseph Illo*



**STAR of the SEA  
Catholic Church**  
4420 Geary Blvd.  
San Francisco, CA  
94118  
(415) 751-0450  
www.starparish.com  
**Office Hours**  
M-TH 8:30am-5pm  
Friday 8:30am-  
12pm, 1pm-5pm

#### CLERGY

**Fr. Joseph Illo**  
Pastor  
**Fr. Mike Konopik**  
Parochial Vicar  
**Fr. Michael Rocha**  
Parochial Vicar  
**Deacon Albert Nimri**  
Parish Manager

#### STAFF

**Mariella Zevallos**  
Director of Communi-  
cations & Parish Life  
**Lynn Kraehling**  
Director of Music  
**Thelma Queri**  
Bookkeeper  
**Juan Carlos Lopez**  
Sacristan  
**Dennis Ow**  
Maintenance



**Dr. Gavin  
Colvert**  
**Head of School**  
(415)745-2474  
www.stellamarissf.org

#### LITURGY AND DEVOTIONS SCHEDULE

Daily Mass: M-F, 7am Latin, 12noon, 6pm. Saturday 8:30am, 12noon Latin. Sat.Vigil Mass 4:30pm. Sunday, 8am, 9:30am, 11:30am Latin, 7:30pm. Holy Day Mass, 7am Latin, 12noon, 6pm Sung Latin Mass. Confessions, 20 min. before Mass; Sat, 3:15-4:15pm.

Eucharistic Adoration 24/7. Lauds, Mon-Fri 6:45am. Vespers, Mon-Fri 5:45pm . Holy Hour & Confessions, Tuesday 7pm-8pm. Devotions: Sacred Heart First Friday 12noon, 6pm Latin. Divine Mercy, Saturday 3pm. Lady of Perpetual Help, Wed. 12noon. Lady of Fatima First Saturday, 8:30am. Communal Rosary prayer after all daily Masses.

# The Sunday Scriptures

By Fr. Joseph Illo (Job 7: 1-4, 6-7; 1 Cor 9: 16-19, 22-23; Mk 1:29-39) **Jesus Preaches** In today's Gospel our Lord went off to a deserted place to pray after a full day of healing the sick. But his apostles find Him: "Everyone is looking for you." Jesus rises from prayer and resumes his pastoral work of preaching the truth and healing the sick. This is what parish priests are called to do, so expect it of us!



## JOIN RCIA

### RITE OF CHRISTIAN INITIATION OF ADULTS

Are you interested in becoming Catholic?  
Do you wish to receive the Sacraments of Eucharist and/or Confirmation?

**Contact Greg Moeck | gmoeck@gmail.com | (310) 694-6380**

### EUCHARISTIC ADORATION



St. Scholastica's feast day is February 10th. She was the twin sister of St. Benedict. They were very close but only saw each other once a year. In their last visit, she wanted her brother to stay; he said no and so she asked God. Suddenly, a storm broke out, and he had no choice but to stay. She is known to say to him, "I asked you and you would not listen, so I asked my God and He did..."

Sign up for a weekly Holy Hour commitment at [www.adorationpro.org/star](http://www.adorationpro.org/star) and come ask God anything.



### FORMED RECOMMENDATIONS

(Formed.org Free to all Parishioners)

Find the titles below at: <http://watch.formed.org>

#### St. Scholastica | Holy Women You Never Heard Of

Dive into the lives of Holy Women You've Never Heard Of with Dr. Elizabeth Klein and Dr. Jessica Murdoch. St. Scholastica is the sister of St. Benedict. Holy siblings and holy families change the world!

## PLANNED GIVING

### ONE CHARITABLE GIFT, A LEGACY OF BENEFITS

Make a Will. Include your parish in your estate plans. Help preserve the mission and values of the church and its commitment to ministry.

