



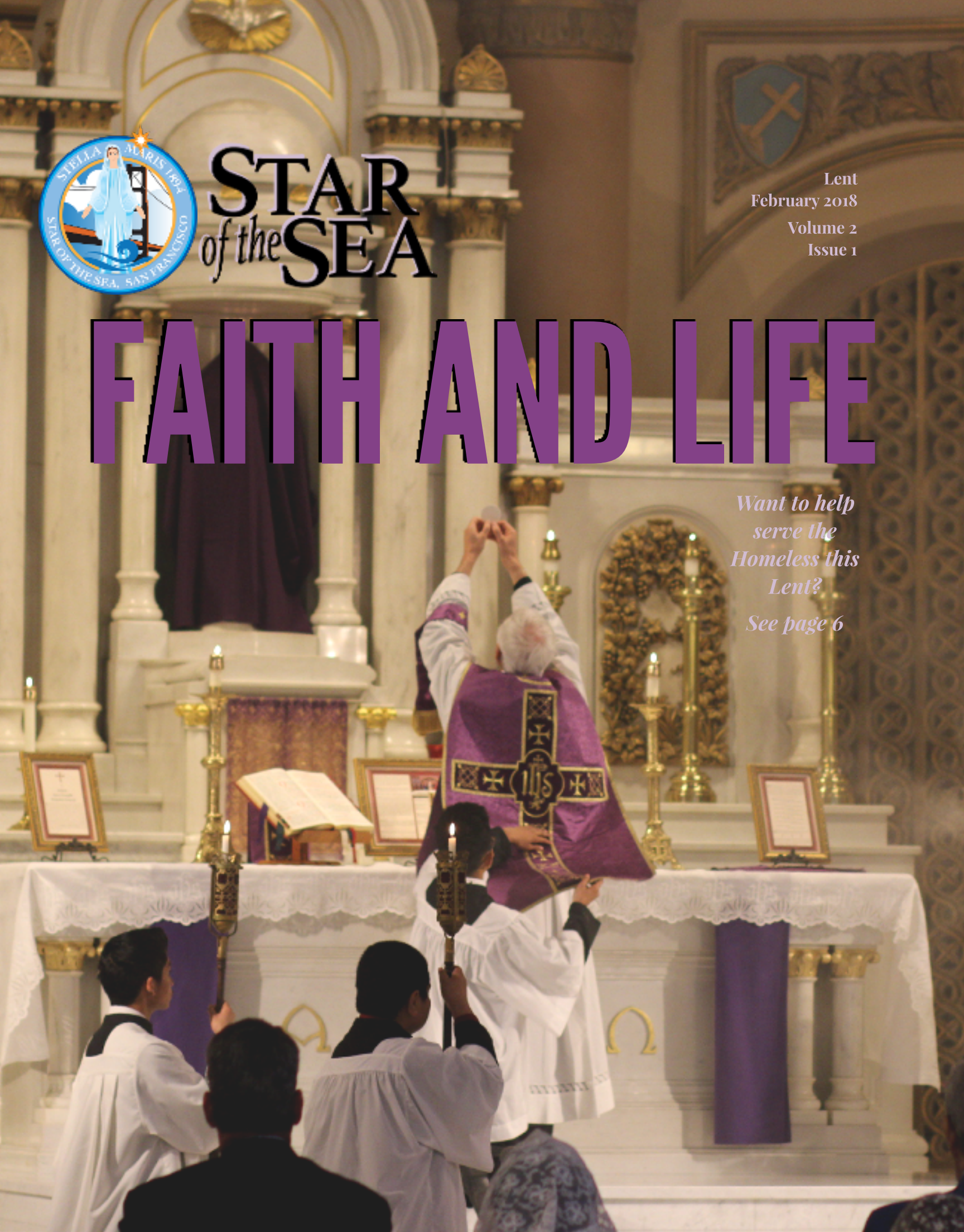
STAR  
of the SEA

Lent  
February 2018  
Volume 2  
Issue 1

# FAITH AND LIFE

*Want to help  
serve the  
Homeless this  
Lent?*

*See page 6*







**Please join us for Stations of the Cross every Friday during  
Lent at 7:15pm in the Church**

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# From the Pastor

## EASTER GLORY



My Dear Parishioners,

You are receiving this parish newsletter just before Ash Wednesday (which is also Valentine's Day this year) to prepare you for Easter Sunday (which is also April Fool's Day this year) [!]. As a commentator on NPR said last week, "go figure." I'm sure the atheists will have a field day with this odd pairing: the Catholic day of ashes, penance, and fasting landing on February 14 and the greatest Catholic expression of faith in the Risen Christ landing on April 1. Such is 2018, and we all know that God has an exquisite sense of humor.

