



**Welcome Walk for Life Pilgrims!** About 85 students and faculty from four schools (in San Diego, Los Angeles, and the North Counties) are staying at the parish this weekend

to attend the Walk for Life West Coast. Welcome to Star of the Sea and San Francisco! Michael John Poirier will be providing music for the pilgrims' Mass on Sunday (8am), as well as leading a holy hour on Saturday night from 9-10pm. Our thanks to all who organized both parish and archdiocesan events for the Walk, and of course to our own Eva Muntean and Dolores Meehan for putting on this important event for twenty years now.

**A Day of Prayer** I grew up near Washington, DC, attending the great March for Life, which has been an annual beacon of hope in our country since 1974. Our own Walk for Life, like the national March for Life, is *youthful*. The vast majority are teens, college students, seminarians and young priests, young religious sisters, and large families with abundant children and grandchildren. I often mistakenly call the Walk for Life "World Youth Day," since a joyful energy characterizes both experiences. But I must recall the reason for the Walk for Life, which is legalized killing of innocent children. Good will always win in the end, but we should properly mourn evil and work to correct it during our pilgrimage to heaven. The political leadership in California, as in other wealthy states, has made abortion a kind of religion, or at least a key political rallying point. Cynically building one's political career on the destruction of unborn children and their mothers is a great evil; the wholesale corruption of people's



thinking by the abortion industry, public education, and powerful media has greatly harmed our country since 1973. While the Walk for Life overflows with joyful energy, we must also mourn the great evil of legal abortion. We must do penance to cast out these demons. Participating in the Walk for Life is a joy, but also a penance, and must be understood as such.

**Walk for Life Every Week** Six or seven people from our parish pray at the Planned Parenthood abortion facility

twice a week (Thursdays at 6pm and Saturdays at 10am). I try to join them every Saturday morning, and I encourage you, who have walked for life this Saturday, to keep it up throughout the year. Make it a habit to pray at the place where mothers and fathers are deceived into allowing someone to kill their own children. "These demons," the Lord said, "can only be cast out by prayer and fasting." We must fast and pray here below, so that we can feast and rejoice eternally in the life of the world to come. We must do our part in witnessing to the Gospel of Life that Jesus Christ has purchased for us by his own blood. **School Gala** I'm very happy to announce that our school gala is almost sold out, but a few seats are still available for those who have not yet gotten around to it. I will give the keynote address on how the Church meets the needs of all

people, and in particular how Catholic education (especially in its traditional, "classical" pedagogy) has been irreplaceable in ordering and building western civilization. To buy a ticket, call the office or QR code the back of this bulletin. *Fr. Joseph Illo*



**STAR of the SEA  
Catholic Church**  
4420 Geary Blvd.  
San Francisco, CA  
94118  
(415) 751-0450  
[www.starparish.com](http://www.starparish.com)

**Office Hours**  
M-TH 8:30am-5pm  
Friday 8:30am-  
12pm, 1pm-5pm

#### CLERGY

**Fr. Joseph Illo**  
Pastor

**Fr. Mike Konopik**  
Parochial Vicar

**Fr. Michael Rocha**  
Parochial Vicar

**Deacon Albert Nimri**  
Parish Manager

#### STAFF

**Mariella Zevallos**  
Director of Communi-  
cations & Parish Life

**Lynn Kraehling**  
Director of Music

**Thelma Queri**  
Bookkeeper

**Juan Carlos Lopez**  
Sacristan

**Dennis Ow**  
Maintenance



**Dr. Gavin  
Colvert**

**Head of School**  
(415)745-2474

[www.stellamarissf.org](http://www.stellamarissf.org)

#### LITURGY AND DEVOTIONS SCHEDULE

Daily Mass: M-F, 7am Latin, 12noon, 6pm. Saturday 8:30am, 12noon Latin. Sat. Vigil Mass 4:30pm. Sunday, 8am, 9:30am, 11:30am Latin, 7:30pm. Holy Day Mass, 7am Latin, 12noon, 6pm Sung Latin Mass. Confessions, 20 min. before Mass; Sat, 3:15-4:15pm.

Eucharistic Adoration 24/7. Lauds, Mon-Fri 6:45am. Vespers, Mon-Fri 5:45pm. Holy Hour & Confessions, Tuesday 7pm-8pm. Devotions: Sacred Heart First Friday 12noon, 6pm Latin. Divine Mercy, Saturday 3pm. Lady of Perpetual Help, Wed. 12noon. Lady of Fatima First Saturday, 8:30am. Communal Rosary prayer after all daily Masses.

