



**Catholic  
Schools Week**

By God's grace, our second annual Stella Maris Gala was sold out and a good time was

had by all! Many thanks to all who bought tickets and tables, and to the Archbishop and so many priests for spending the evening with us. During the dinner, Dr. Colvert (our Head of School) showed a 4-minute video he had produced about the school, which I found truly remarkable. I emailed all of you a link to this video during the gala, and I hope it inspires many of you to visit the school during one of our open houses today (from 10:30am-1:00pm).

**Marco and Maggie** Congratulations to our dear Marco Martin, who will take the hand of his beloved, Maggie Adams, in holy matrimony this Saturday. Marco will pledge his heart's fidelity to Maggie, and she to him, in the Lord Jesus. Both served on our Young Adults leadership team, and now move on to the next season of their lives, together, in Christ.

**The "Election Season"** I don't pay much attention to national politics these days, although I used to be a news junkie, consuming the *Chronicle* and the *Times* every morning. I still pay too much attention to Church politics, but I gave up the morning paper and the evening news some years ago. I gather, however, that the primaries are underway for our next president, and that it will be either Joe Biden or Don Trump. What to do when available leadership causes more embarrassment than confidence? Well, when earthly expectations diminish, we have to pin our hopes on God's providence, which will never disappoint. On my annual silent retreat last week I read a wonderful book by the new bishop of Oslo, a Trappist



Catherine Moeck at Stella Maris Academy

monk named Erik Varden. Father Eric (now "Bishop Varden") has written a little classic entitled *Chastity*. He gives sound counsel on chastity in the sexual sphere, which is greatly needed today, but he speaks of *purity of heart* in all aspects of life. One of those aspects is politics, which can dump dirt all over our hearts if we are not careful.

Bishop Varden often quotes the Desert Fathers, one of whose shortest bits of advice is "look up, not down." This is good advice when it comes to political drama. We are all tempted to watch the filthy evening news every night, which focuses on the seedy downsides of life. Sensational "news" is essentially looking down on people whom we think are more despicable than ourselves. KCBS tells us that they have the "news you need to know." Really? I've not listened to KCBS for ten years now, nor any other secular news source, and I'm still alive. Let us not waste time fretting over the world's convulsions. "Why do the nations rage, and the peoples meditate a vain thing?" asks the Second Psalm. Most of national politics and the news cycle is "vain"—empty, useless, pretentious, here today and gone tomorrow. Whether Biden or Trump gets elected is not so important, after all, since it is Jesus Christ who actually guides history. Try to maintain your peace during the upcoming "election season," knowing that God's will cannot be gainsaid. Better to think about the football season than the election season (will the Niners make it to the Super Bowl?).

Better to pay more attention to the seasons of mother nature (enjoying our California winter and springtime soon to come). Best of all, think on the seasons of grace: Christmas just past, Lent just around the corner, and an eternal Easter not far off. *Fr. Joseph Illo*



**STAR of the SEA  
Catholic Church**  
4420 Geary Blvd.  
San Francisco, CA  
94118

(415) 751-0450  
www.starparish.com

**Office Hours**  
M-TH 8:30am-5pm  
Friday 8:30am-  
12pm, 1pm-5pm

**CLERGY**

**Fr. Joseph Illo**  
Pastor

**Fr. Mike Konopik**  
Parochial Vicar

**Fr. Michael Rocha**  
Parochial Vicar

**Deacon Albert Nimri**  
Parish Manager

**STAFF**

**Mariella Zevallos**  
Director of Communi-  
cations & Parish Life

**Lynn Kraehling**  
Director of Music

**Thelma Queri**  
Bookkeeper

**Juan Carlos Lopez**  
Sacristan

**Dennis Ow**  
Maintenance



**Dr. Gavin  
Colvert**

**Head of School**  
(415)745-2474

www.stellamarissf.org

**LITURGY AND DEVOTIONS SCHEDULE**

Daily Mass: M-F, 7am Latin, 12noon, 6pm. Saturday 8:30am, 12noon Latin. Sat.Vigil Mass 4:30pm. Sunday, 8am, 9:30am, 11:30am Latin, 7:30pm. Holy Day Mass, 7am Latin, 12noon, 6pm Sung Latin Mass. Confessions, 20 min. before Mass; Sat, 3:15-4:15pm.

