

Our Mission is: To evangelize God's people beginning with the gift of the Holy Eucharist

June 4, 2023 Trinity Sunday (Pg 688 red missal) Trintiy Sunday (Pg 696 Latin 1962 missal)

Our Lady, Spouse of the Holy Spirit,

Mother of the Sacred Heart, in our

church on Pentecost 2023



Life in the Holy Trinity Today Holy Mother Church celebrates Trinity Sunday, the core mystery of our Christian faith, that God is three and God is one. God is three--a community of persons, not an isolated individual huddled over a little glowing screen (!). But God is

also *one*--the first principal and final end to all of reality, the one absolute truth beyond all the changes, distractions, and dissipations of earthly life. Our task in this life is to focus all our hope

and energy on entering into eternal life with the Holy Trinity, the inner life of absolute love between Father, Son, and Holy Spirit. The evil one scatters, dissipates, and confuses, but each of us, strengthened by our supportive communities (family, parish, and circles of friends), must cut through these distractions to reach heaven. Come, O Holy Spirit, take us home!

Praying for Our Dead As there are three persons in one God, so there are three parts to the Church: those in heaven, those in purgatory, and those on earth (the Church triumphant, suffering, and militant). We belong (at the moment) to the Church Militant, valiently fighting to defend our faith. But we cannot forget those in purgatory, in which we assume (to be safe) all our beloved dead (if

not canonized by the Church) are suffering a fierce purification. Last Monday our church was full of people praying for the dead. It was the 9th Day of my father's death, and I offered a memorial Mass for his soul. I was touched by how many attended, and I realized that everyone that night was also mourning the death of someone close to them. I looked around and said to myself, "she lost her husband last year; they lost their brother a few months ago; she lost her mother in 2021; he went

back to France to bury his father 6 months ago; etc." Requiem aeternam dona eis, Domine, our lovely choir sang. "O Lord, grant them eternal rest." After Monday's requiem Mass, most folks stayed in the church to pray the rosary, filling the church with Ave's and Pater's. Our voices swelled up from pleading and grateful hearts, filling each of us with hope. At every funeral Mass we pray for all the faithful departed, anticipating our own death, hoping that angels will lead us to heaven from the very spot where we will have breathed our last (for my father, John Peter, that was in a nursing home

in Chambersburg, Pennsylvania). The last words of the choir, as we recessed, were the same words I heard as I bore my father's body to his grave last Saturday: In paradisum deducant te angeli. "May angels lead you to paradise...." We grieve, but we hope. We "expect," and we await, in the words of the Creed, the resurrectio mortuorum. The final word on human existence is Resurrection. He will raise up those who trust in Him, to live eternally within the Great Communion of Father, Son, and Holy Spirit.

The Sacred Heart We have said a fond farewell to Our Lady's Month of May, and we have entered the glorious Month of the Sacred Heart. Fr. Michael will offer a sung Mass on June 16 at 6pm, the Feast of the Sacred Heart of Jesus. But first we will

offer a sung Mass of Corpus Christi on June 8 at 6pm, with a Eucharistic procession through the streets after Mass. And don't miss the Archdiocesan **Eucharistic Congress** this Saturday

at the cathedral (see page eight on how to register).

School Graduation And finally, our school will

School Graduation And finally, our school will graduate its 112th class of 8th graders this Friday at 9am (our students put on a heartwarming yearend concert last Thursday). Thank you teachers, and congratulations students and parents! *Fr. Joseph*



STAR of the SEA Catholic Church 4420 Geary Blvd. San Francisco, CA 94118 (415) 751-0450 www.starparish.com

Office Hours

M-TH 8:30am-5pm Friday 8:30am-5pm, Closed 12:00-1:00pm

CLERGY

Fr. Joseph Illo *Pastor*

Fr. Mike Konopik
Parochial Vicar
Deacon Albert Nimri
Parish Manager

STAFF

Communications and Parish Life Director Lynn Kraehling Director of Music Thelma Queri Bookkeeper Sean Sebers Office Assistant

Mariella Zevallos

Juan Carlos LopezSacristan

Dennis Ow *Maintenance*



Dr. Gavin Colvert Head of School 415-745-2474

www.stellamarissf.org

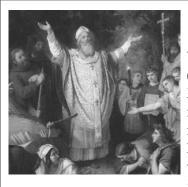
MASS SCHEDULE

Daily Mass, M-F, 7am Latin, 12noon, 6pm. Saturday 8:30am, 12noon Latin Sunday Mass, Sat. Vigil 4:30pm; Sunday, 8am, 9:30am, 11:30am Latin, 7:30pm Holy Day Mass, 7am Latin, 12noon, 6pm Sung Latin Mass Confessions, 20 minutes before Mass; Sat, 3:15-4:15pm

