



Catholic Doctors and Nurses For several years I was chaplain to a local chapter of the Catholic Medical Association in Modesto, and now I'm chaplain to the Bay Area Catholic Medical Association. The "CMA" consists of doctors, nurses, and allied healthcare professionals (and one priest) who

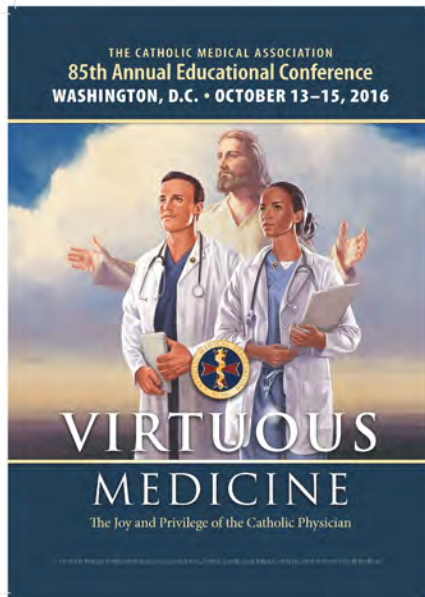
meet quarterly for the 8:30 Saturday morning Mass at Star of the Sea, followed by a light breakfast with a speaker on some topic of interest.

On July 15 we met at the rectory after Mass for a talk by Dr.

Michel Accad on "Healthcare in the Early Church." He described the history of healthcare from the Hippocratic Oath (fourth century BC) to the Church's development of hospital systems in the third century AD to the orders of nursing sisters of our own time. Dr. Accad explained that while the pagan Greeks and Romans saw the human body as a kind of machine that needed fixing, Christians saw the human person as one body-soul composite. Christians understood that healing the body also healed the soul, and so healthcare began treating the whole person, not just the body's physical symptoms. We also learned that, in pagan societies, doctors would abandon people with incurable diseases, but with the advent of Christianity doctors would care for the sick until death, treating both body and soul. In our own time, healthcare is moving back toward a pre-Christian understanding of the human body as a kind of machine that must be serviced like a car, and can be insured like a car. So, while the healthcare industry has grown exponentially, and we are "healthier" than ever before, "deaths by despair" (suicide, drug addiction and overdose, obesity, etc.) have also exponentially increased.

Healthcare is Ground Zero Healthcare is

arguably the nation's most lucrative industry at this time (receiving virtually unlimited funding from the government), and also ground zero for the culture wars. How we treat our illnesses and how we try to prevent disease defines how we understand the human person and our communities. Catholic healthcare is under relentless opposition from the secular powers of our time, with government attempting to force doctors and nurses to perform abortions, genital mutilations, and other acts against their conscience and against true health care. Our area used to have more than six large Catholic hospitals, but with the sale of Seton in Daly City, not one Catholic hospital remains—all have been sold to secular corporations, even if they retain their Catholic names. Catholic doctors, nurses, and allied healthcare professionals striving to practice truly Christian healthcare need mutual support, and this is what the CMA provides. Apart from the presentations at every meeting, members engage in thoughtful discussions about how to navigate these stormy waters. Our next Mass and



breakfast meeting will October 14, with Fr. Justin Gable, who teaches at the Dominican School in Berkeley, speaking on Just War theory. To inquire about becoming a member, please email Dr. Stephen A. McCurdy, our current president, at samccurdy@ucdavis.edu.

Sports Speaking of the body-soul composite, and recently had dinner with Coach Patrick Walsh and his wife, I can only marvel at how this football coach at Sierra High school in San Mateo for many years has helped hundreds of young men reach physical, academic, emotional, and spiritual excellence. The human person is healthy or unhealthy on a number of levels, and sports, done well, forms the whole person. Many thanks to our esteemed football, basketball, soccer, and volleyball coaches! *Fr. Joseph Illo*



STAR of the SEA Catholic Church
4420 Geary Blvd.
San Francisco, CA 94118
(415) 751-0450
www.starparish.com

Office Hours
M-TH 8:30am-5pm
Friday 8:30am-5pm,
Closed 12:00-1:00pm

CLERGY
Fr. Joseph Illo
Pastor
Fr. Mike Konopik
Parochial Vicar
Fr. Michael Rocha
Parochial Vicar
Deacon Albert Nimri
Parish Manager

STAFF
Mariella Zevallos
Communications and
Parish Life Director
Lynn Kraehling
Director of Music
Thelma Queri
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Juan Carlos Lopez
Sacristan
Dennis Ow
Maintenance



Dr. Gavin Colvert
Head of School
415-745-2474
www.stellamarisf.org

LITURGY AND DEVOTIONS SCHEDULE

Daily Mass, M-F, 7am Latin, 12noon, 6pm. Saturday 8:30am, 12noon Latin
Sunday Mass, Sat. Vigil 4:30pm; Sunday, 8am, 9:30am, 11:30am Latin, 7:30pm
Holy Day Mass, 7am Latin, 12noon, 6pm Sung Latin Mass