We enter into Lent through the portal of Ash Wednesday to prepare, over 40 days, for Easter. We enter this life through the portal of human birth to prepare, over the span of our 70 or 80 years, for heaven. Life is hard at times, and so is Lent, but both only serve a greater end, which is heaven. And heaven is simply being with Jesus Christ, in union with our Heavenly Father and their Holy Spirit.

How do we prepare ourselves for Easter, and for heaven? First, by keeping a good Lent (see article on page 5). But above all it is a lifelong attitude of joyful trust in God's will. He provides everything for our happiness, here and hereafter. We must believe that even our most difficult experiences—health problems, friendships that go sour, boredom at work, and our growing anxieties over the unraveling social fabric—even these "momentary afflictions" are for the good. It's all good, and not because we have access to the latest technology and live in San Francisco, but because God is good. Because we are good. Because He is risen and we rise with Him. Our hope and glory are in Christ Jesus. On Easter we affirm this fundamental belief in his power to raise us up. Let's keep a good Lent and enter joyfully into the fullness of Easter on April 1!



Last Easter's RCIA members.  
Their 1st Year Anniversary as full  
Catholics is coming soon!



What is most inspiring about Star's outreach to the less fortunate, mostly homeless, who need a hot meal, is how many different ministries and people in the parish are involved.

For the Saturday before Thanksgiving, the young adults prepared and served a delicious turkey dinner under the direction of Lorna Feria, director of the children's religious education program. We served it with the Missionaries of Charity at St. Anthony of Padua Church off Cesar Chavez. In January, the Filipino Association, FAASTAR, cooked dinner and helped serve it with the Missionaries under the overpass homeless encampment in that same neighborhood.