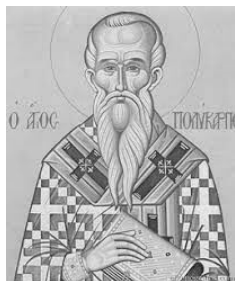
# The Sunday Scriptures

By Fr. Joseph Illo (Jon 3: 1-5, 10; 1 Cor 7: 29-31; Mk 1: 14-20) Repent and Believe Our Lord's first words upon embarking on his public ministry were "repent and believe," apparently in that order. To believe, that is, to trust God, we must shake off the blindness of heart that comes from sin. Most people start violating the laws of God as believers, but soon enough their sins cause them to lose their faith. So, if you want to fully believe, you must go to confession, early and often.



## STAR of the SEA TUESDAY HOLY HOUR 7:00PM - 8:00PM

Our prayer before the Eucharist is a time when we lean on Jesus' breast, like John did at the Last Supper, and allow his heart to speak to ours. "Cor ad cor loquitur" ("heart speaks to heart," was the episcopal motto of St. John Henry Newman). *Confessions are available during the Holy Hour.*



### EUCHARISTIC ADORATION

We celebrate St. Polycarp, bishop and martyr on January 26 (traditional calendar). He was an Early Church Father influenced by St. Paul and an apostle of St. John. St. Polycarp then influenced St. Irenaeus who explained transubstantiation.

Pray the words of St. Polycarp: *Lord, almighty God and Father ... I praise you for all things, I bless you, I glorify you through the eternal priest of heaven, Jesus Christ, your beloved Son. Through him be glory to you, together with him and the Holy Spirit, now and forever. Amen.*

Sign up for a weekly Holy Hour commitment at [www.adorationpro.org/star](http://www.adorationpro.org/star)



### FORMED RECOMMENDATIONS (Formed.org Free to all Parishioners)

Find the titles below at: <http://watch.formed.org>

### Respect Life | The Augustine Institute

The Augustine Institute Show with Dr. Tim Gray

Dr. Tim Gray welcomes Lynn Grandon on the Augustine Institute Show! Lynn is the Director of Respect Life at Catholic Charities of Denver and has served in various positions throughout her career to advance the pro-life movement. Come with your questions about Respect Life and how you can get involved in the pro-life movement!

# Mass Intentions

Sat 01/20	8:30am 12noon 4:30pm	+ Roger Mosher + Carolyn Marie White Int. of Dennis Ow and Family
Sun 01/21	8:00am 9:30am 11:30am 7:30pm	Int. of Damien Charlie Brown (bday) Int. of Mnemosyne Dumlao Int. of Fr. Joseph Illo People of the Parish
Mon 01/22	7am 12noon 6pm	Int. of Fr. Michael Rocha Int. of Laura Padilla (bday) Int. of Ernesto Lardizabal (bday) Int. of Angelina Ines Arellano (bday) + Maria Bruno + Souls in Purgatory + Jean Lo Chan + Cody James Moore + Kenneth Raymond Ward + Tyler Martin Gates + Juan Diego Miranda
Tue 01/23	7:00am 12noon 6:00pm	+ Carolyn Marie White In Thanksgiving of James Ines & Family Int. of Tess So
Wed 01/24	7:00am 12noon 6:00pm	+ Msgr. Floro Arcamo (anniv) + Sharon Tate + Donal John Bassman
Thu 01/25	7:00am 12noon 6:00pm	+ Catherine Ann Pietruszewski + Rosa and Francesco Siino Int. of Dr. Gavin and Danielle Colvert
Fri 01/26	7:00am 12noon 6:00pm	Int. of Irene Osborne + Mary and Miguel Dayoan Int. of Deacon Albert Nimri and Family
Sat 01/27	8:30am 12noon 4:30pm	+ Catherine Chow + Zelda Anderson White + Lois Emma Anderson

### Prayer for the Sick



Anne Kavanagh, Maria Jessue, Il'eana Rozario, Susan Lewitt, Paula Click, Brian Walsh, Oonough and all sick parishioners.

