



“To adore and to serve” With those two words Pope Francis concluded the first Synod on Synodality last week. The fundamental purposes of the Church, he said, are to *adore*—to worship, praise, glorify, and thank God—and to *serve*—to build each

other up in Christian charity. Christ commanded the Church to deliver His word and His sacraments (to adore), but Pope Benedict XVI reminded us of a third *munus* or "task" from the Lord: charity (to serve, especially the poor). “Charity is not a kind of welfare activity which could equally well be left to others,” the Pope wrote in *Deus caritas est* (2005), “but is a part of her nature, an indispensable expression of her very being.” The first commandment is to love God (in word and sacrament) but the second commandment is to love our neighbor (in charitable service). Notice, however, that *adoration* comes before *service*. We will not and cannot serve others well if we do not first spend time in prayer with God. Only adoration gives us the joyful energy necessary to love those whom we find it hard to love, day after day (think of your spouse, your employer, that annoying co-worker, or the public official whose policies you detest).

Eucharistic Adoration In closing the Synod, Pope Francis emphasized adoration just as your parish priests were preaching on Eucharistic adoration last Sunday. Of the 700 people at Mass over the weekend, 25 committed to one holy hour a week, for which I’m grateful. Of the 2,304 registered members of our parish, 157 have committed to an hour a week, for which I’m grateful (because of these 157 and now 25 more, we can keep the chapel open 24/7). But we could do better. The Archbishop

and I want *every Catholic* to schedule a Eucharistic holy hour for themselves every week. If an hour a week seems intimidating or impractical, you could start with a ten-minute visit every week. Jesus just wants to see you, to have you all to himself for ten minutes. You will be amazed how much even ten minutes before the Blessed Sacrament can improve your week. Pope Francis’ last words at the Synod were about adoration: “Adoration is the first response we can offer to God’s gratuitous and astonishing love. The amazement of adoration, the wonder of worship, is something essential in the

life of the Church, especially in our own day in which we have abandoned the practice of adoration.... May worship be central for those of us who are pastors: let us devote time every day to intimacy with Jesus the Good Shepherd, adoring him in the tabernacle.” That last line is important: people follow their priests. If the priests are making their holy hours, the people will make theirs too. I encourage our priests to make a daily holy hour, and you should too. As Fulton Sheen often said, the daily holy hour is essential for priests.

Tuesday Holy Hour Everyone got a pretty postcard with instructions on how to sign up last Sunday, and I’ll be giving those out this Sunday too. You could also establish the good habit of adoration by attending the 7pm Tuesday Holy Hour, which we’ve been doing continuously since 2015. It begins with a rosary and ends with benediction, and it’s the bedrock for our Young Adults group. Perhaps you could make it the bedrock of your week too.

Fr. Joseph Illo



Above: St. Nicholas and Santa Lucia at our School's All Saints Festival
Below: The Harpa Dei Family Quartet, who sang last weekend



STAR of the SEA Catholic Church

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(415) 751-0450
www.starparish.com

Office Hours
M-TH 8:30am-5pm
Friday 8:30am-5pm,
Closed 12:00-1:00pm

CLERGY
Fr. Joseph Illo
Pastor
Fr. Mike Konopik
Parochial Vicar
Fr. Michael Rocha
Parochial Vicar
Deacon Albert Nimri
Parish Manager

STAFF
Mariella Zevallos
Communications and
Parish Life Director
Lynn Kraehling
Director of Music
Thelma Queri
Bookkeeper
Juan Carlos Lopez
Sacristan
Dennis Ow
Maintenance



Dr. Gavin Colvert
Head of School
415-745-2474
www.stellamarissf.org

LITURGY AND DEVOTIONS SCHEDULE

Daily Mass: M-F, 7am Latin, 12noon, 6pm. Saturday 8:30am, 12noon Latin. Sat. Vigil Mass 4:30pm. Sunday, 8am, 9:30am, 11:30am Latin, 7:30pm. Holy Day Mass, 7am Latin, 12noon, 6pm Sung Latin Mass. Confessions, 20 min. before Mass; Sat, 3:15-4:15pm.

Eucharistic Adoration 24/7. Lauds, Mon-Fri 6:45am. Vespers, Mon-Fri 5:45pm. Holy Hour & Confessions, Tuesday 7pm-8pm. Devotions: Sacred Heart First Friday 12noon, 6pm Latin. Divine Mercy, Saturday 3pm. Lady of Perpetual Help, Wed. 12noon. Lady of Fatima First Saturday, 8:30am. Communal Rosary prayer after all daily Masses.