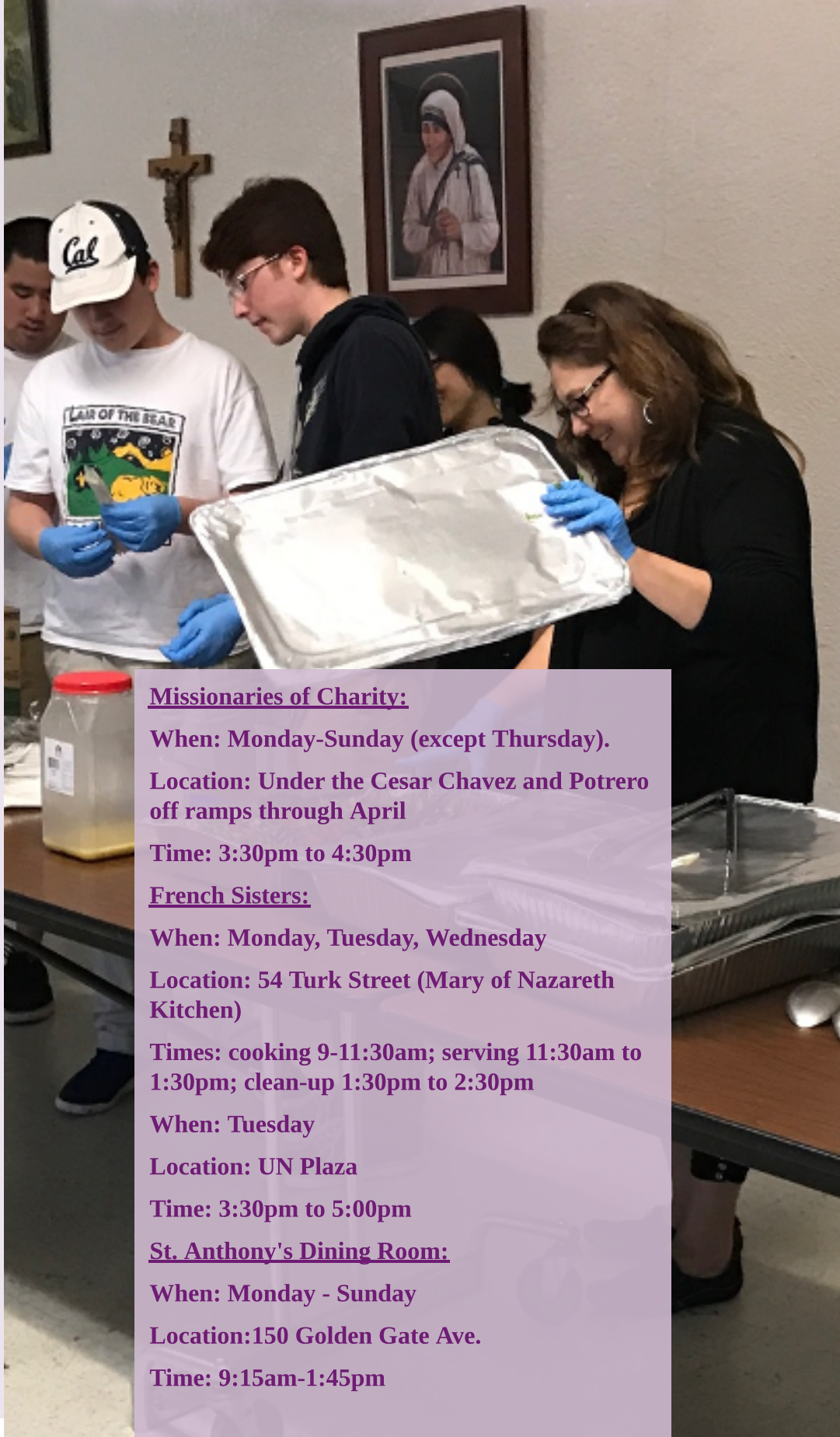
They are just some of the volunteers who join a cadre of regular monthly volunteers to help prepare and serve a meal to the men and women, many of them homeless, who receive blessings, prayer and hot food six days a week from Mother Teresa's sisters. Star of the Sea is committed to preparing and serving the homeless every third Saturday with the Sisters.

Star of the Sea also sends volunteers to work with our Fraternite Notre Dame "French Sisters." They serve meals at their Mary of Nazareth kitchen as well as at St. Anthony's Dining Room in the city's Tenderloin neighborhood.

The parish does a good job including as many people as possible in this ministry, with barrels at the doors of the church for monthly donations of various toiletries. Jacqueline Paras, outreach coordinator, is also director of the Parish Preschool and her students join with religious education students to decorate lunch bags for the homeless around major holidays including Thanksgiving, Christmas and Easter.

"Serving the homeless helps keep me humble and thankful," Jacqueline said recently.

# FEEDING THE HOMELESS



## Missionaries of Charity:

**When:** Monday-Sunday (except Thursday).

**Location:** Under the Cesar Chavez and Potrero off ramps through April

**Time:** 3:30pm to 4:30pm

## French Sisters:

**When:** Monday, Tuesday, Wednesday

**Location:** 54 Turk Street (Mary of Nazareth Kitchen)

**Times:** cooking 9-11:30am; serving 11:30am to 1:30pm; clean-up 1:30pm to 2:30pm

**When:** Tuesday

**Location:** UN Plaza

**Time:** 3:30pm to 5:00pm


## St. Anthony's Dining Room:

**When:** Monday - Sunday

**Location:** 150 Golden Gate Ave.

**Time:** 9:15am-1:45pm



A photograph of a church altar. In the center is a wooden crucifix with a figure of Christ. To the left, a candelabra holds several lit candles. In the foreground, the back of a person's head and shoulders are visible, looking towards the altar. The altar is covered with a white cloth and has a golden chalice and other items on it. The background is a light-colored wall with a large arch.

The word “Lent” comes from the Old English word for “Springtime.” Here in San Francisco we don’t have much of a spring because we don’t have much of a winter, but all of us feel the need once a year to “spring clean” our wintry souls. Lent is that annual taking stock of our relationship with God, neighbor, and self. It provides for this in three areas: Prayer, almsgiving, and penance.