Eucharistic Adoration 24/7. Lauds, Mon-Fri 6:45am. Vespers, Mon-Fri 5:45pm . Holy Hour & Confessions, Tuesday 7pm-8pm. Devotions: Sacred Heart First Friday 12noon, 6pm Latin. Divine Mercy, Saturday 3pm. Lady of Perpetual Help, Wed. 12noon. Lady of Fatima First Saturday, 8:30am. Communal Rosary prayer after all daily Masses.

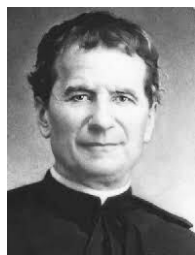
# The Sunday Scriptures

By Fr. Joseph Illo (Deut 18: 15-20; 1 Cor 7: 32-35; Mk 1: 21-28) In today's Gospel the people are amazed by Christ's *authority*. He teaches as one who commands rather than questions, who rules with serene authority. As we enter the politics of another national election (see the front page of this bulletin), let us be quite sure that no human leader has any authority, nor can he do any good or any damage, without permission from Christ the King.



## STAR of the SEA TUESDAY HOLY HOUR 7:00PM - 8:00PM

Our prayer before the Eucharist is a time when we lean on Jesus' breast, like John did at the Last Supper, and allow his heart to speak to ours. "Cor ad cor loquitur" ("heart speaks to heart," was the episcopal motto of St. John Henry Newman). *Confessions are available during the Holy Hour.*



### EUCCHARISTIC ADORATION

On January 31, we celebrate St. John Bosco. He had many dreams. In one of them he dreamt of two pillars submerged in a storm, one, of Mary, the other, of the Blessed Sacrament. He was guided by and guided others to the Eucharist, saying "If you want many graces, pay many visits to Jesus in the

Sacrament."

Pray: *St. John Bosco, I need your help, I need your prayers, I need your intercession to God for His grace to help me with... With your love of Mary, our Mother, pray for me! With your love for Jesus in the Blessed Sacrament, pray for me... Amen.*

Sign up for a weekly Holy Hour commitment:  
[www.adorationpro.org/star](http://www.adorationpro.org/star)



### FORMED RECOMMENDATIONS (Formed.org Free to all Parishioners)

Find the titles below at: <http://watch.formed.org>

#### Don Bosco: The True Story of the Apostle of Youth

A film about St. John Bosco, the beloved nineteenth century Italian priest who sought out the homeless youth of Turin to help them have a better life. He overcame incredible challenges, including the government who wanted him out of the way, an archbishop who tried to silence him, and the revolution that put a price on his head. But nothing could stop Don Bosco from rescuing the poor and outcast children to give them a home, teach them work skills, and catechize them in the Catholic Faith.

# Mass Intentions

Sat 01/27	8:30am 12noon 4:30pm	+ Catherine Chow + Zelda Anderson White + Lois Emma Anderson
Sun 01/28	8:00am 9:30am 11:30am 7:30pm	People of the Parish Int. of Star of the Sea Priests Int. of Nora Uyeda and Family + Joseph Edward Nunes
Mon 01/29	7am 12noon 6pm	Int. of Deacon Albert Nimri Int. of Maria Andam Int. of Hope and Alice Molina + Augusta Bolla + Edward Meehan (anniv) + Women who die after receiving abortion + Eliam Andam + Margaret Bentil + Precious Ababio + Barry McGrath (anniv) + Keith Laverne Ebeling
Tue 01/30	7:00am 12noon 6:00pm	Int. of Clarice Mandala + Assunta and Eugenio Giambona + Joseph Edward Nunes
Wed 01/31	7:00am 12noon 6:00pm	Int. of Monica Hallquist Int. of Thelma Queri and Family Int. of Natalia Marie Colmenero (bday)
Thu 02/01	7:00am 12noon 6:00pm	+ Donald Lee Lockett, Sr. Int. of Fr. Michael Konopik + Thomas Edwin Abbey
Fri 02/02	7:00am 12noon 6:00pm	Int. of Pura Lippi (bday) Int. of Edna Corpus-Herrera (bday) + For the souls of those who have jumped to their deaths from the Golden Gate Bridge
Sat 02/03	8:30am 12noon 4:30pm	+ Pierre Ausquy Int. of Marco Martin and Maggie Adams + Dr. Donald and Mary Lintner

### Prayer for the Sick



Anne Kavanagh, Maria Jessue, Il'eana Rozario, Susan Lewitt, Paula Click, Brian Walsh, Oonough, Kim Edwards and all sick parishioners.

