



May 21, 2023 Ascension of the Lord (Pg 293 red missal) Sunday after the Ascension (Pg Latin 653 black missal)



A Community of Praise and Adoration Last week I woke up at 2am and couldn't get back to sleep, so I got dressed, combed my hair, and went down to do my holy hour in the chapel. One of our schoolteachers was leaving from her 1-2am hour. The

woman who stays all night on Tuesdays was at her kneeler. Two more [men] came in over the next 60 minutes, and as I left at 3am another man arrived. It's a mystery to me how we've been able to maintain non-stop adoration of the Blessed Sacrament, but somehow God has provided. I don't know how long we can continue perpetual adoration, but I know that every day is a gift from His Majesty. There is a Throne Room here at Star of the Sea, where the King's servants are perpetually in attendance upon His Majesty. There is a Garden of Gethsemane here at Star of the Sea, where the Lord's disciples have not left him to suffer alone for the last six years. There is an Empty Tomb here at Star of the Sea, where with Mary Magdalene, Peter, and John, we have kept continual witness to his Holy Resurrection. Thanks be to God for this Community of Praise and Adoration, and thanks be to those who make a sacrificial gift of their time to pray before Him.

Taking Your Part Having thanked God, and thanked those who take an hour a week (or an entire night), allow me to challenge those who do not take an hour. Jesus asked "could you not spend one hour with me" of his Apostles. Every Catholic is part of that apostolic witness. We all have our part to play in the "full, conscious, active participation" of the Holy Eucharist. Many cannot, perhaps, give one hour a week to Eucharistic Adoration, but most can. To the extent I am an effective priest, I believe it is because of my daily holy hour. 40 years ago, during my first week in the seminary, three different people challenged me to a daily holy hour. One said



"nothing can touch a man of prayer." By the grace of God I've been able to keep my daily hour for forty years. By the grace of God many of you can keep a weekly holy hour. An hour of silence. An hour of praise. An hour of thanksgiving. An hour of peace and joy. A priest I know who makes a holy hour weekly in our chapel has told me how edified he is that someone else spends most of the night there in prayer.

Needed The Lord needs us, like he needed Peter, James, and John, in his agony. He invites us to witness his Resurrection, as he did to Mary Magdalene. And if you give the Lord an hour, He will give you eternity. What our adoration program needs is two people in the chapel from 6pm to 7am, and in the church from 7am to 6pm, every day. Right now we have about 1.3 people signed up for every hour. Many come in and out, but decline to commit to a regular hour. The Lord needs commitment. You and I need commitment.

An Entire Hour? What can you do for a whole hour of silence? You can pray the rosary (silently); you can read the Bible; you can read the lives and writings of the Saints (books available in the chapel bookshelf, or bring your own); you can pray the Liturgy of the Hours and novenas and other prayers; you can sit in silence, looking at Him and allowing Him to look at you. It's amazing how many of life's problems get solved in this way.

How to Sign up Go to www.adorationpro.org/star.
Two Families Need a Place to Live Two families have been living in our "Holy Family House" (the former convent) but must now find other accommodations. They are treasured members of our community: a younger woman and her 6th grade daughter in our school (the woman's husband passed away a few years ago), and a father and mother with their two children in our school. If you have an underused flat or room, or know of one reasonably nearby, at a reasonable rental rate, please call me. I dearly want to help these families stay in our parish and school. *Fr. Joseph Illo*



STAR of the SEA Catholic Church
4420 Geary Blvd.
San Francisco, CA 94118
(415) 751-0450
www.starparish.com

Office Hours
M-TH 8:30am-5pm
Friday 8:30am-5pm,
Closed 12:00-1:00pm

CLERGY
Fr. Joseph Illo
Pastor
Fr. Mike Konopik
Parochial Vicar
Deacon Albert Nimri
Parish Manager

STAFF
Mariella Zevallos
Communications and
Parish Life Director
Lynn Kraehling
Director of Music
Thelma Queri
Bookkeeper
Sean Sebers
Office Assistant
Juan Carlos Lopez
Sacristan
Dennis Ow
Maintenance