**Prayer.** How consistent is my relationship with the good God? Am I faithfully attending Mass every Sunday by receiving the Bread of Life at the altar rail? Am I preparing my soul by making a good confession every month or so? Can I commit to one hour a week of silent prayer and reading in our beautiful adoration chapel or church? Am I praying the rosary daily or at least weekly in loving honor of my dear Mother Mary?

**Almsgiving.** After we’ve straightened out our relationship with God, we consider our fellow pilgrims on this planet. How can I better express love in my own home and workplace by being more patient, more supportive, more sensitive to those around me? Am I giving of my talents in at least one service project, such as feeding the homeless, participating in a social group, or helping out in my church or local community? Am I supporting my parish and local charities with the financial gifts God has given me?

**Penance.** And finally, myself. Am I living the necessary disciplines that refines a healthy Christian? Am I getting to bed on time and getting up early? Am I eating or drinking or smoking unhealthily, and how can I fast every week? What TV, movies, Internet, or music should I clean up in my weekly consumption of media? Am I getting regular exercise and putting in a good day’s work?

Our parish offers several initiatives to help you reset your life this Lent (see page 7), such as our Friday soup suppers and talks. It’s time for some good old Spring Cleaning, with God’s help!

# KEEPING A GOOD LENT

By Fr. Joseph Illo



# Upcoming Events:

**Part of the Glory of Catholic Tradition is knowing when to Fast and when to Feast.**

**Fasting makes the Feast so much more enjoyable!**

**Come be a part of our community as we live out the faith vibrantly.**

<b>Feb 13</b>	<b>Mardi Gras Party, 7pm Holy Hour followed by fun in the Parish Greenway, 8pm</b>
<b>Feb 14</b>	<b>Ash Wednesday, Mass, 7:30am (Latin), 12 noon, 5:30pm, 6:30pm (Latin)</b>
<b>Feb 16</b>	<b>Soup Supper, 6pm, Auditorium, Stations of the Cross, 7:15pm, Church</b>
<b>Feb 16 - 18</b>	<b>Young Adult Lenten Retreat, 7:30pm Friday - 2pm Sunday, Guerneville</b>
<b>Feb 23</b>	<b>Soup Supper, 6pm, Auditorium, Stations of the Cross, 7:15pm, Church</b>
<b>Mar 2</b>	<b>Soup Supper, 6pm, Auditorium, Stations of the Cross, 7:15pm, Church</b>
<b>Mar 9</b>	<b>Soup Supper, 6pm, Auditorium, Lenten Speaker - Fr. Kevin Kennedy, 6:30pm, Auditorium Stations of the Cross, 7:15pm, Church</b>
<b>Mar 16</b>	<b>Soup Supper, 6pm, Auditorium, Lenten Speaker - Fr. Kevin Kennedy, 6:30pm, Auditorium Stations of the Cross, 7:15pm, Church</b>
<b>Mar 19</b>	<b>Solemnity of St. Joseph and Chapel Anniversary, 6:30pm, Auditorium,</b>
<b>Mar 23</b>	<b>Soup Supper, 6pm, Auditorium, Lenten Speaker - Fr. Kevin Kennedy, 6:30pm, Auditorium Stations of the Cross, 7:15pm, Church</b>
<b>Mar 25</b>	<b>Palm Sunday, Blessing of Palms before all Masses: Saturday 4:30pm, Sunday 8am, 9:30am, 11:30am (Latin), 5pm (Latin), 7:30pm</b>
<b>Mar 29</b>	<b>Holy Thursday, Mass of the Lord's Supper, 7:30pm</b>
<b>Mar 30</b>	<b>Good Friday, Commemoration of the Lord's Passion, 12 noon, Church Meditation on the Seven Last Words, 1:30pm - 3pm Stations of the Cross, 6:30pm</b>
<b>Mar 30-Apr 8</b>	<b>Divine Mercy Novena, 3pm, Church</b>
<b>Mar 31</b>	<b>Holy Saturday, Easter Vigil, 8:30pm</b>
<b>Apr 1</b>	<b>Easter Sunday, Mass, 8am, 9:30am 11:30am (Latin) [<i>No Evening Masses</i>]</b>
<b>Apr 8</b>	<b>Divine Mercy Sunday, Speaker Fr. Joseph Homick, 2pm, Church Holy Hour and Divine Mercy Chaplet, 3pm</b>