# Communal prayers

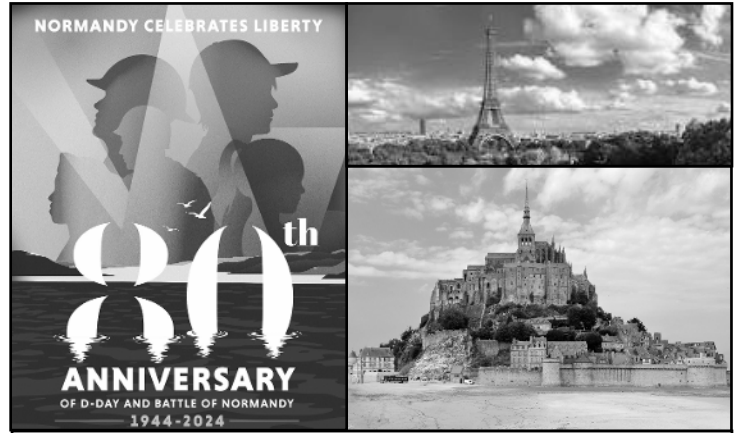
**Saturdays**, Divine Mercy Chaplet at 3pm in the church.

**Sundays**, Latin Rosary. You are invited to pray the rosary at 11am. Pamphlets with the Latin words will be provided.

**Sundays**, Rosary Walk 2:30pm at St. Mary's Cathedral. For updates: <https://star.flocknote.com/RosaryWalk>

# Programs & Ministries

<b>GENERAL INFORMATION</b> 415-751-0450 www.starparish.com	<b>BAPTISM, MARRIAGE &amp; ALL SACRAMENTS</b> 415-751-0450
<b>Adoration Committee</b> Laurie Murdock 415-244-8186 staradorationsf@gmail.com	<b>Parish Council</b> Ryan Sebers ryan@starparish.com
<b>Altar Servers</b> Bryan Calmeyer bryancalmeyer@me.com	<b>Rite of Christian Initiation of Adults (RCIA)</b> Gregory Moeck 310-694-6380 gmoeck@gmail.com
<b>Filipino American Association (FAASTAR)</b> Estrelle Chan 415-336-9193	<b>Star of the Sea Preschool Stella Maris Academy</b> Dr. Gavin Colvert gcolvert@stellamarissf.org
<b>Knights' Men's Ministry</b> Sean Sullivan stsullivan12@gmail.com	<b>Star Pro-Life Prayer Group</b> Thursdays 6-7pm, 1522 Bush St. https://star.flocknote.com/ Star-Pro-life
<b>Knights of Columbus</b> Ron Merida ronmerida@yahoo.com	<b>Sacred Music Program</b> Lynn Kraehling 415-812-2462
<b>Legion of Mary</b> James Crim 415-577-9817 james9crim@gmail.com	<b>Ushers and Greeters</b> Kevin Carter kcart911@gmail.com
<b>Lectors</b> Deacon Albert Nimri 415-683-4295 animri@starparish.com	<b>Young Adults</b> Tamika Bassman tamikabassman@gmail.com or Mason Friedberg masonfriedberg@gmail.com
<b>Marriage &amp; Family Apostolate</b> Christina Sullivan starmarriageandfamily@gmail.com	<b>Volunteer Opportunities</b> Mariella Zevallos mariella@starparish.com
<b>Thursday Bible Study, 3-4:30PM</b> Mary Ann Eiler 650-660-4546 Bill McCarty 415-876-8551	<b>Star Outreach to the Poor/Feed the homeless</b> Call the office 415-751-0450



## A PILGRIMAGE TO NORMANDY

Paris, Lisieux, Mont-Saint-Michel, Rouen, Bayeaux, Landing beaches in Normandy and more

**JUNE 2 -13, 2024**

Contact Mariella: 415-751-0450  
 or visit [www.starparish.com](http://www.starparish.com)

*To join the pilgrimage you must reserve by February 15. We have a few spots available.*

**PLANNED GIVING**  
**ONE CHARITABLE GIFT,**  
**A LEGACY OF BENEFITS**

Make a Will. Include your parish in your estate plans. Help preserve the mission and values of the church and its commitment to ministry.