Eucharistic Adoration 24/7 | Lauds, Mon-Fri 6:45am | Vespers, Mon-Fri 5:45pm
Holy Hour & Confessions, Tuesday 7pm-8pm. Devotions: Sacred Heart, First Friday 12noon, 6pm Latin; Divine Mercy, Saturday 3pm; Lady of Perpetual Help, Wed. 12noon; Our Lady of Fatima, First Saturday, 8:30am

The Sunday Scriptures

By Fr. Joseph Illo (1 King 3: 5, 7-12, Rom 8: 28-30, Mt 13: 44-52) Joy "Out of joy, he goes and buys that field." Have you ever felt the joy of pursuing and acquiring something you just needed to have? A car? A certain computer? A home? How about a wife or husband, and the children that marriage makes possible? All of these good things are only shadows of the one thing that brings perfect joy: the Gospel of Jesus Christ. Sell all that you have to get Him!



EUCHARISTIC ADORATION

July 20th is the feast day of St. Margaret of Antioch. She was sent in jail because she was a Christian. She firmly confirmed, "I adore Christ and serve Him."

In jail, she was swallowed by a dragon, who spit her out because her crucifix scratched its throat. She was scourged, then burned, and they attempted drowning her, but she was miraculously healed, which converted many. She was known to speak to St. Joan of Arc, and is often invoked for deliverance from demonic possession.

Come profess your faith with a weekly commitment before the Blessed Sacrament Sign up at www.adorationpro.org/star



Foundation of Prayers for Priests

join our Crusade of Prayers for Priests and Priestly Vocations

For information contact
Carmen Duran: (619) 606-8730 or
Geoff Brown: geoff_brown@icloud.com

Book recommendation:

Praying for Priest - *An Urgent Call for the Salvation of Souls*, by Kathleen Beckman L.H.S (For purchase in our church kiosk, \$15)

PLANNED GIVING

ONE CHARITABLE GIFT, A LEGACY OF BENEFITS

Make a Will. Include your parish in your estate plans. Help preserve the mission and values of the church and its commitment to ministry.

A legacy gift may be the ultimate way to impact lives for generations.

For information contact: mariella@starparish.com

Mass Intentions

Sat. 07/29	8:30am	Int. of Dana Nunez
	12noon	+ Lidia Quintana Diaz
	4:30pm	+ Catherine Chow
Sun 07/30	8:00am	People of the Parish
	9:30am	Int. of Suthee Tritasavit and Family
	11:30am	Int. of Jacob Gamez-Mendoza
	7:30pm	Int. of Christopher Hernandez
Mon 07/31	7:00am	Int. of Sean Hughes Int. of Kira Powloski Int. of Ron Konopaski Int. of Orion Wagner (bday) + Souls in Purgatory
	12noon	Int. of Brenda Aragon (bday) Int. of Aaron Kerry for healing + Tang Lau + Francisco Lam + Mrs. Peggy Sullivan
	6:00pm	Int. of Mitchell Tu Int. of Gina Montano Int. of Christina Mamaril + Flocerpida Olarte + Mrs. Peggy Sullivan
Tue 08/01	7:00am	+ Raymond Bidondo
	12noon	+ Maria Bruno
	6:00pm	Int. of Eva K. Muntean
Wed 08/02	7:00am	+ Parker H. Moriwaki
	12noon	+ John Peter Illo
	6:00pm	+ Maria Casavilca (anniv)
Thu 08/03	7:00am	+ Holy Souls in Purgatory
	12noon	Int. of Felix, Lucy and The Tai Family
	6:00pm	Int. of Petra Smitkova
Fri 08/04	7:00am	Int. of Glenda Condran
	12noon	+ All Souls
	6:00pm	For the souls of those who have jumped to their deaths from the Golden Gate Bridge
Sat 08/05	8:30am	Int. of Maggie Adams (bday)
	12noon	Int. of Thomas Feria (bday)
	4:30pm	Int. of Dolores Papa and Family

Prayer for the Sick



Esmenia Batinga, Margaret Stangl, Margaret Sellai, Miriam Valle, James Estrada, Vicki Kruschin, John Johnson, Delora Roanhorse, Howard Morita, Yemame Ambaye, Carol Calabro, Fr. Allan Wilson, Diana Munoz, Marissa Piol, Carmen Smith, Rosemary Wood, Patrick Loughran, Antonio Oliva, Rebecca Patawaran, John Nittolo, Angelo Amadeo, Bill Flora, Dominic Colvert, Maria Teresa Avendano, Harper Killey, Marta and Stahly Brown, Mary Ann Eiler, Susan Yates, Lorna Feria, Leonard Lupinesky, Karen Alexander, Irma Martinez, Trina Flynn and Jeannine Donohue, Elena Tillman and John Kern.