Eucharistic Adoration 24/7 | Lauds, Mon-Fri 6:45am | Vespers, Mon-Fri 5:45pm | Holy Hour & Confessions, Tuesday 7pm - 8pm. Devotions: Sacred Heart, First Friday 12noon, 6pm Latin; Divine Mercy, Saturday 3pm; Lady of Perpetual Help, Wed. 12noon; Our Lady of Fatima, First Saturday, 8:30am

The Sunday Scriptures

By Fr. Joseph Illo (Ex 34: 4b-6, 8-9; 2 Cor 13: 11-13; Gospel Jn 3: 16-18) Holy Trinity "God so loved the world...." These are the words for Trinity Sunday from the famous verse John 3:16. God loved us. He loves us now, and He wants us to spend eternity with Him. So He sent his Son to rescue us, and his Spirit to guide us. Look forward to heaven, dear people!



EUCHARISTIC ADORATION 24/7

We celebrate St. Boniface (672-754), Bishop and Martyr, on June 5th. He ministered to many, and many were converted. He is known to say, "Let us wait upon God's strengthening aid and say to Him:

'O Lord, you have been our refuge ..."

Come find refuge adoring Christ in the Blessed Sacrament. Please consider signing up for a weekly commitment at www.adorationpro.org/star

Summer Needs (June 28-August 21)

Wednesdays, 12am-2am | Thursdays, 10pm-12am | Fridays, 1am-5am | Fridays, 11pm-12am

<u>Ongoing Needs</u> Thursdays, 6-7pm. | Sundays, 8pm-9pm | Sundays, 10pm-12am

PLANNED GIVING One charitable gift, a legacy of benefits

A contribution designated during a donor's life that will take effect at or after his or her passing. By including your parish in your estate plans, you are helping preserve the mission and values of the church and its commitment to ministry. A legacy gift may be the ultimate way to impact lives for generations.

For information please contact: mariella@starparish.com

Mass Intentions

| Sat. 06/03 | 8:30am | Int. of Bryan Nunez |
|------------|---------|---|
| | 12noon | + Josefina Chan |
| | 4:30pm | + Duval Nicolas |
| Sun 06/04 | 8:00am | + Luis So |
| | 9:30am | Int. of Tina Chow |
| | 11:30am | People of the Parish |
| | 7:30pm | + Edgar Bond, Jr. |
| Mon 06/05 | 7:00am | Int. of Fr. David Nix Int. of Taylor Marshall Int. of Michelle Hoang (bday) Int. for the people in Ireland + Claire Nix |
| | 12noon | Int. of Maura Gutierrez + Flora Atento + Elmer Cruz + Leonardo Lejano + Maria Alegria S. Lite |
| | 6:00pm | Int. of Tara Gariano Int. of Teresa Moeck Int. of Andrew Abdo + John Webb + Deacon Lawrence Klimecki |
| Tue 06/06 | 7:00am | + Holy Souls in Purgatory |
| | 12noon | + Enrique and Conchita Ines |
| | 6:00pm | + Ofelia Panganiban |
| Wed 06/07 | 7:00am | Int. for Alberta Delgado and Family |
| | 12noon | Int. of Joan Spaargaren |
| | 6:00pm | Int. of Sergio Paredes and Family |
| Thu 06/08 | 7:00am | Int. of Carla Reategui |
| | 12noon | + Chitat Sim (anniv) |
| | 6:00pm | Int. of Jose Luz Regalado (bday) |
| Fri 06/09 | 7:00am | + All Deceased Priests |
| | 12noon | + Jaime Llanillo Ines (bday) |
| | 6:00pm | + Pope Benedict XVI |
| Sat 06/10 | 8:30am | + Enore Beltrame (anniv) |
| | 12noon | Int. of Pro-Life |
| | 4:30pm | + Nick and Mary Donohue |



Esmenia Batinga, Margaret Stangl, Margaret Sellai, Miriam Valle, James Estrada, Vicki Kruschin, John Johnson, Delora Roanhorse, Howard Morita, Yemame Ambaye, Carol Calabro, Fr. Allan Wilson, Diana Munoz, Marissa Piol, Carmen Smith, Rosemary Wood, Patrick Loughran, Antonio Oliva, Rebecca Patawaran, John Nittolo, Angelo Amadeo, Bill Flora, Dominic Colvert, Maria Teresa Avendano, Harper Killey, Marta and Stahly Brown, Mary Ann Eiler, Susan Yates, Lorna Feria and Leonard Lupinesky, Elena Tillman and Karen Alexander.