Please contact: [mariella@starparish.com](mailto:mariella@starparish.com)



**JOIN RCIA**  
**RITE OF CHRISTIAN INITIATION OF ADULTS**

Are you interested in becoming Catholic? Do you wish to receive the Sacraments of Eucharist and/or Confirmation?

Contact Greg Moeck | [gmoeck@gmail.com](mailto:gmoeck@gmail.com) | (310) 694-6380

**STAR OF THE SEA CHURCH**  
 Purchase items in the church kiosk,  
 Light candles, Sunday Offertory,  
 Give!

**venmo**



Receive news & updates from Fr. Joseph Illo, sign up to [Flocknote.com/star](http://Flocknote.com/star). Get access to the best selection of catholic educational materials, sign up for [formed.org](http://formed.org) (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes.



Formed.org/Sign up as a parishioner/Create new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



New in the parish? Please register!  
 Nuevo en la Parroquia? Registrate!  
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[www.starparish.com](http://www.starparish.com)

# STELLA MARIS ACADEMY



Dear Friends of Stella Maris Academy,  
By now you know that our very own Archbishop Cordileone is one of our biggest fans! In his latest podcast, "A Reason for Hope" he explains so succinctly why he is passionate about Catholic, classical education.

"The Church teaching is very clear. The worst thing the Church can do if she wants to retain credibility in the world is to change her teaching....my experience-- and let's read the signs of the times-- What is classically Catholic works. Where is the church alive, young, and growing? It's where what's classically Catholic has been embraced—whether that's in worship, in education, or in religious life. People are thirsting for the Truth. With all the means we [in the Church] have to expose people to Truth, Goodness and Beauty leads to that encounter with the Truth who is Christ. I say let's do what is classically Catholic. It attains the status of classic by definition because it has withstood the test of time. It's beautiful in every age. It's universal. So it works."

Please join us at our Open House on 1/28 from 10:30 am to 1:00 pm. Our Family Mass at 9:30 and our Open House are the events to kickoff Catholic Schools Week 2024. Come see for yourselves how we help students seek Beauty, Goodness and Truth right here in the Heart of San Francisco.

Gavin T. Colvert, Ph.D.  
Head of School  
Stella Maris Academy

415-745-2474 | [www.stellamarissf.org](http://www.stellamarissf.org)



## STEWARDS STATS

Through work, we serve, minister, and become God's stewards on the earth.

**Time:** 40+ people joined the Lady of perpetual help devotional prayers last Wednesday.

**Talent:** Four volunteers helped at the parish office last week.

**Treasure:** Sunday Offering \$6,516

**To give online:** [www.starparish.com/give](http://www.starparish.com/give)

Forming young hearts and minds for the journey of life

## STELLA MARIS ACADEMY

Preschool to 8th Grade

360 9th Ave San Francisco, CA 94118

415-745-2474 | [info@stellamarissf.org](mailto:info@stellamarissf.org)

## OPEN House

Sunday, January 28th  
11:00a - 1:00p

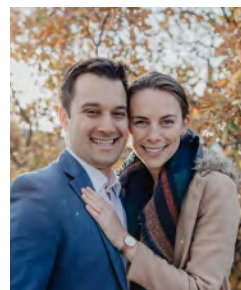
360 9TH AVE, SAN FRANCISCO, 94118  
GEARY BLVD. AND 9TH AVE



COME & SEE  
BEAUTY, GOODNESS,  
AND TRUTH IN BLOOM



Special thanks to Stella Maris Academy parents: Maria, Yusmary and Maureen (not in the picture) for making the flower arrangements for the Stella Maris Academy Gala.



Please note that the regular noon Mass on Saturday, February 3rd will be a Solemn High Nuptial Mass for the wedding of Maggie Adams and Marco Martin. The couple welcomes all to attend the Mass and asks attendees to consider wearing formal attire to honor this special occasion."