**Please contact: [mariella@starparish.com](mailto:mariella@starparish.com)**

# Mass Intentions

Sat 02/03	8:30am 12noon 4:30pm	+ Pierre Ausquy Int. of Marco Martin and Maggie Adams + Dr. Donald and Mary Lintner
Sun 02/04	8:00am 9:30am 11:30am  7:30pm	+ Holy Souls in Purgatory Int. of Puri Abesamis (bday) Int. of Juan Carlos Lopez and Family People of the Parish
Mon 02/05	7am  12noon  6pm	+ Bernard Shanley Int. of Gabriella Gotshall Int. of Felix, Lucy and Tai Family + Nancy McCormack + Jorge Henriave Costa, Sr. + Genovefa & Emelia Dellepiane Int. of Fides Bernard Int. of Cecilia Beltrame Int. of Star of the Sea Parish Priests + Antonio Alday + Lutgardo San Valentine
Tue 02/06	7:00am 12noon 6:00pm	+ Kenneth Raymond Ward + Genovefa and Emilio Delletiane + Susie Ferry
Wed 02/07	7:00am 12noon 6:00pm	+ Holy Souls in Purgatory Int. of Fr. Michael Rocha Int. of Mary Cabrera
Thu 02/08	7:00am 12noon 6:00pm	+ Arturo Martin (anniv) + Holy Souls in Purgatory + Timothy Dell Selway
Fri 02/09	7:00am  12noon  6:00pm	Int. of Corinna Gamez + Paul Alesandreni + Mario Muschi
Sat 02/10	8:30am 12noon 4:30pm	Int. of Dana Nunez Int. of Pro-Life In Thanksgiving of Eduardo Papa & Family



### Prayer for the Sick

Anne Kavanagh, Maria Jessue, Il'eana Rozario, Susan Lewitt, Paula Click, Brian Walsh, Oonough, Kim Edwards and all sick parishioners.

# Communal prayers

**Saturdays**, Divine Mercy Chaplet at 3pm in the church.  
**Sundays**, Latin Rosary. You are invited to pray the rosary at 11am. Pamphlets with the Latin words will be provided.  
**Sundays**, Rosary Walk 2:30pm at St. Mary's Cathedral. For updates: <https://star.flocknote.com/RosaryWalk>

# Programs & Ministries

<b>GENERAL INFORMATION</b> 415-751-0450 www.starparish.com	<b>BAPTISM, MARRIAGE &amp; ALL SACRAMENTS</b> 415-751-0450
<b>Adoration Committee</b> Laurie Murdock 415-244-8186 staradorationsf@gmail.com	<b>Parish Council</b> Ryan Sebers ryan@starparish.com
<b>Altar Servers</b> Bryan Calmeyer bryancalmeyer@me.com	<b>Rite of Christian Initiation of Adults (RCIA)</b> Gregory Moeck 310-694-6380 gmoeck@gmail.com
<b>Filipino American Association (FAASTAR)</b> Estrelle Chan 415-336-9193	<b>Star of the Sea Preschool Stella Maris Academy</b> Dr. Gavin Colvert gcolvert@stellamarissf.org
<b>Knights' Men's Ministry</b> Sean Sullivan stsullivan12@gmail.com	<b>Star Pro-Life Prayer Group</b> Thursdays 6-7pm, 1522 Bush St. https://star.flocknote.com/ Star-Pro-life
<b>Knights of Columbus</b> Ron Merida ronmerida@yahoo.com	<b>Sacred Music Program</b> Lynn Kraehling 415-812-2462
<b>Legion of Mary</b> James Crim 415-577-9817 james9crim@gmail.com	<b>Ushers and Greeters</b> Kevin Carter kcart911@gmail.com
<b>Lectors</b> Deacon Albert Nimri 415-683-4295 animri@starparish.com	<b>Young Adults</b> Tamika Bassman tamikabassman@gmail.com or Mason Friedberg masonfriedberg@gmail.com
<b>Marriage &amp; Family Apostolate</b> Christina Sullivan starmarriageandfamily@gmail.com	<b>Volunteer Opportunities</b> Mariella Zevallos mariella@starparish.com
<b>Thursday Bible Study, 3-4:30PM</b> Mary Ann Eiler 650-660-4546 Bill McCarty 415-876-8551	<b>Star Outreach to the Poor/Feed the homeless</b> Call the office 415-751-0450