Dr. Gavin Colvert
Head of School
415-745-2474

www.stellamarissf.org

MASS SCHEDULE

Daily Mass, M-F, 7am Latin, 12noon, 6pm. Saturday 8:30am, 12noon Latin
Sunday Mass, Sat. Vigil 4:30pm; Sunday, 8am, 9:30am, 11:30am Latin, 7:30pm
Holy Day Mass, 7am Latin, 12noon, 6pm Sung Latin Mass
Confessions, 20 minutes before Mass; Sat, 3:15-4:15pm

Eucharistic Adoration 24/7 | Lauds, Mon-Fri 6:45am | **Vespers**,
Mon-Fri 5:45pm | **Holy Hour & Confessions**, Tuesday 7pm - 8pm.
Devotions: Sacred Heart, First Friday 12noon, 6pm Latin; Divine
Mercy, Saturday 3pm; Lady of Perpetual Help, Wed. 12noon; Our
Lady of Fatima, First Saturday, 8:30am

The Sunday Scriptures

By Fr. Joseph Illo (Acts: 1: 1-11; Eph 1: 17-23; Mt 28: 16-20) **The Ascension** "Men of Galilee, why do you stand there, looking at the sky?" So the angels called the apostles back to earth after Our Lord had risen to heaven. We have work to do on earth, precisely so we can make it to heaven. Let's put our backs into it!



Eucharistic Adoration

St. Bernardine's feast day is May 20th. He was a very holy and energetically joyful Franciscan and one of the best orthodox preachers of his time. He said, "If our Creator and Savior comes from heaven with such great love, it is only fitting that we should go to meet Him. And this is what we do when we spend some time in prayer."

Come pray and sign up for a weekly Holy Hour at www.adorationpro.org/star
ADORATION NEEDS:

Ongoing Sundays, 6pm - 8pm/ Sundays, 10pm - 12 am Thursdays, 6-7pm. Fridays, 1-2pm Saturdays, 11am-12pm	May 24 - July 19 Mondays, 9am-10am Saturdays, 9am-10am	June 21 - August 21 Wednesdays, 2am - 4am Thursdays, 11 pm - 12am Fridays, 12am - 5am Saturdays, 12am - 4am
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RCIA

RITE OF CHRISTIAN
INITIATION OF ADULTS

A journey of faith

A Star of the Sea Program for adults interested in becoming Catholic, learning about Catholicism, or who wish to deepen their faith better, leading to receiving the Sacraments of Eucharist and/or Confirmation.
 Meetings: Wednesdays 7pm-8:30pm (once or twice a month)
For information contact: Greg Moeck (310) 694-6380

PLANNED GIVING

One charitable gift, a legacy of benefits

A contribution designated during a donor's life that will take effect at or after his or her passing. By including your parish in your estate plans, you are helping preserve the mission and values of the church and its commitment to ministry. A legacy gift may be the ultimate way to impact lives for generations.

For information please contact: mariella@starparish.com

Mass Intentions

Sat. 05/20	8:30am 12noon 4:30pm	+ Parker H. Moriwaki + Louis N. Petropoulos (anniv) Int. of Dennis Stanton
Sun 05/21	8:00am 9:30am 11:30am 7:30pm	Int. of Christopher Hernandez Mendoza Int. of Lorna Feria and Family Int. of The Dumlao Family People of the Parish
Mon 05/22	7:00am 12noon 6:00pm	Int. of Stephanie Siu Int. of The Richard Family Int. of Peter and Louisa Siu + Rita Palencia (bday) + Souls in Purgatory Int. of Jaimee Ines (bday) + Rita Severino + Guillermo Manzon + Gerald J. Beauton + Deceased members of The Silva Family Int. of Judy Massey Int. of Matthew Kojder Int. of Fr. Vincent Woo Int. of Juana and Jose Campos (wedding anniv) + Gene Uhrynowski
Tue 05/23	7:00am 12noon 6:00pm	Int. of Jay Mendoza + James J. Yates (anniv) Int. of Lorna Feria and Family
Wed 05/24	7:00am 12noon 6:00pm	Int. of Hortensia Giral for healing Int. of Joan Spaargaren + Catherine Chow
Thu 05/25	7:00am 12noon 6:00pm	Int. of Fr. Joseph Illo + Maria Dreon (bday) Int. of Jacqueline A. Jackson and Family
Fri 05/26	7:00am 12noon 6:00pm	Int. of Will Hayes Int. of Lincoln Mateo Nunez + Dr. Francisco Pore Barte (anniv)
Sat 05/27	8:30am 12noon 4:30pm	+ Fr. Benedict Chang + Marilyn B. Whelan + Rene Ing