Programs & Ministries

| GENERAL INFORMATION 415-751-0450 www.starparish.com | BAPTISM, MARRIAGE & ALL SACRAMENTS 415-751-0450 |
|---|--|
| Adoration Committee Laurie Murdock, 415-244-8186 staradorationsf@gmail.com | Parish Council Ryan Sebers, Chair ryan@starparish.com |
| Altar Servers Bryan Calmeyer bryancalmeyer@me.com | Rite of Christian Initiation of Adults (RCIA) Gregory Moeck, 310-694-6380 gmoeck@gmail.com |
| Filipino American Association (FAASTAR) Estrelle Chan, 415-336-9193 | Star of the Sea Preschool Stella Maris Academy Dr. Gavin Colvert gcolvert@stellamarissf.org |
| Knights' Men's Ministry Sean Sullivan stsullivan12@gmail.com | Star Pro-Life Prayer Group Thursdays 6-7pm, 1522 Bush St. https://star.flocknote.com/ Star-Pro-life |
| Knights of Columbus Liam Carey, 415-407-8125 liampatrick@hotmail.com | Sacred Music Program Lynn Kraehling, 415-812-2462 lynn@starparish.com |
| Lectors Deacon Albert Nimri 415-683-4295 animri@starparish.com | Ushers and Greeters Kevin Carter kcart911@gmail.com |
| Legion of Mary James Crim, 415-577-9817 james9crim@gmail.com | Young Adults Marco Martin, 415-419-4965 marcogmartin3@gmail.com |
| Marriage & Family Apostolate Christina Sullivan starmarriageandfamily@gmail.com | Volunteer Opportunities Mariella Zevallos 415-751-0450 mariella@starparish.com |
| Bible Study Thursday 3PM Parish rectory 4420 Geary Blvd | Star Outreach to the Poor/Feed the homeless |

Calendar of Events

Rosary Prayer after all daily Masses: M-F 7am. 12noon, 6pm; Saturday 8:30am, 12noon and Sundays 11:30am (Latin) Sunday June 4, 2:30pm Rosary prayer at St. Mary's Cathedral. https://star.flocknote.com/RosaryWalk Wednesday June 7, No Knight's Men's Ministry meeting Thursday June 8, Corpus Christi, 6pm Latin Mass followed by procession.

Saturdays, Divine Mercy devotion at 3pm in the church.



FORMED RECOMMENDATIONS

(Formed.org Free to all Parishioners)

Look for the titles below at: http://watch.formed.org

The Bread of Life by Dr. Brant Pitre.

The Eucharist.

Perpetual Adoration

Prayer changes things. Bishop Shawn McKnight shares why commitment to the second Pillar of Stewardship, prayer, is necessary for a Christian Disciple, and how Perpetual Adoration allows us an extended moment where we can quiet ourselves down and listen to our Lord.

The Biblical Roots of the Eucharist

The Eucharist Join Dr. Tim Gray and Dr. John Sehorn as they open up the scriptural roots of the Eucharist.

Fr. Peter Prusakiewicz

Fr. Peter from Poland will preach a 2-evening Mission on Tuesday and Wednesday, June 6th and 7th at

St. Veronica's parish in South San Francisco

Tuesday's focus is The Secrets of St. Faustina, and Wednesday's focus is The Majestic Splendor of St. Michael the Archangel. Both evenings will begin with Mass and Eucharistic Healing at 6:30 pm, followed by veneration of the First Class Relic of St. Faustina, and blessing with the Scapular of St. Michael the Archangel.

Receive news & updates from Fr. Joseph Illo, sign up to Flocknote.com/star. Get access to the best selection of catholic educational materials, sign up for formed.org (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes.



Mary Ann Eiler, 650-660-4546

Formed.org/Signup/sign up as a parishioner/Create a new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



New in the parish? Please register! Nuevo en la Parroquia? Registrate! flocknote.com/star

Rosa Mendoza, 510-978-2519



youtube.com/ starparish



facebook.com/ starparishsf



Star of the Sea Church

Stella Maris Academy

Dear Star Families,

On Tuesday, May 30th, I experienced what it was like to be a principal. The day started off with morning assembly. Each day we recite the Morning Offering, the Angelus, the Pledge of Allegiance, and a morning hymn. After assembly, Dr. Colvert and I went to the office to write our schedule. Our first task was to make a permission slip for the seventh and eighth graders and to check with Mr. Carey about the lesson of baseball and philosophy. Then we had a principal pastor meeting with Fr. Illo about scheduling Masses and events. Next, we taught seventh grade math. And at 11:15, we had a talk about baseball and ethics with the seventh and eighth graders. At 12:00 p.m. I had lunch with a friend and handed out ice cream as a special treat. It was hard dealing with complaints and learning how to say no even if others disagree. A principal is the leader of the school and as leader of the school you are there to help your students succeed. Sincerely,