# Communal prayers

**Saturdays**, Divine Mercy Chaplet at 3pm in the church.

**Sundays**, Latin Rosary. You are invited to pray the rosary at 11am. Pamphlets with the Latin words will be provided.

**Sundays**, Rosary Walk 2:30pm at St. Mary's Cathedral. For updates: <https://star.flocknote.com/RosaryWalk>

# Programs & Ministries

<b>GENERAL INFORMATION</b> 415-751-0450 www.starparish.com	<b>BAPTISM, MARRIAGE &amp; ALL SACRAMENTS</b> 415-751-0450
<b>Adoration Committee</b> Laurie Murdock 415-244-8186 staradorationsf@gmail.com	<b>Parish Council</b> Ryan Sebers ryan@starparish.com
<b>Altar Servers</b> Bryan Calmeyer bryancalmeyer@me.com	<b>Rite of Christian Initiation of Adults (RCIA)</b> Gregory Moeck 310-694-6380 gmoeck@gmail.com
<b>Filipino American Association (FAASTAR)</b> Estrelle Chan 415-336-9193	<b>Star of the Sea Preschool Stella Maris Academy</b> Dr. Gavin Colvert gcolvert@stellamarissf.org
<b>Knights' Men's Ministry</b> Sean Sullivan stsullivan12@gmail.com	<b>Star Pro-Life Prayer Group</b> Thursdays 6-7pm, 1522 Bush St. https://star.flocknote.com/ Star-Pro-life
<b>Knights of Columbus</b> Ron Merida ronmerida@yahoo.com	<b>Sacred Music Program</b> Lynn Kraehling 415-812-2462
<b>Legion of Mary</b> James Crim 415-577-9817 james9crim@gmail.com	<b>Ushers and Greeters</b> Kevin Carter kcart911@gmail.com
<b>Lectors</b> Deacon Albert Nimri 415-683-4295 animri@starparish.com	<b>Young Adults</b> Tamika Bassman tamikabassman@gmail.com or Mason Friedberg masonfriedberg@gmail.com
<b>Marriage &amp; Family Apostolate</b> Christina Sullivan starmarriageandfamily@gmail.com	<b>Volunteer Opportunities</b> Mariella Zevallos mariella@starparish.com
<b>Thursday Bible Study, 3-4:30PM</b> Mary Ann Eiler 650-660-4546 Bill McCarty 415-876-8551	<b>Star Outreach to the Poor/Feed the homeless</b> Call the office 415-751-0450

Forming young hearts and minds for the journey of life

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### PLANNED

### GIVING

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A LEGACY OF BENEFITS

Please contact: mariella@starparish.com

Make a Will. Include your parish in your estate plans. Help preserve the mission and values of the church and its commitment to ministry.

### STAR OF THE SEA CHURCH

Purchase items in the church kiosk,  
Light candles, Sunday Offertory,  
Give!

venmo



### JOIN RCIA

#### RITE OF CHRISTIAN INITIATION OF ADULTS

Are you interested in becoming Catholic? Do you wish to receive the Sacraments of Eucharist and/or Confirmation?

Contact Greg Moeck | gmoeck@gmail.com | (310) 694-6380

Receive news & updates from Fr. Joseph Illo, sign up to Flocknote.com/star. Get access to the best selection of catholic educational materials, sign up for formed.org (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes.



Formed.org/Sign up as a parishioner/Create new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



New in the parish? Please register!  
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# STELLA MARIS ACADEMY



Dear Parishioners of Star of the Sea,

I am delighted to invite you to join us for an amazing weekend to kick off Catholic Schools Week 2024. Our 2nd annual gala takes place next Saturday, January 27th. Ticket sales close on

Monday and there are only a few seats

available to join us in honoring Fr. Joseph as he enters his 10th year as our pastor and the 130th year of our parish.

The Gala promises to be a memorable evening filled with music, delicious food, and fellowship. Next Sunday, January 28th, we will have our monthly Stella Maris Academy Family Mass at 9:30 am, followed by an Open House. Come learn about the Classical, Catholic school difference and the gift that Stella Maris Academy is to our parish and the city of San Francisco. We welcome current and prospective families, as well as all parishioners, to visit the school between 11 am and 2 pm.

God bless,

Dr. Gavin Colvert  
Head of School

STELLA MARIS ACADEMY  
IS PLEASED TO ANNOUNCE OUR

# MARDI GRAS GALA

HONOREE & KEYNOTE SPEAKER

*celebrating Fr. Joseph Illo's 10th year as pastor and the 130th Anniversary of Star of the Sea Parish*

SATURDAY, JANUARY 27, 2024  
5PM HORS D'OEUVRES – 6PM DINNER  
Tickets & Donations: [bit.ly/smagala2024](https://bit.ly/smagala2024)

STAR OF THE SEA GYMNASIUM  
345 8TH AVE  
SAN FRANCISCO

## OPEN House

Sunday, January 28th  
11:00a - 1:00p

360 9TH AVE, SAN FRANCISCO, 94118  
GEARY BLVD. AND 9TH AVE

COME & SEE  
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AND TRUTH IN BLOOM

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ANNIVERSARY  
OF D-DAY AND BATTLE OF NORMANDY  
1944-2024

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[mariella@starparish.com](mailto:mariella@starparish.com)  
[www.starparish.com](http://www.starparish.com)



### STEWARDS STATS

Through work, we serve, minister, and become God's stewards on the earth.

**Time:** 25+ people joined the Lady of perpetual help devotional prayers last Wednesday.

**Talent:** Four Stella Maris Academy children served at the school Mass last Friday.

**Treasure:** Sunday Offering \$6,793

Retirement Fund for Religious \$2,006

**To give online:** [www.starparish.com/give](http://www.starparish.com/give)