**A PILGRIMAGE TO NORMANDY**  
 Paris, Lisieux, Mont-Saint-Michel, Rouen, Bayeaux, Landing beaches in Normandy and more  
**JUNE 2 -13, 2024**  
 Information: 415-751-0450 | www.starparish.com  
*To join the pilgrimage you must reserve by February 15. We have a few spots available.*

U.S. BANKRUPTCY COURT FOR THE NORTHERN DISTRICT OF CALIFORNIA  
 SAN FRANCISCO DIVISION

In re: The Roman Catholic Archbishop of San Francisco, Case No. 23-30564

Notice of Deadline for Filing Claims: **February 20, 2024**

**YOU MAY HAVE A SEXUAL ABUSE CLAIM OR OTHER CLAIM AGAINST THE ARCHDIOCESE OF SAN FRANCISCO**

On August 21, 2023, The Roman Catholic Archbishop of San Francisco, a California corporation sole, aka Archdiocese of San Francisco (the "Debtor"), filed for protection under chapter 11 of title 11 of the United States Code (the "Bankruptcy Code").

If you were sexually abused by any person connected with the Debtor, you must file a claim so as to be received by February 20, 2024, or otherwise you will be forever barred, estopped, and enjoined from asserting such claim against the Debtor.

Claims based on acts or omissions of the Debtor that occurred before August 21, 2023, must be filed on or before February 20, 2024, even if such claims are not now fixed, liquidated, or certain or did not mature or become fixed, liquidated, or certain before August 21, 2023.

For more information on how to obtain and file a proof of claim form and associated documents, please visit <https://omniagentsolutions.com/RCASE>, or contact Omni Agent Solutions, Inc., the Debtor's claims agent via email at [RCASInquiries@omniagt.com](mailto:RCASInquiries@omniagt.com) or by phone at 888-480-6507 (U.S. and Canada toll free) or 747-293-0084 (International), between the hours of 9:00 a.m. and 5:00 p.m. (prevailing Pacific Time), Monday through Friday.

\*\*If you have questions about the bankruptcy case filed by the Archdiocese of San Francisco, please also visit the website at <https://sfarch.org> and follow the links for Chapter 11 Filing\*\*

FEBRUARY 14 TO MARCH 24, 2024



Sign up for two hours a week:  
 (415) 275-1776 | [40daysforlife.com/sanfrancisco](https://40daysforlife.com/sanfrancisco)

**STAR OF THE SEA CHURCH**  
 Purchase items in the church kiosk,  
 Light candles, Sunday Offertory,  
 Give!

**venmo**



Receive news & updates from Fr. Joseph Illo, sign up to [Flocknote.com/star](https://flocknote.com/star). Get access to the best selection of catholic educational materials, sign up for [formed.org](https://formed.org) (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes.



[Formed.org](https://formed.org)/Sign up as a parishioner/Create new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