The Sunday Scriptures

By Fr. Joseph Illo One Father (Mal 1: 14b -2:2b, 8-10; 1 Thess 2: 7b-9, 13; Mt 23: 1-12) "You have but one Father, in heaven," Our Lord tells us in the Gospel today. Belief in "one Father" is the only real basis for justice and peace. If we lose our faith in God, our rule of law, our social order, and even the individual's sense of personal dignity quickly breaks down. The way back to a just and peaceful social order is through faith in God, the Father of all who live.



EUCHARISTIC ADORATION 24/7

November 4th marks the feast day of St. Charles Borromeo. He was one of the greatest influencers of the Counter-reformation, working toward the restoration of integrity in the Catholic Church, and as Archbishop did

this by providing a better education to clergy. He is especially known for his intelligence and for his pastoral wisdom. He is known to say, "Prayer is the beginning, the progress and the complement of all virtues". Come grow in virtue by praying with a weekly Holy Hour. Sign up at www.adorationpro.org/star.

ALL SOULS ALTAR

Now is the time to make an offering for our All Souls' altar (envelopes available at the church doors) and bring in photographs of your beloved dead. Both the Holy Souls in Purgatory and the Saints in Heaven pray for us here on earth, so let's make November a most holy month in communion with the Church Suffering and the Church Triumphant.

PLANNED GIVING

ONE CHARITABLE GIFT, A LEGACY OF BENEFITS

Make a Will. Include your parish in your estate plans. Help preserve the mission and values of the church and its commitment to ministry.

For information contact: mariella@starparish.com

A Catholic Academy of Arts & Sciences

Nativity High School is a new classical Catholic high school opening in 2024. Join us for an Open House on Sunday, November 5th between 8:30am and 2pm to learn about this exciting new educational opportunity. The event takes place on the 3rd floor of Stella Maris Academy. Learn more at www.nativityhs.org.

Mass Intentions

Sat 11/04	8:30am	+ Luz Castillo (anniv)
	12noon	+ Felix and Genoviva Macahilas
	4:30pm	Int. of Eva K. Muntean (bday)
Sun 11/05	8:00am	Int. of Eva Olga Svobodova (bday)
	9:30am	Int. of Noemi Iraheta (bday) + Danilo Sendin (bday)
	11:30am	+ Jacques Gaiddon
	7:30pm	People of the Parish
Mon 11/06	7:00am	Int. of William Hays Int. of Angel Gamez (bday) + Glenn F. Rabon, Jr. + Eyan Charles Zarrabi + Holy Souls in Purgatory
	12noon	Int. of Adriano Villanueva Int. of Felix, Lucy and the Tai Family + George Lau + Jason Daniel Jablonski + Joshua Andrew Zalabowski
	6:00pm	Int. of Eva Olga Svobodova Int. of Elaine and Allen Chiou + Vincent R. Cucina + Tyler Martin Gates + Kenneth Raymond Ward
Tue 11/07	7:00am	+ Deceased Legionaries
	12noon	+ Maria Zofia and Lechoslaw Josef Rosinski
	6:00pm	Int. of Eva Olga Svobodova
Wed 11/08	7:00am	Int. of John Nittolo for success of surgery + George Nickels Kern
	12noon	+ Deceased of the Dreon & Beltrame families
	6:00pm	+ Kay Gleske
Thu 11/09	7:00am	+ Patricia Dressel
	12noon	+ Carol Murdock (anniv)
	6:00pm	Int. of Fr. John Mary Chung
Fri 11/10	7:00am	+ Marie Brien
	12noon	Int. of Fr. John Mary Chung (bday)
	6:00pm	+ Yoke Chin
Sat 11/11	8:30am	+ All Souls
	12noon	Int. of Pro-Life
	4:30pm	+ Parker H. Moriwaki

Prayer for the Sick



Esmenia Batinga, Margaret Stangl, Margaret Sellai, Miriam Valle, James Estrada, Vicki Kruschin, John Johnson, Delora Roanhorse, Yemame Ambaye, Carol Calabro, Fr. Allan Wilson, Diana Munoz, Carmen Smith, Rosemary Wood, Patrick Loughran, Antonio Oliva, Rebecca Patawaran, John Nittolo, Angelo Amadeo, Bill Flora, Dominic Colvert, Maria Teresa Avendano, Harper Killey, Marta and Stahly Brown, Mary Ann Eiler, Susan Yates, Lorna Fera, Leonard Lupinesky, Karen Alexander, Irma Martinez, Trina Flynn, Jeannine Donohue, Elena Tillman, John Kern, Bob Tobin, David Torkelson, Jeanne Bovigny, Anne Kavanagh, Maria Jessue, Il'eana Rozario and Susan Lewitt.