Prayer for the Sick



Esmenia Batinga, Margaret Stangl, Margaret Sellai, Miriam Valle, James Estrada, Vicki Kruschin, John Johnson, Delora Roanhorse, Howard Morita, Yemame Ambaye, Carol Calabro, Fr. Allan Wilson, Diana Munoz, Carmen Smith, Rosemary Wood, Patrick Loughran, Antonio Oliva, Rebecca Patawaran, John Nittolo, Angelo Amadeo, Bill Flora, Dominic Colvert, Maria Teresa Avendano, Harper Killey, Marta and Stahly Brown, Mary Ann Eiler, Susan Yates, Lorna Feria, Leonard Lupinesky, and Elena Tillman.

Programs & Ministries

Calendar of Events

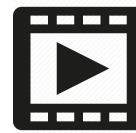
GENERAL INFORMATION 415-751-0450 www.starparish.com	BAPTISM, MARRIAGE & ALL SACRAMENTS 415-751-0450
Adoration Committee Laurie Murdock, 415-244-8186 staradorationsf@gmail.com	Parish Council Ryan Sebers, Chair ryan@starparish.com
Altar Servers Bryan Calmeyer bryancalmeyer@me.com	Rite of Christian Initiation of Adults (RCIA) Gregory Moeck, 310-694-6380 gmoeck@gmail.com
Filipino American Association (FAASTAR) Estrelle Chan, 415-336-9193	Star of the Sea Preschool Stella Maris Academy Dr. Gavin Colvert gcolvert@stellamarissf.org
Knights' Men's Ministry Sean Sullivan stsullivan12@gmail.com	Star Pro-Life Prayer Group Thursdays 6-7pm, 1522 Bush St. https://star.flocknote.com/Star-Pro-life
Knights of Columbus Liam Carey, 415-407-8125 liampatrick@hotmail.com	Sacred Music Program Lynn Kraehling, 415-812-2462 lynn@starparish.com
Lectors Deacon Albert Nimri 415-683-4295 animri@starparish.com	Ushers and Greeters Kevin Carter kcart911@gmail.com
Legion of Mary James Crim, 415-577-9817 james9crim@gmail.com	Young Adults Marco Martin, 415-419-4965 marcogmartin3@gmail.com
Marriage & Family Apostolate Christina Sullivan starmarriageandfamily@gmail.com	Volunteer Opportunities Mariella Zevallos 415-751-0450 mariella@starparish.com
Bible Study Thursday 3PM Parish rectory 4420 Geary Blvd Mary Ann Eiler, 650-660-4546	Star Outreach to the Poor/Feed the homeless Rosa Mendoza, 510-978-2519

Rosary Prayer after all daily Masses: M-F 7am. 12noon, 6pm and Sundays at 1pm (Latin) in the church
Sunday May 21, 2:30pm Rosary prayer at St. Mary's Cathedral. <https://star.flocknote.com/RosaryWalk>
Monday May 29, Memorial Day. The office will be closed.
Saturdays, Divine Mercy devotion at 3pm in the church.