Principal For-A-Day Natalie Arriola



Our first Stella Maris Academy Sängerkrieg was a joyful and well attended spring concert. The children delighted the audience with a nice selection of songs, dances and poetry.



Natalie Arriola with Dr. Gavin Colvert, Stella Maris Academy Principal







The Cottrell Family

As Star of the Sea Church parishioners, we are all so blessed to be a part of Stella Maris Academy.

Stella Maris Academy is a joyful, one-of-a-kind Catholic Classical School.Our two children, John and Ava, are thriving spiritually, academically, and socially.

It brings our family great joy to hear them sing prayer songs at home and in the car. Many of them they've learned from Stella Maris Academy's excellent music program. With a newfound love for prayer and school Masses, John and Ava desire to grow more in our Catholic faith.

Academically, our children are flourishing at Stella Maris Academy. Recently, John won first place for the second-grade category of the Archdiocese of San Francisco Respect Life Essay Contest. He is also above benchmark on his STAR Testing for second grade, and he cannot wait to join the "big kids" in the third-grade next year. Like her brother, Ava is very excited to start kindergarten next school year. Her literacy and numeracy are outstanding because of the Stella Maris Preschool education she receives. The preschool has a Classical and Montessori-inspired curriculum that has allowed Ava to blossom and grow.

Of course, our children would not be where they are today without the school community. The students, dedicated teachers, close-knit parent community, and overall parish support make Stella Maris Academy a marvelous school. Our family is blessed and grateful to be a part of something so extraordinary.

Sincerely in Christ,

Kevin and Maria Cottrell



John and Ava enjoying ice cream after school with their Stella Maris Academy friends



John (second grade) and Ava (preschool)



OPEN ENROLLMENT

Preschool to 8th Grade

Schedule a visit to our school!
360 9th Ave San Francisco, CA 94118
(415) 745-2474 info@stellamarissf.org



Cottrell Family photo for John's First Holy
Communion



Stella Maris Academy students praying at our Marian shrines



PAULA SIERON-SHANLEY
REALTOR® DRE#01884517
(415) 758 - 8440
HomesByPaula@KW.com

www.HomesByPaulaSF.com

Sales & Purchases • First Time Home Buyers Estate Sales • Investments • Relocations

As a parishioner of Star of the Sea, it will be my joy to donate 25% of each of my commission from any direct sale or a referral to the parish & Stella Maris Academy.



*Scan HERE to find your next home





Meet Mary Sorenson, Stella Maris Academy Teacher

Mary has been working with children for many years as a camp counselor and swim instructor. She has her bachelor's degree of liberal arts from Thomas Aquinas College and is in the process of

achieving her teaching credential from the Institute for Catholic Liberal Education.

A part of our community since May 2022, she has the opportunity to interact with almost every level of the school. While assisting in the preschool, she returns to the main school building to teach 6th grade math, 3rd/4th and 7th/8th grade science, and assist with 5th grade literature and poetry. In her science classes, she guides the children to reach an understanding of our world through the belief in our Creator. Their recent discoveries have included observation of earthworm behavior as well as conducting dissections with older students on sheep hearts to gain a better understanding of the structure and workings of our own heart. "Whether we are finding living ecosystems in the church garden or observing the contrasting structures of blood and bacteria under a microscope, our studies of God's creation bring us closer to Him. One of the most remarkable things I have witnessed in our students is their desire to learn not just because it is what they are told to do, but because they are in awe of the beauty and

order that can be found in the creation of our world."



In the science lab, seventh and eighth grade biology students investigated the effects of the saliva enzyme "amylase", as it broke down cooked rice.



Miss Sorenson with two of our preschoolers



Students discovered that sound travels through the air by making vibrations. What would happen if you screamed in outer space? Absolutely nothing.



After a discussion on God's great design in the harmony of nature, fourth grade students explored how worms help decompose decaying matter.

What is happening at Star of the Sea



DIVINE MERCY AND HOLY NAME OF JESUS DEVOTION

Join the Holy Name Society to pray a Chaplet of the Divine Mercy, a Holy Rosary, and the Litany of the Holy Name of Jesus.