Programs & Ministries

Calendar of Events

GENERAL INFORMATION 415-751-0450 www.starparish.com	BAPTISM, MARRIAGE & ALL SACRAMENTS 415-751-0450
Adoration Committee Laurie Murdock, 415-244-8186 staradorationsf@gmail.com	Parish Council Ryan Sebers, Chair ryan@starparish.com
Altar Servers Bryan Calmeyer bryancalmeyer@me.com	Rite of Christian Initiation of Adults (RCIA) Gregory Moeck, 310-694-6380 gmoeck@gmail.com
Filipino American Association (FAASTAR) Estrelle Chan, 415-336-9193	Star of the Sea Preschool Stella Maris Academy Dr. Gavin Colvert gcolvert@stellamarissf.org
Knights' Men's Ministry Sean Sullivan stsullivan12@gmail.com	Star Pro-Life Prayer Group Thursdays 6-7pm, 1522 Bush St. https://star.flocknote.com/ Star-Pro-life
Knights of Columbus Ron Merida ronmerida@yahoo.com	Sacred Music Program Lynn Kraehling, 415-812-2462 lynn@starparish.com
Lectors Deacon Albert Nimri 415-683-4295 animri@starparish.com	Ushers and Greeters Kevin Carter kcart911@gmail.com
Legion of Mary James Crim, 415-577-9817 james9crim@gmail.com	Young Adults Tamika Bassman, tamikabassman@gmail.com or Mason Friedberg, masonfriedberg@gmail.com
Marriage & Family Apostolate Christina Sullivan starmarriageandfamily@gmail.com	Volunteer Opportunities Mariella Zevallos mariella@starparish.com
Bible Study Thursday 3PM Mary Ann Eiler, 650-660-4546 Bill McCarty 415-876-8551	Star Outreach to the Poor/Feed the homeless Rosa Mendoza, 510-978-2519

Thursdays, 3-4:30pm Bible Study in the rectory office.
Saturdays, Divine Mercy devotion at 3pm in the church.
Sundays, Rosary Walk, 2:30pm at St. Mary's Cathedral. For updates: [https://star.flocknote.com/Rosary Walk](https://star.flocknote.com/RosaryWalk)
Sundays, Latin Rosary: You are invited to pray the rosary at 11am. Pamphlets with the Latin words will be provided.



FORMED RECOMMENDATIONS (Formed.org Free to all Parishioners)

Find the titles below at: <http://watch.formed.org>

The Story of Death | Eternal Rest | Episode 1

Where did death come from? What does death mean for the human person? Is it simply just part of life, or is it something else? In this first session, we discuss the story of death and God's response to it: defeating death by dying and rising from the dead.

View all episodes here: <https://watch.formed.org/eternal-rest>

Brother Francis - All Souls Day

All Saints Day and All Souls Day | Brother Francis

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Formed.org/Sign up as a parishioner/Create new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



New in the parish? Please register!
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The first ten weeks of our school year have been filled with wonderful events highlighting what makes Stella Maris Academy such an extraordinary school. From our annual Fun Run to a variety of performing arts events, there is always something special happening on campus.

We are thrilled that the St. Mary's Cathedral Choir School will be coming to Stella Maris Academy in 2024. The school, which is under the direction of Chris Tietze, was originally founded in 2009 with the cooperation of St. Brigid's School in San Francisco. SMA families were treated to a wonderful performance by their choir last week and in exchange, St. Brigid families were welcomed to learn more about both the elementary and soon-to-be opened Nativity High School.



Our students partnered with SF Opera to present a lively version of *Elixir of Love* by Gaetano Donizetti. The month rounded out with our annual Parade of Saints, as all students in PreK to Grade 8 donned their saintly garb and filled the

auditorium with these models of heroic virtue.

Gavin T. Colvert, Ph.D.

Stella Maris Academy, Head of School



The Cathedral Choir School from St. Brigid visits Stella Maris Academy. Below, San Francisco Opera and SMA students presented Elixir of Love.



Stella Maris Academy Presents Veterans Day 2023

Thursday, November 9, 2023 8:00am | Auditorium
PARENTS, VETERANS, & SPECIAL FRIENDS
are invited to our Veterans Day Assembly.
Social to follow.



Stella Maris Academy Bake Sale School Yard

Sunday, November 5, after the 9:30am Family
Mass and the 11:30am Latin Mass.



STEWARDS STATS

Through work, we serve, minister, and become God's stewards on the earth.

Time: 25+ people joined the Divine Mercy chaplet last Saturday.

Talent: 11 altar servers attended the Latin Mass last Sunday.

Treasure: Sunday Offering \$11,245

To give online: www.starparish.com/give