Second Annual Marian Art Exhibition

In the Auditorium | May 6 to 28, 2023

Open Sundays 10:30am-1-30pm or call Mariella for appointments during the week 415-751-0450



FORMED RECOMMENDATIONS

(Formed.org Free to all Parishioners)

Look for the titles below at:
<http://watch.formed.org>

Meeting Christ in the Creation of Beauty w/Ted Schnack | Chris Stefanick Show

Art is a powerful tool for growing closer to God. When we come into contact with a beautiful art piece, we learn something about the author of beauty: God Himself.

That's why I had professional artist (and my personal friend) Ted Schnack on the show. Tune in to hear how he seeks inspiration from the Holy Spirit, why he thinks the devil doesn't want us to create beautiful things and why art is vital for evangelization!

Star of the Sea Parishioner Registration Form

Name _____

Address _____

Phone _____ Email _____

New Full Parishioner Associate parishioner Update contact information

Please drop this form in the offertory basket or at the office. Or scan the QR codes to register online.

Receive news & updates from Fr. Joseph Illo, sign up to [Flocknote.com/star](https://flocknote.com/star). Get access to the best selection of catholic educational materials, sign up for formed.org (information below). Use Venmo to pay for candles, kiosk items, offertory, etc. Use your cellphone camera to scan the QR codes.



Formed.org/Signup/sign up as a parishioner/Create a new account: find your parish (zip code 94118)/ Select Star of the Sea/next/Create a new account:Your name and email/sign up!



New in the parish? Please register! flocknote.com/star



youtube.com/starparish



facebook.com/starparishsf



Star of the Sea Church



In Catholic Germany, St. Elizabeth of Hungary began the tradition of the Sängerkrieg, a summer song festival. 800 years later, Stella Maris Academy students are carrying on the tradition with a selection of sacred and secular music!

Please join us for our first Sängerkrieg

**Thursday June 1, 1 - 3pm
School Auditorium**

Accolades for Stella Maris Academy Students!



SMA students Maria Sainz (6th grade), Natalie Arriola (5th grade), George Arriola (8th grade) & Lex Diaz (7th grade) take home Chapter, District, Division, and National Level wins in the 2023 DAR American History Essay Competition!



Javier Molina (with his mom in the picture) is the national winner in the 4th grade school division of the annual Catholic Textbook Project Essay Contest! Javier took home a prize and won textbooks for Stella Maris Academy as well - thank you, Javier!

MARRIAGE & FAMILY APOSTOLATE

Engaged & married couples, and parents are welcome to partake in a free, delicious meal and fellowship hosted at Holy Family House (former convent across 8th Ave) after both the 9:30 & 11:30 Masses.

Text Christina 917-375-2158 for the gate code.

EASTWOOD LEADERSHIP CAMP

Real Friends, Christian Virtues, Service Oriented Leadership

Overnight Camp for Boys grades 5-9

July 2-7 (apply by June 1)

Camp Monte Toyon, Aptos, CA 95003
eastwoodleadershipcamp.org

ARCHDIOCESAN ANNUAL APPEAL

We have met our goal! Thank you all for supporting the Annual Appeal. Every gift is greatly appreciated. We hope for 100% participation from our parish family this year!

Donate online: SFArch.org/AAA (choose Star of the Sea Parish San Francisco), or make a check payable to AAA2023. Thank you for your support!



Steward Stats

Time: 15 people joined the Divine Mercy chaplet last Saturday.

Talent: 5 volunteers helped replacing and cleaning our church candle racks last week.

Treasure: Sunday Offering \$8,302

To give online: www.starparish.com/give



Remembering your Beloved Mother the whole month of May

Mother's Day Spiritual Bouquet Cards and envelopes

Available in all Church entrances. Fill up the envelope with your offering and drop the envelope in the box for Mother's Day near the Communion Rail.

STAR OF THE SEA A shrine church to our Lady of the Holy Rosary

16 Marian Apparitions.
Visit all the shrines!
Light a candle.
Stay for quiet prayer.
Open daily 6am to 7pm.
All are welcome!