GENERAL INFORMATION 415-751-0450 www.starparish.com	BAPTISM, MARRIAGE & ALL SACRAMENTS 415-751-0450
Adoration Committee Laurie Murdock, 415-244-8186 staradorationsf@gmail.com	Parish Council Ryan Sebers, Chair ryan@starparish.com
Altar Servers Bryan Calmeyer bryancalmeyer@me.com	Rite of Christian Initiation of Adults (RCIA) Gregory Moeck, 310-694-6380 gmoeck@gmail.com
Filipino American Association (FAASTAR) Estrelle Chan, 415-336-9193	Star of the Sea Preschool Stella Maris Academy Dr. Gavin Colvert gcolvert@stellamarissf.org
Knights' Men's Ministry Sean Sullivan stsullivan12@gmail.com	Star Pro-Life Prayer Group Thursdays 6-7pm, 1522 Bush St. https://star.flocknote.com/Star-Pro-life
Knights of Columbus Ron Merida ronmerida@yahoo.com	Sacred Music Program Lynn Kraehling, 415-812-2462 lynn@starparish.com
Lectors Deacon Albert Nimri 415-683-4295 animri@starparish.com	Ushers and Greeters Kevin Carter kcart911@gmail.com
Legion of Mary James Crim, 415-577-9817 james9crim@gmail.com	Young Adults Marco Martin, 415-419-4965 marcogmartin3@gmail.com
Marriage & Family Apostolate Christina Sullivan starmarriageandfamily@gmail.com	Volunteer Opportunities Mariella Zevallos 415-751-0450 mariella@starparish.com
Bible Study Thursday 3PM Parish rectory 4420 Geary Blvd Mary Ann Eiler, 650-660-4546 Bill McCarty 415-876-8551	Star Outreach to the Poor/Feed the homeless Rosa Mendoza, 510-978-2519

Rosary Prayer after all daily Masses: M-F 7am. 12noon, 6pm; Sat. 8:30am, 12noon and Sundays 11:30am (Latin)
Sunday July 30, 2:30pm Rosary prayer at St. Mary's Cathedral. <https://star.flocknote.com/RosaryWalk>
Saturdays, Divine Mercy devotion at 3pm in the church.



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THE PARISH OFFICE

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www.starparish.com



FORMED RECOMMENDATIONS

(Formed.org Free to all Parishioners)

Look for the titles below at:
<http://watch.formed.org>

Ignatius of Loyola

This modern and very human take on the story of St. Ignatius of Loyola, the founder of the Jesuits, often called "The Saint of Second Chances," is an incisive and thrilling look at the life of the real man behind the legend. In his lifelong quest to become the heroic knight of his fantasies, Ignatius stares death in the face again and again, having his leg shattered by a cannonball in battle, driven to near suicide by his inner demons, finding himself imprisoned, accused of being an illuminati, and finally finding his life in the hands of the Inquisition. Through it all, he would come to see the hand of God working in his life, shaping the self-obsessed sinner into the loyal and passionate soldier-saint.

Receive news & updates from Fr. Joseph Illo, sign up to Flocknote.com/star. Get access to the best selection of catholic educational materials, sign up for formed.org (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes.



Formed.org/Signup/sign up as a parishioner/Create new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



New in the parish? Please register!
Nuevo en la Parroquia? Registrate!
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Star of the Sea Church



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**Children's Catechism
Preparation for
First Holy Communion**
(7 years old/2nd grade or up)

September - May

Sundays after the 9:30am Mass.
For more information contact
Mariella at the parish office
(415) 751-0450.
Register: www.starparish.com

RCIA RITE OF CHRISTIAN INITIATION OF ADULTS



If you are interested in becoming Catholic, learning about Catholicism, or who wish to receive the Sacraments of Eucharist and/or Confirmation.

Wednesdays 7pm to 8:30pm.

**For information please contact
Greg Moeck
gmoeck@gmail.com | (310)
694-6380**

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STEWARD STATS

"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms." (1 Peter 4-10)

Time: 20 people joined the Divine Mercy chaplet last Saturday.

Talent: Three volunteers helped at the rectory office last week.

Treasure: Sunday Offering \$7,258

To give online: www.starparish.com/give

MARRIAGE AND FAMILY APOSTOLATE

Our Marriage & Family Apostolate's Monthly Family Lunch will be held at Holy Family House (former convent across 8th Ave) after both the 9:30 and 11:30 Masses. Catering provided by Ike's Love & Sandwiches.

Text Christina
917-375-2158 for the gate code.



KNIGHTS' MEN'S MINISTRY

KMM will NOT be meeting this Wednesday, Aug. 2. Instead, we will have a meeting on Saturday, Aug. 12 at 8AM, in the gym parking lot to build storage areas for the parish. This will be an all-day project with the church providing a light breakfast and a pizza lunch. Bring work gloves. For details and to sign up, please contact Sean Sullivan at stsullivan12@gmail.com.

STAR OF THE SEA A shrine church to our Lady of the Holy Rosary

Visit our 16 Marian Apparitions shrines.
Light a candle.
Stay for quiet prayer.
Open daily 6am to 7pm.
All are welcome!