New in the parish? Please register!  
 Nuevo en la Parroquia? Regístrate!  
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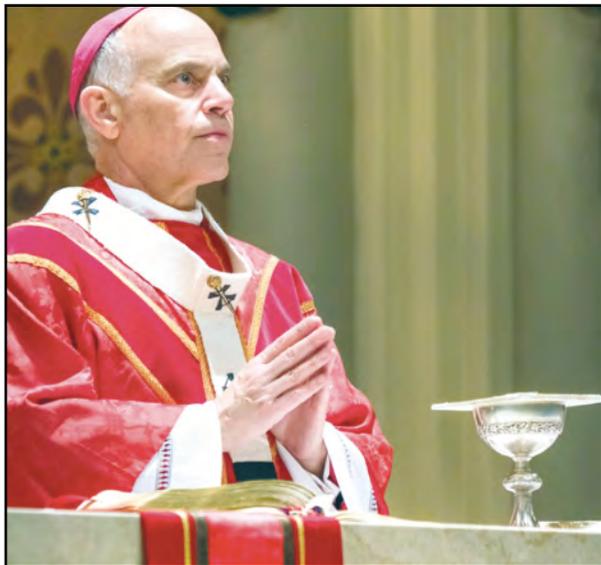
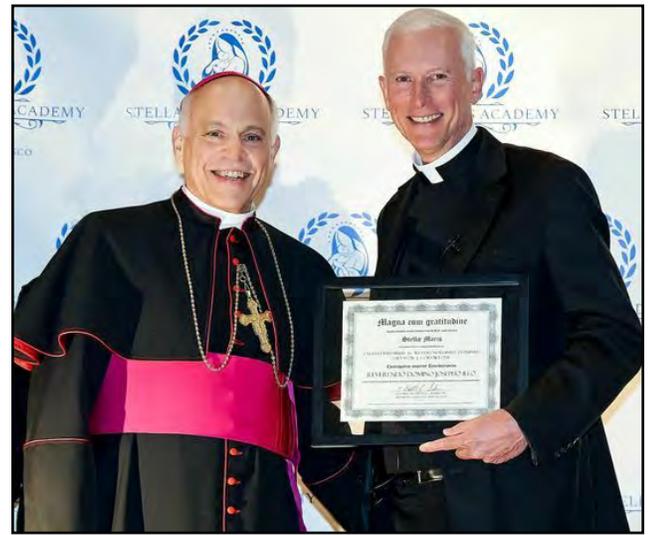
[www.starparish.com](https://www.starparish.com)

# STELLA MARIS ACADEMY



Thank you to all of our parishioners and their guests for supporting SMA's 2nd Annual Gala. I am grateful to the staff, volunteers and students who contributed so much to make this year's Mardi Gras Gala a big success! We had over 200 attendees at the sold-out event, honoring Fr. Illo on his 10th year serving as pastor of Star of the Sea. We were graced by Archbishop Cordileone's presence throughout the dinner and especially honored by his presentation of an episcopal blessing to Fr Joseph. Next year's Gala promises to be our best yet, so save the date for March 1, 2025.

Dr. Gavin Colvert  
Stella Maris Academy, Head of School



## ARCHDIOCESAN ANNUAL APPEAL - AAA

"Love your neighbor as yourself." *Matthew 22:39*

### From Archbishop Cordileone:

"Our Mission as a Church and people of the Catholic faith continues, so I invite you to participate in this year's Archdiocesan Annual Appeal. Your contribution is a vivid expression of your commitment to bring Christ to others, and it enhances our ability to spread and celebrate our faith".

**OUR GOAL THIS YEAR IS \$120,500 | 1% CLUB \$1205**

**To Donate Visit: [www.starparish.com](http://www.starparish.com) | or make a check to: AAA 2024**

We thank you for your generosity!



### STEWARDS STATS

Through work, we serve, minister, and become God's stewards on the earth.

**Time:** 8 people joined the Holy Face devotional prayers last Tuesday.

**Talent:** 20 volunteers helped at the Stella Maris Academy Gala last Saturday.

**Treasure:** Sunday Offering \$ 8,421

**To give online: [www.starparish.com/give](http://www.starparish.com/give)**



## STAR of the SEA TUESDAY HOLY HOUR

7:00PM - 8:00PM

Our prayer before the Eucharist is a time when we lean on Jesus' breast, like John did at the Last Supper, and allow his heart to speak to ours. "Cor ad cor loquitur" ("heart speaks to heart," was the episcopal motto of St. John Henry Newman).

*Confessions are available during Holy Hour.*