## A Stewardship Profile

# Peter Chan

By Mariella Zevallos

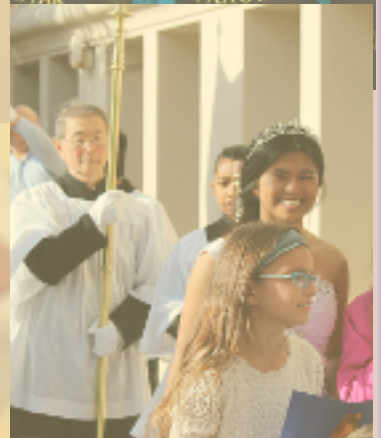
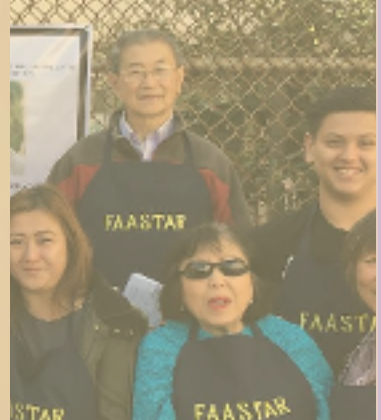
As people mature, whether in years or in wisdom, they can often develop a sense of wishing to give of their time and talents for the sake of others. This generosity of spirit, of offering or giving of oneself, is clearly one of Peter Chan's gifts.

Peter started attending Masses at Star of the Sea with his wife and children 35 years ago. He has been married to Estrelle Chan for 47 years. They were blessed with twin boys, but God had a special plan for one of their twins who passed away many years ago. It is hard to talk about Peter without mentioning his wife Estrelle. They are a special couple who are always willing to offer their talents to serve God and people in our parish: "It is a blessing to be able to serve the community, to associate with people, and to welcome others. We work to the glory of the Lord!" say Peter and Estrelle in unison.

Peter is an active member of the Filipino American Association of Star of the Sea (FAASTAR), a member of our Knights of Columbus Council, and he is on the board of the San Francisco Archdiocese Filipino Ministry (FMCB). Peter has also been a faithful and devoted altar server at Star of the Sea for the past ten years. He serves at both English and Latin Masses. Peter is a humble mentor to younger boys and men that join the altar server ministry at Star: "I feel thankful that I can serve because of my God-given talents. It is a manifestation of love for what God has given me. When I serve at a Mass, I not only help the priests, but I learn more about the liturgy of the Eucharist. I feel closer to God!" says Peter with reverence. Peter Chan is a peaceful man with a kind smile, a good steward, a loyal servant of God.

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Mariella Zevallos is the Stewardship Coordinator at Star of the Sea







**STAR**  
*of the* **SEA**

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**Have you been Confirmed? Want to know more about being Catholic?**

Star of the Sea is blessed to have an active RCIA (*Rite of Christian Initiation for Adults*) program. If you are interested in becoming Catholic, please email us and we'll be happy to put you in touch with a priest who can guide you through your journey. [claire@starparish.com](mailto:claire@starparish.com) / 415.751.0740

Classes are every other Monday, 6:30 pm – 8:00pm, at the Parish Office.

Sunday Mass Times	Weekday Mass Times	Confessions
<b>Saturday Vigil: 4:30 pm</b> <b>Sunday: 8am</b>  <b>Family Mass: 9:30am</b> <b>Latin Mass: 11:30am, 5:00pm</b> <b>Candlelight Mass: 7:30pm</b>	<b>Latin Mass: 7:30am</b> <b>English: 12 noon</b>	<i>15 minutes before every Mass</i>  <b>Saturday:</b> <i>3:15 - 4:15 pm</i>  <b>Tuesday:</b> <i>7:00- 8:00pm</i>
	<b>Eucharistic Adoration</b>	
	<b>Monday 8am thru</b> <b>Saturday 4pm</b>	