Saturdays, 3pm in the Church contact Thelma Queri (415) 751-0450



MOST HOLY FACE DEVOTION

This devotion (given by Jesus to a Carmelite nun) was specifically to combat Communism. Join us in this battle to save the soul of our country. Tuesdays 6pm - 7pm at Star of the Sea Adoration Chapel

THURSDAY BIBLE STUDY 3:00pm

Contact Mary Ann Eiler (650) 660-4546

Star of the Sea Catholic Church | 4420 Geary Blvd, San Francisco, CA 94118 | Free Program | Bibles available in the parish office

For more information (415) 751-0450



STAR MARRIAGE AND FAMILY APOSTOLATE

Meet new Families at our parish!

Register in Flocknote.com/star. If you would like to join us and participate in our activities please

Contact Christina Sullivan starmarriageandfamily@gmail.com



Children of the Mekong

Star of the Sea support Children of the Mekong, and especially the preschool of Inayawan in the Philippines. To learn about this



project visit: www.starparish.com, click on "Donate now," you will be redirected to the webpage Give2Asia. You will receive a tax receipt for your donation. Contact Gregoire *Vallancon 415-781 9024*

Bella Primary Care is now open and scheduling appointments for:

PEDIATRICS: Wellness visits for ages 6 months to 18 years with our pro-life pediatrician, Dr. Victoria Schneider. | WOMEN and MEN: Comprehensive annual exam. | EXPECTANT MOMS: Pregnancy verification, initial ultrasound, and blood work. | FERTILITY: Initial and follow-up appointments using natural fertility assessment methods.

For appointments call (415)-775-1500 or email our office at info@bellahw.org. Our clinic is located at 2000 Van Ness Avenue, Suite 304, San Francisco. We look forward to caring for your families in a Christ-centered way!

RCIA RITE OF CHRISTIAN INITIATION OF ADULTS



A Star of the Sea Program for adults interested in becoming Catholic, learning about Catholicism, or who wish to deepen their faith better, leading to receiving the Sacraments of Eucharist and/or Confirmation.

Meetings are on Wednesdays once or twice a month. 7pm to 8:30pm.

Interested or need more information? contact Greg Moeck (310) 694-6380



June 10, 2023

Cathedral of St. Mary 9:00am - 5:00pm

5:30pm Solemnity of Corpus Christi Vigil Mass and Eucharistic Procession celebrated by Most Rev. Archbishop Salvatore Cordileone. The Congress will include English, Spanish, and Youth track options, also a Eucharistic Miracles exhibit, Eucharistic Adoration and Sacrament of Reconciliation. Register! https://www.sfarchdiocese.org/

registration-eucharistic-congress/

CATECHESIS OF THE GOOD SHEPHERD (CGS)



STAR OF THE SEA PRESCHOOL ATRIUM

A catechism program for children 3 to 6 years old.

Our program will start on August 6. Classes are two Sundays per month. Limited enrollment. Register online:

www.starparish.com. For more information email: Mariella@starparish.com

WE INVITE YOU TO CHECK OUT OUR PARISH WEBSITE

www.starparish.com



Information about our parish programs and ministries | Mass schedule | Events | Educational Resources | Fr. Joseph Illo's talks in the Inner Life Podcast | Clergy Sunday's Sermons | About Our patroness Lady Star of the Sea | About 16 of the apparitions of Virgin Mary and the shrines at our parish | And much more!

Steward Stats

Time: 24 people joined the Divine Mercy chaplet last Saturday.

Talent: Two altar servers helped at last Sunday's Holy Hour.

Treasure: Sunday Offering \$9,489

To give online: www.starparish.com/give

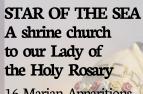
| | → A Special |
|---|-------------|
| | Blessing |
| | Fathers Day |
| | Fullets Duy |
| | - b- |
| | |
| V | |

Remembering your Beloved Father the whole month of June

Father's Day Spiritual Bouquet Cards and Envelopes

Available in all Church entrances. Fill up the envelope with your offering and drop the envelope in the box for Father's Day near the Communion Rail.

| Star of | the Sea Parishioner Registration Form |
|------------------------|---|
| Name | |
| Address | |
| Phone | Email |
| O New Full Parishioner | Associate parishioner O Update contact information |
| Please drop this for | m in the offertory basket or at the office. Or scan the Qr codes to register online. |



16 Marian Apparitions. Visit all the shrines! Light a candle. Stay for quiet prayer.

Open daily 6am to 7pm. All are welcome!

